RESULTS

RESULTS

The study included 48 patients With thalassemia major selected From the hematolgy clinic of new children hespital cairo university

The patients were divided into tow groups , non chelated (n=24) and chelated (n=24) groups . the females in the non chelated group were 12 and in the chelated group were 12, the males in the non chelated group were 12 and in the chelated group were 12 and in the chelated group were 12 . the age of the patients ranged from 5,5 to 14 years

Blood transfusion was given to all patents when hemoglobin reached or decreased below 7 grams / dl, every patient received 20 ml /kg the maximum was 500 ml . the frequency of transfusion was nearly the same in the tow groups , it was every 3-4 weeks.

The dose of desferrioxamine was 20 mg /Kg given subcutaneously over a period of 8-10 hours 5 days per week, using the pye portable syringe driver the range of the chlation therapy was from 4 months to 4 years with a mean of 2 years, the age of starting cheiation ranged from 4 years to 13 years with a mean of 9.4 years.

Table 1

showed the clincal data of non chelated and chelated patients.

It shows that the mean age of non chelated and chelated mals $8.67 \pm (2.77)$ years and $8.63 \pm (2.74)$ years respectivly, and of non chelated and chelated females $8.33 \pm (2.60)$ years and $8.67 \pm (2.22)$ years respectivly.

It showed that the mean height of non chelated and chelated males $124 \pm (14.56)$ cm and $130 \pm (10.5)$ cm respectivly and of the non chelated and chelated females $119 \pm (14.23)$ cm and $122 \pm (12.17)$ cm respectivly,the height of all patients was above the 5th percentil for age .

Hepatomegaly was present in all the thelassimic patiets, the size of the liver ranged from 4.5 to 9 cm below the costal margin in the midclavicular line with a mean of 6 cm

Splenomegaly was found in all patients , and splenectomy was done to 16 , 67 % of non chelated males and to 8.33% of chelated males .

No splenectomy in the non cheleted and chelated femeles , the siz of the spleen ranged from 4.5 to 12 cm with a mean of $7.2\ cm$.

Sytolic murmur on the mitral area was detected in 41.6 % and 33.33% of non cheleted and chleted males respectively and in 50% and 25 % of non cheleted and cheleted females respectively

pericardial rub not present in any patient .

Table 1 clinical data of the all studied patients

| patients | non chelted males | chelated males | non chelted females | chelated Females |
|--|-------------------------|------------------------|-------------------------|-------------------------|
| number | 12 | 12 | 12 | 12 |
| age (years) range mean <u>+</u> SD | 5-14 8.67 2.77 | 6-14 8.63 2.74 | 5-14 8.33 2.60 | 6-13 8.67 2.22 |
| height(cm)range mean <u>+</u> SD | 100-147 124 14.56 | 120-157 130 10.5 | 101-149 119 14.23 | 105-141 122 12.17 |
| Hepatomegaly % | 100% | 100% | 100% | 100 % |
| splenomegaly % | 100% | 100% | 100% | 100% |
| pericardil rub | | | | |
| murnurs % | 41.67% | 33.33% | 50 % | 25% |

Tables 2a and 2b

Showed the echocardiographic measurements of non chelated and chelated males,

In non chelated males (n =12) the measuments Were inereased (above normal limites) in the following percent of patients: LA 66.67, AO 33.33%, RV 16,67%, PA 25%, LVPW 8.33%, Ivs 16.67% and LVEDD 83.33%.

