



INTRODUCTION

Uterine leiomyomata, commonly known as fibroids, are benign smooth muscle tumours of the uterus. Estimates of leiomyoma prevalence range from 3 to 20% with all women and older women having the highest prevalence. Leiomyomata have been identified as one of the leading causes of hospitalization for gynaecological disorders and hysterectomy (*Baird and Dunson, 2003*).

Chronic pelvic pain or menorrhagia is the usual indicator for hysterectomy (*Treloar et al., 1999*).

Dietary fat intake, high body mass index (BMI), oestrogen and progesterone are well known risk factors for myoma uteri (*Marshall et al., 1998*).

Leptin is a protein encoded by the ob gene and appears to play an important role in energy expenditure, neuroendocrine-reproductive systems, and immune response (*Lord et al., 1998*). Its concentration is related to the mass of adipose tissue (*Maffai et al., 1996*). All risk factors of myoma may also affect serum leptin (*Fried et al., 2000*).

Evidence suggests that leptin may have a role as an angiogenic factor in vitro and in vivo (*Bouloumie et al., 1998*).

Leptin gene is expressed both in myomas and in the surrounding myometrium but not in the myometrium of healthy women (*Markowska et al., 2005*).

It was reported that there is a decrease in serum leptin levels in



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women with myoma uteri (*Chan et al., 2003*). On the other hand, another recent study did not find any significant difference in serum leptin level between women with myoma and women without myoma (*Bihter et al., 2007*).

In this study we will try to stabilize factors which may affect serum leptin level. Serum leptin level will be estimated and its relation with presence of myoma will be evaluated.