Results

Several important findings are apparent from this prospective study observing direct skin-to-skin contact (SSC) between mothers and their babies at birth and following them up to one month in post partum period.

These findings can be categorized to:

- I- Findings related to the socio-demographic data.
- II- Findings related to the delivered baby (such as the Apgar score of the baby).
- III- Findings related to the mode of delivery either normal vaginal delivery (NVD) or cesarean section (C.S) and its relation to the process of SSC.
- IV- Findings related to pre-feeding behavioural responses observed during direct SSC.
- V-The most important is the findings of detecting and analyzing different barriers emerged during the application of SSC, which is the main concern of the current study.
- VI- Finally, findings of the follow up of the mothers and their babies till one month postpartum.