In chelated males (n =12)

The measurements were increasd (above normal limits) in the following percent of patients LA 83.33, Ao 16.87 %, RV 16.87, PA 25 %, LVPW 8.33 %, IVS 25 % and LVEDD 58.33 %

Table 2C and fig.1

Showed statistical analysis of mean ,range and SD of echocardiograbhic data among non chelated and chelated males .PA,LVEDD and LVESD were significantly greater in non chelated males than chelated males (P < 0.05) LA, RV, LVPW and IVS were greater in non chelated than chelated males but it were not statistically significant (p > 0.05).

table 2a

Echocardiographic measurements of non chelated males

| cardiac measuremert | number of petients | Range | mean . | ±SD |
|------------------------|--------------------|---------|--------|-------|
| LA | 12 | 2.2-3.8 | 2.941 | 0.537 |
| AO | 12 | 1.7-2.6 | 2.117 | 0.241 |
| RV | 12 | 1.3-2.1 | 1.675 | 0.328 |
| PA | 12 | 2-2.6 | 2.258 | 0.156 |
| LVPW | 12 | 0.5-1 | 0.675 | 0.129 |
| IVS | 12 | 0.6-1.3 | 0.733 | 0.197 |
| LVEDD | 12 | 3.7-6 | 4.833 | 0.763 |
| LVESD | 12 | 2.5-4.5 | 3.250 | 0.627 |

measurements in centimete

Echocardiographic measuremants of chelated males

| cardiac measuremert | number of pettients | Range | mean | +SD |
|------------------------|---------------------|---------|-------|-------|
| LA | 12 | 2.1-3.6 | 2.808 | 0.498 |
| AO | 12 | 1.7-3.2 | 2.108 | 0.421 |
| RV | 12 | 1.4-1.9 | 1.6 | 0.181 |
| PA | 12 | 1.4-2.5 | 2.017 | 0.374 |
| LVPW | 12 | 0.5-0.9 | 0.625 | 0.129 |
| IVS | 12 | 0.5-1 | 0.7 | 0.154 |
| LVEDD | 12 | 3.5-5.2 | 4.292 | 0.462 |
| LVESD | 12 | 2.3-3.2 | 2.717 | 0.333 |

measurements in centimeter

table 2b

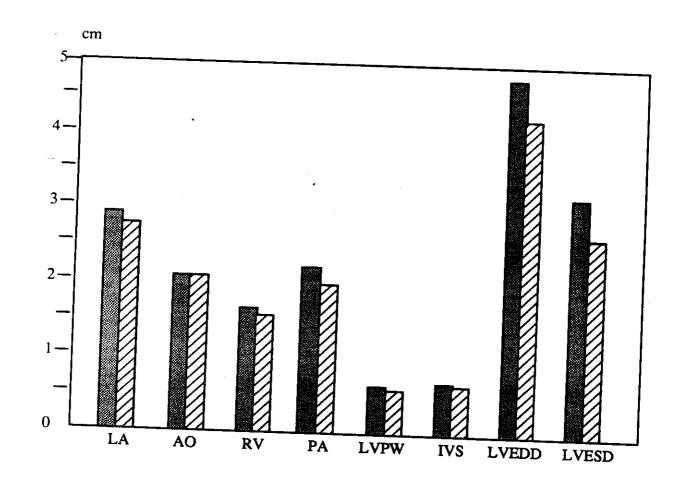
Table 2C

Echocardiographic data of non chelated and chelated males

| myocar | dial | non | chelated | 1 4 4 5 5 4 | |
|---------|-------------|----------------------|----------|--|---------|
| 1 | erments | chelated | Chelated | t-test | p.value |
| LA | range | 2.2-2.8 | 2.1-3.6 | | |
| | mean | 2.941 | 2.808 | 0.00 | |
| | <u>+</u> SD | 0.537 | 0.498 | 0.63 | >0.5 |
| AO | range | 1.7-2.6 | 1.7-3.2 | | |
| | mean | 2.117 | 2.108 | 0.06 | |
| | <u>+</u> SD | 0.241 | 0.421 | 0.08 | >0.05 |
| RV | range | 1.3-2.1 | 1.4-1.9 | | |
| | mean | 1.675 | 1.6 | 0.69 | >0.05 |
| | <u>+</u> SD | 0328 | 0.181 | 0.00 | >0.05 |
| PA | range | 2-2.6 | 1.4-2.5 | | |
| | mean | 2.258 | 2.017 | 2.07 | <0.05 |
| 13/10/4 | <u>+</u> SD | 0.156 | 0.374 | | \\0.05 |
| LVPW | | 0.5-1 | 0.5-0.9 | | |
| | mean | 0.675 | 0.625 | 0.95 | >0.05 |
| IVS | <u>+</u> SD | 0.129 | 0.129 | | 70.00 |
| 149 | range | 0.6-1.3 | 0.5-1 | 0.46 | |
| | mean | 0.733 | 0.7 | | >0.05 |
| LVEDD | <u>+</u> SD | 0.197 | 0.154 | | 0.00 |
| LAEDD | range | 3.7-6 | 3.5-5.2 | 2.103 | |
| | mean | 4.833 | ,4.292 | | <0.05 |
| LVESD | +SD | 0.763 | 0.462 | | 0.00 |
| LVEOD | range | 2.5-4.5 | 2.3-3.2 | | |
| | mean | 3.250 | 2.717 | 2.6 | <0.05 |
| m | +SD | 0.627 n centimete | 0.333 | | 3.00 |

