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Arabic Summary	

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List of abbreviation

PTSD	Post traumatic stress disorder	
ADD	Attention Deficit Disorder	
GAD	Generalized anxiety Disorder	
ANA	American nursing association	
CNA	Counsling nursing association	
AMT	Anxiety management training	
TMAS	Taylor manifest anxiety scale	
WHO	World health organization	
ECA	Epidemiologic catchement area	
SD	Stander deviation	
\mathbf{X}^2	Chi-square	
P	Probability of being under the curve	
%	Percent	
&	And	