The effect of an educational program in karate on some psychological and social variables for the Blind

This research is presented for acquiring the Ph.D. in Physical Education

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The Aim of Research:
The research aims to identify the effect of an educational program in the sport of karate on some psychological and social variables have blind.

Research Methodology:
The researcher used the experimental method is experimental design for one set using the measurements of the three (tribal and intra- and post).

The research community:
Age children (9-12 years) School for the Blind in Benha City, Qalubia, Egypt.

The research sample:
The research sample was selected intentional way, where the number of respondents (25) children.

Results:
Educational program of karate had an positive Effect on the improvement of self-concept and psychological adjustment, social and perception kinesthetic sense for blind children as well as the improved level of performance skills of basic skills and The first kata (Heian shodan), Ippon kumte.

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