CONTENTS

| Item | Page |
|---|------|
| INTRODUCTION | 1 |
| AIM OF THE STUDY | 4 |
| REVIEW OF LITERATURE | |
| Chapter I: Mental retardation | 5 |
| - Definitions | |
| - Incidence and prevalence | |
| - Classification | |
| - Etiology | |
| - Clinical feature | |
| - Diagnosis | |
| - Problems of mental retardation | |
| - Problem facing care givers | |
| - Effect of mental retardation on the family | |
| - Needs of mental retardation | |
| - Assessment of mental retardation | |
| - Treatment of mental retardation | |
| Chapter II: Role of caregivers | 27 |
| - Role of parents as caregivers | |
| - Role of psychiatric Nursing as caregivers | |
| - Role of teacher as caregivers at institution | |
| Chapter III: Activities of daily diving and self care | 33 |
| - Activities of daily living | |
| - Orem's self-care nursing model | |
| - Theory of self-care | |
| - Types of self-care | |
| - Self-care deficit | |
| - Theory of self-care deficit | |
| - Theory of nursing system | |
| - Self-care model | |
| - Self-care activities intervention | |
| - Orem's theory relation and mental retardation. | |
| SUBJECT AND METHOD | 43 |
| RESULT | 52 |
| DISCUSSION | 89 |
| CONCLUSION | 104 |
| RECOMMENDATION | 106 |
| SUMMARY | 108 |
| REFERENCES | 113 |
| APPENDIX | |
| ARABIC SUMMARY | |