measurements in centimeter

mean myocardial measurements among non chelated and chelated males



non chelated males

Tables 3a and 3b

Showed the echocardiograpgic measurements of non chelated and chelated females ;

in non chelated females (n=12)

The measurments were increased (abov normal limites) in the following percent of patients ,

LA 58.33% , A0 8.33% RV 16.67% ,PA 25 %

LVPW 8.33% , IVS 16.67% and LVEDD 58.33

in chelated females (n=12) the measurements were Increased above normal lemites in the following percent of pentients LA 58.33 ,RV 25% , PA 16.67 % , IVS 8.33% LVEDD 33.33%

Tables 3c and fig. 2

Showed statistical analysis of mean , range and SD of echocardiographic measurments among non chelated and chelated females . LVPW , LVEDD and LVESD were significantly greater in non chelated females than chelated females (P < 0.05).

LA ,AO ,RV PA and IVS were greater in non chelated females than chelated females but it were not statistically significant (P > 0.05 0) .

Echocardiogrephic measuremants of non chelated females

| cardiac measurements | nunber of patients | range | mean | ± SD |
|-------------------------|--------------------|---------|-------|-------|
| LA | 12 | 2-3.9 | 2.858 | 0.646 |
| AO | 12 | 1.8-204 | 2.033 | 0.202 |
| RV | 12 | 1.3-2 | 1.575 | 0.250 |
| PA | 12 | 1.5-2.6 | 2.075 | |
| .VPW | 12 | 0.5-0.9 | | 0.374 |
| VS | 12 | | 0.683 | 0.111 |
| VEDD | | 0.5-0.9 | 0.7 | 0.121 |
| | 12 | 3.7-5.1 | 4.5 | 0.469 |
| VESD | 12 | 2.5-3.5 | 2.967 | 0.339 |

Table 3a

Table 3b

Echocardiogrephic measuremants of chelated females

| | Cilcia | teu iema | ies | |
|-----------------|--------------------|----------|---------|-------|
| • | nunber of patients | range | mean | ± SD |
| LA | 12 | 2-3.2 | 2.633 · | 0.373 |
| AO | 12 | 1.8-2.3 | 1.933 | 0.156 |
| RV | 12 | 1.4-2 | 1.558 | 0.245 |
| PA | 12 | 1.3-2.5 | 2 | 0.357 |
| LVPW | 12 | 0.5-0.7 | 0.6 | 0.074 |
| IVS | 12 | 0.5-0.8 | 0.633 | 0.115 |
| LVEDD | 12 | 3.5-5.1 | 4.05 | 0.504 |
| LVESD | 12 | 2.2-3.2 | 2.517 | 0.327 |
| measurements in | centimeter | L | | |

