List of Contents

Title	Page No.
List of Figures	ii
• List of Tables	ν
Introduction	1
• Aim of the Work	3
Epidemiology and Aetiology	4
Pathoanatomy	9
• Diagnosis	20
Treatment	34
Ponseti Method (Philosophy)	57
Ponseti Method (Kinematics)	67
Ponseti Method (Technique of Manipulation)	76
Complications of Ponseti Method	107
Surgeries Recommended by Ponseti	111
Evaluation of Ponseti Technique	128
Conclusion and Summary	134
• References	136
Arabic Summary	

List of Figures

Fig. No.	Title	Page No.
1	Bilateral talipes equinovarus.	4
2	The feet of a newborn baby with mild	5
	equinovarus detormities of the feet, sores on	
	the outer sides of both feet.	
3	Development of the human foot.	6
4	Bohm's wax models of the skeleton of the	7
7	human foot during development.	
5	A clubfoot model.	10
6	Anatomy of clubfoot deformity.	13
7	Deep posterior and medial skin creases.	23
8	Pirani score.	26
9	AP projection.	28
10	Lateral projection.	28
11	Talocalcaneal (a) and talo-first metatarsal (b)	28
	angles in AP projection.	
12	Calcaneal-second metatarsal (a) and	29
	calcaneal-fifth metatarsal (b) angles in AP	
	projection.	
13	Antero-posterior view of the foot.	29
14	Talocalcaneal (Kite's) angle.	30
15	Thometz grading of calcaneocuboid aligment	31
16	Boots and bars.	44

List of Figures (Cont.)

Fig. No.	Title	Page No.
17	Balanced deformity – unbalanced correction.	46
18	Balanced deformity – unbalanced correction.	46
19	The Cincinnati incision	49
20	A full release of the ankle and subtalar joints	49
21	Recurrent Cavovarus deformity following corrective surgery.	55
22	The over-corrected foot characterized by the valgus alignment of the heel.	55
23	Dr. Ponseti	57
24	Definitions of movements for a tarsal (calcaneal) bone with respect to the body planes	58
25	A kinematical analysis of the tarsal joints: Superpositioned axis bundles of the talocalcaneal (TA-CA) and calcaneonavicular (NA-CA) joints	69
26	 a) Schematic dorsal view of the subtalar footplate of a normal foot demonstrating the arrangement of the longitudinally running plantar calcaneonavicular and calcaneocuboid ligaments. b) In the clubfoot the shortening of the calcaneonaviucular ligament and medial displacement of the navicular 	71
27	The talocalcaneal joint In the clubfoot	72

List of Figures (Cont.)

Fig. No.	Title	Page No.
28	Allow the infant to feed during the	76
	manipulation.	
29	Exactly locate the head of the talus.	78
30	Correction of cavus element of the deformity.	79
31	Initial Ponseti Cast.	81
32	Manipulate the foot by abducting the foot in supination.	83
33	The heel should not be constrained so as to allow the abduction of the calcaneus under	83
	the talus.	
34	Sequence of pictures showing the Ponseti	84
2.5	method of clubfoot correction.	
35	Appearance of casts and foot during successive manipulations.	85
36	Pressure on the calcaneocuboid joint rather	86
	than the talar head leads to a midfoot break.	
37	Clinical photographs of an 8 day with isolated	91
	unilateral clubfoot.	
38	Adequate abduction.	92
39	Tendo-Achilles Tenotomy.	94
40	Outline of the Ponseti Method.	97
41	Casting technique.	99
42	Removal of the cast.	100

List of Figures (Cont.)

Fig. No.	Title	Page No.
43	Bracing.	101
44	Different types of braces	102
45	The main errors in the correction of the clubfoot are the pronation of the whole foot and the pronation of the forefoot.	104
46	Kite's error.	105
47	Kite's error.	105
48	During the initial instruction, teach the parents how to apply the brace.	108
49	Physiotherapist-delivered pathway for management of CTEV.	131

List of Tables

Table No.	Title	Page No.
1	Dimeglio: classification of clubfoot	24
2	Harold and Walker classification of clubfoot severity.	24
3	Pirani score, (hindfoot).	25
4	Pirani score, (midfoot)	25