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The Psychological Factors Underlying  
Kleptomania In Adolescence  
(A Clinical Study)

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There is no doubt that the family has a great influence in the development of the personality of its off springs. This occurs through the social upbringing and patterns the family adopts. Therefore the adolescent who has a healthy mental well being is that one who was raised in a calm and stable family environment. On the contrary the adolescent who was brought up in an unstable atmosphere where he or she was subjected to continuous parental fights, separation, deprivation. Divorce or death of a parent will deviate from the normal social pattern.

Among the most important values taught to the children are honesty and integrity.

An adolescent shop lifting a tape is not considered a serious pathological disease.

It is merely a rebellious attitude against family rules, poverty per se joint to antagonize the adults. While in cases of the presence of a pathology the community should increase the communication rather than look to it from the criminal point of view.

### **Difficulties during the research :**

This research deals with kleptomania as a disease then these individuals are in need for help to become functioning members of the community. The present study is focusing on the

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psychological factors that can lead to the development of this condition. The rationale behind this study was due to the increase in number of detected cases. The scarcity of published Arabic researches was another factor. Moreover the contradiction about the causes and motives in this disorder needed more clarification.

This research is aiming on shedding light on the psychological factors involved in kleptomania. Though this phenomena exists in the society it has not been studied enough especially in the Arabic literature.

The sample consisted of 2 boys and 2 girls ranging from 10 to 18 years old. The four subjects were all secondary school students.

Personal interview and assessment from (Mekheimer 1975), Scale of Partial instincts (31-Kattan, 1981), thematic Appreciation test have been performed on all cases.

The research deduced that a Narcissistic tendency, impulsive compulsive acts some psychopathic tendencies and mood shifts are some of the psychological factors to have been among the causative issues of kleptomania.