Table 3c

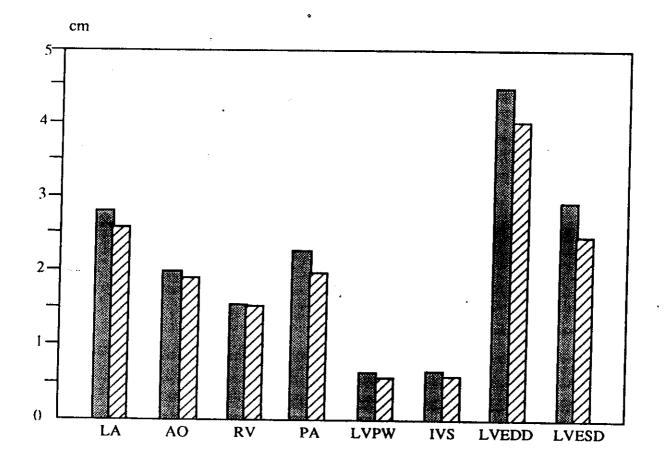
Echocardiogrephic measurements of non chelated and chelated females

| myocardial | non | chelatd | t-test | p.value |
|--------------|----------|---------|--------------|-------------|
| measurements | chelated | | | , p.vaido |
| LA range | 2-3.9 | 2-3.2 | | |
| mean | 2.858 | 2.633 | 1.05 | >0.05 |
| <u>+</u> SD | 0.646 | 0.373 | 1.00 | 70.05 |
| AO range | 1.8-2.4 | 1.8-2.3 | | |
| mean | 2.033 | 1.933 | 1.36 | >0.05 |
| <u>+</u> SD | 0.202 | 0.156 | 1.00 | 70.05 |
| RV range | 1.3-2 | 1.4-2 | | |
| mean | 1.575 | 1.558 | 0.16 | >0.05 |
| <u>+</u> SD | 0.227 | 0.245 | 0.10 | 70.05 |
| PA range | 1.5-2.6 | 1.3-2.5 | | |
| mean | 2.075 | 2 | 0.5 | >0.05 |
| <u>+ SD</u> | 0.374 | 0.357 | | 0.00 |
| LVPW range | 0.5-0.9 | 0.5-0.7 | | |
| mean | 0.683 | 0.6 | 2.16 | <0.05 |
| <u>+</u> SD | 0.111 | 0.074 | | 1 <0.03 |
| IVS range | 0.5-0.9 | 0.5-0.8 | | |
| mean | 0.7 | 0.633 | 1.38 | >0.05 |
| <u>+</u> SD | 0.121 | 0.115 | 1.00 | >0.05 |
| LVEDD range | 3.7-5.1 | 3.5-5.1 | | |
| mean | 4.5 | 4.05 | 2.265 | -0.05 |
| <u>+</u> SD | 0.469 | 0.504 | 2.200 | <0.05 |
| LVESD range | 2.5-3.5 | 2.2-3.2 | | |
| mean | 2.967 | 2.517 | 3.31 | -0.05 |
| <u>+</u> SD | 0.339 | 0.327 | 0.51 | <0.05 |

measurements in centimeter

Fig (2)

Mean Myocardial Measurements among chelated and non chelated Females



non chelated females chelated females

Table 4a and 4b

Showed the left ventricular mass to height ratio in non chelated and chelated males ,

in non chelated meles n=12 the ratio was increased in all patient 100%, in chelated males (n=12) the ratio was increased in 91.68% of the patients .

Table 4c and fig.3

Showed statistical analysis of range mean and SD of left ventricular mass to height ratio among non chelated and chelated males ,the ratio was significantly greater in non chelated males than chelated males (P < 0.05).

Table 4a

Left ventricular mass to height ratio (Lvm/H) in non chelated males

| cardiac measurem ert | number of petients | Range | mean | · <u>+</u> SD |
|----------------------------|-----------------------|-----------|-------|---------------|
| LVM/H | 12 | 0.53-1.22 | 0.908 | 0.259 |

Table 4b

Left ventricular mass to height ratio
(Lvm/H)in chelated males

| cardiac measuremert | number of pettients | Range | mean | <u>+</u> SD |
|------------------------|------------------------|-----------|-------|-------------|
| LVM/H | 12 | 0.30-1.33 | 0.691 | 0.267 |

