

Introduction

Pleural effusion occurs in a great variety of abnormalities. Even exhaustive diagnostic tests fail to reveal the etiology in about 20% of the cases. Classification of effusion as exudates and transudates is still useful as it indicates the physiopathologic mechanisms involved in cases of effusion. (1)

Light's criteria are the standard for differentiation through which exudates are defined as fulfilling one or more of the following: (1) Pleural fluid / serum protein more than 0.5, (2) Pleural fluid / serum LDH more than 0.6, (3) Pleural fluid LDH concentration greater than 200 IU/dl. (2)

Caution is necessary when mixed causes are suspected and in cases of congestive heart failure treated with diuretics. (3)

The primary problem with Light's criteria is that, it misidentifies 20% of transudates as exudates which is more frequent in patients with heart failure who have been on diuretics. (4)

In trying to improve specificity, a number of alternative criteria has been proposed including pleural fluid cholesterol,

bilirubin, serum-pleural albumin gradient and pleural to serum albumin ratio. (5)

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It is not clear why serum-effusion albumin gradient is more reliable than pleural to serum albumin ratio. It may be more mathematically representative of protein effusion to pleural space than serum pleural albumin ratio. (3)