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Psoriasis has a prevalence between 1% and 3% in the general population (Farber et al., 1986).

Psoriasis is a chronic disease of complex hereditary factors and unknown cause (Mansbridge et al., 1984 and Suarez and Russell, 1990) and is characterized by accelerated cell renewal, inflammation and incomplete epidermal differentiation (Mansbridge et al., 1984; Melski et al., 1983 and Weinstein et al., 1985).

The psychological effects may be profound and may result in considerable stigmatization, social isolation, and discrimination (Glickman, 1986).

There is no drug or other modality to alter the course of the disease and induce a permanent remission and there is no safe remedy to control the disease (Fry, 1988).

So we will try to introduce cryotherapy in treatment of psoriasis.