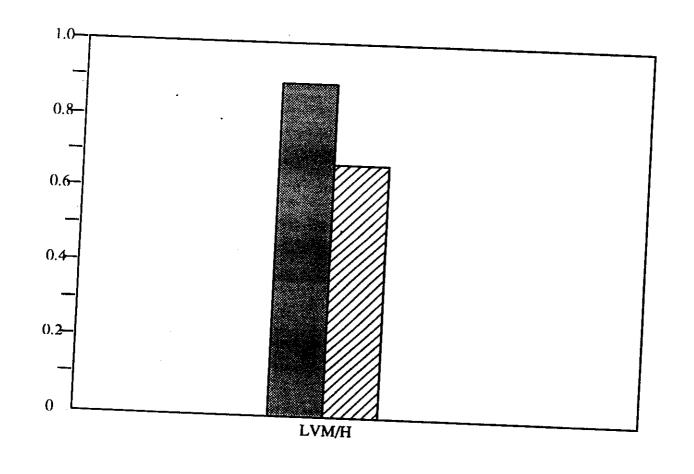
statistical analysis of left ventricular mass to heigh tratio among non chelated and chelated males

Table 4c

| cardiac measurements | non chelated | chelated | t-test | p.value |
|------------------------------------|-----------------------------|-----------------------------|--------|---------|
| LVM/H range mean <u>+</u> SD | 0.53-1.22 0.908 0.259 | 0.30-1.33 0.691 0.267 | 2.01 | <0.05 |

Fig (3)

Mean left ventricular mass to height ratio (LVM/H) among non chelated and chelated males



non chelated males

Tables 5a and 5b

Showed the left ventricular mass to height ratio in non chelated and chelated females .

In non chelated females (n=12) the ratio was increased in all patients 100%.

In chelated femeles the ratio was increased in all patients

Table 5c and fig. 4

Showed statistical analysis of range , mean and stander devietion of left ventricular mass to height ratio among non-chelated and chelated females , the ratio was significantly greater in non-chelated females than chelated females (P < 0.05).

Table 5a

Left ventricular mass to height ratio (LVM/H) in non chelated females

| cardiac measurement | number of pettients | Range | mean . | <u>+</u> SD |
|------------------------|------------------------|-----------|--------|-------------|
| LVM/H | 12 | 0.57-1.38 | 0.864 | 0.233 |

Table 5b

Left ventricular mass to height ratio (LVM/H) in chelated females

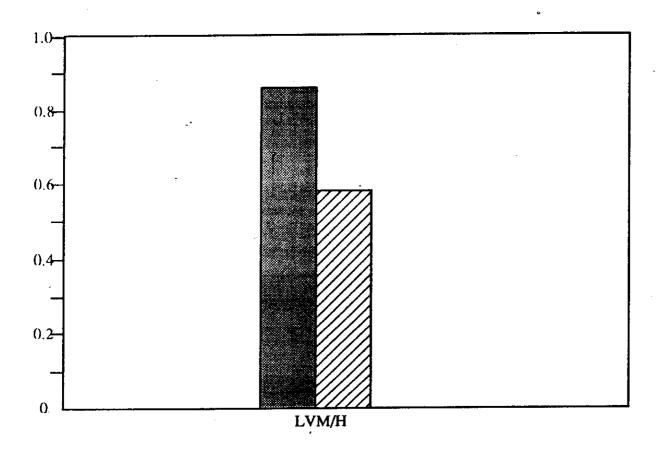
| Cardiac measurem ert | Number of patients | Range | Mean | <u>+</u> SD |
|----------------------------|-----------------------|-----------|-------|-------------|
| LVM/H | 12 | 0.33-0.95 | 0.588 | 0.198 |

Table 5c

statistical analysis of left ventricular mass to height ratio among non chelated and chelated females

| cardiac measurements | non cheated | chelad | t-test | p.value |
|------------------------------------|-----------------------------|-----------------------------|--------|---------|
| LVM/H range mean <u>+</u> SD | 0.57-1.38 0.864 0.233 | 0.33-0.95 0.572 0.186 | 3.119 | <0.05 |

Mean left ventricular mass to height ratio (LVM/H) among non chelated and chelated females



non chelated females
chelated females

Table 6a and fig. 5

Showed statistical analysis of EF % and FS among non chelated males (n=12) and chelated males (n=12)

The EF% and FS Were greater in chelated males than non chelated males but were not statistically significant P > 0. 05.

