ABSTRACT

A statistical model for predicting of the efficiency of technical performance by Kinesthetic Perception for junior wrestlers

Dr/ Ahmed El-Sayed Saied Ashmawy
Lecturer at Faculty of physical Education – Benha University

The aim of this research is to try to identify the construction of a statistical model for predicting of the efficiency of technical performance by Kinesthetic Perception for junior wrestlers. The researcher used the descriptive method. The research sample was chosen from junior wrestlers in National Junior Project and Benha Al-Manshia Youth Center, and their number reached (28) junior. As (20) junior of the sample were chosen randomly, and (8) junior were chosen as an exploratory sample for conducting the exploratory study. The researcher reached at most important results represented in reaching at a predictive equation for the efficiency of technical performance of the skill (Gut wrench- Hold the arm and Throws over the hip-waist lock lift-push out) by indication some kinesthetic perceptions.

Key Words:

(A statistical model - the efficiency of technical performance - kinesthetic perceptions - junior wrestlers)