

INTRODUCTION

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Scar contractures and hypertrophic scars constitute not only disfigurement of the patient but also physical disability and psychological behaviour changes.

Thermal injuries and civil traumas constitute the major aetiological aspect resulting in hypertrophic scars and scar contractures.

The main concern of the physician in these aspect, primarily is to prevent its formation and secondarily is the correction of well established scars aiming to the optimum functional and cosmetic results.

In our country primary mismanaged burn injuries, secondary infection, lack of specific health programs and lack of patient's realisation of his role in prevention of such problems, all may aid in the relative high incidence of postburn hypertrophic scars and scar contractures.

The aim of the present essay is to review, study, and evaluate the different methods of proper management of postburn contractures and hypertrophic scars trying to conclude the best favourable plan of prevention and treatment in such situation.