Table 6b and fig. 6

Showed statistical analysis of EF% and FS among non chelated femeles (n=12) and chelated femeles (n=12) the EF% and FS Were greater in chelated females than non chelated femeles and it were significant P < 0.05.

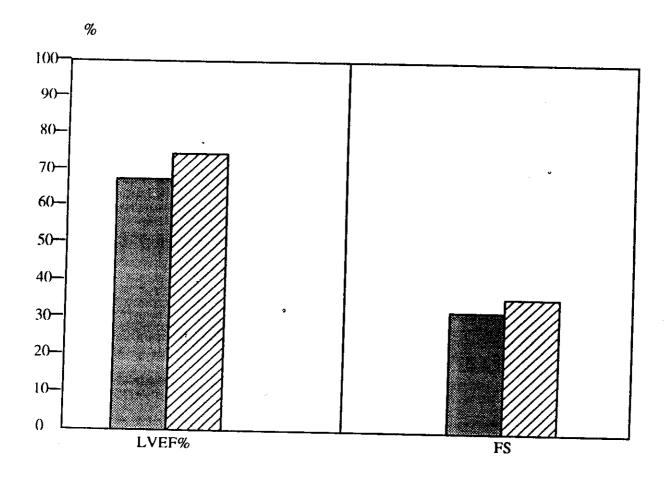
Table 6a

Statistical analysis of EF% and FS among non chelated and chelated males

| 1 7 | ardial | non | chelated | t- test | p.value |
|------|-------------|----------|----------|---------|---------|
| meas | surement | chelated | | | ' |
| LVFS | % range | 39-78 | 70-81 | | |
| ļ | mean | 68.583 | 74.417 | 0.183 | >0.05 |
| | <u>+</u> SD | 10.492 | 3.423 | | |
| | | | | | |
| FS | range | 15-40 | 33-43 | | |
| | mean | 32.917 | 36.75 | 1.565 | >0.05 |
| | <u>+</u> SD | 6.748 | 3.019 | | |
| | | | | | |

Fig (5)

Mean cardiac function measurements among non chelated and chelated males



non chelated males

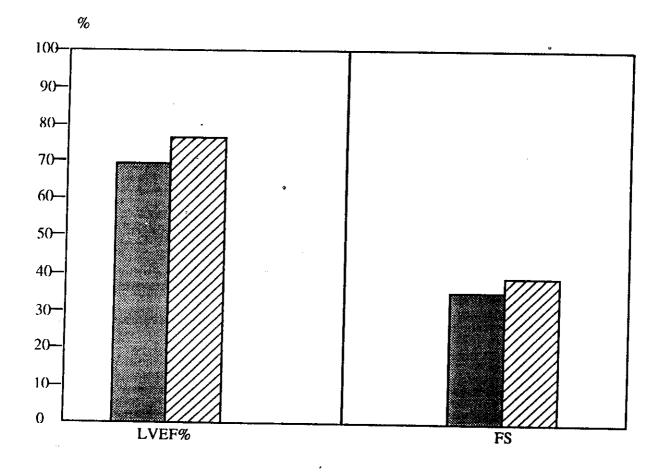
Table 6b

statistical analyses of EF % and FS among chelated and non chelated females

| meas | cardial surment | non chelated | chelated | t- test | p.value |
|------|------------------------------|--------------------------|--------------------------|---------|---------|
| LVE | F % range mean +SD | 59-78 70.917 5.775 | 72-84 75.833 3.996 | 2.43 | <0.05 |
| FS | range mean <u>+</u> SD | 26-40 34.083 4.166 | 34-45 37.75 3.388 | 2.365 | <0.05 |

Fig (6)

Mean cardiac function measurements among non chelated and chelated females



non chelated females