

## Introduction :-

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The Modern Society Imposed Some Changes On Individuals These Sharp and Fast Changes Might Surpass Their Abilities To Respond , Adapt , and Internalize , So They Might in Turn Confront Difficulties in Balance; This also Might Cause Alienation Which Exists When There Is A Gap Between The Individual and his Society , Alienation Exists When the Relationship Expressing Ego does not Meet the Suitable Field ; it also Exists in Society Try to Accomplish its ideal Conceptions , which are Hindered by Reality Environment .

The University Youth Feel in Those days more than the past ages - unable to Face the Stiff disciplines and Direct Social changes in Their Groups , They can not also change Some of their Personal Lives Sides which they Themselves Reject , and hence they Feel Meaninglessness and loss of Purpose of life .

The Researcher aimed at helping these University Youth to overcome these Feeling , through the Youth of Psychotherapeutic approach , Suitable for the Study Subjects , Some of the Modern Psychotherapeutic approaches is the Logotherapy ( Frankl, V., 1963 ) according which the Youth Life Problems are Logo problems; and logo desire is an Effective strength in Human's that help them find meaning .

Crumbaugh (1973) presented loganalysis as extent y to Logotherapy Which is an analysis of the individual's Experiences to find new meaning and broaden his experiences in life through defining a life target the strategy is an Organized series of written activities that an individual used to discover life meaning

It includes several exercises depending on theoretical Basis

Previous Studies : -  
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The Researcher Reviewed The Previous Studies And Researches Which Relate To The Present Study As Follows : -

- (1) Studies Relate To Alienated University Youth .
- (2) Studies Relate To Logotherapy .
- (3) Studies Relate To Treatment Of Alienation .

Method And Procedures : -  
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The subject :-

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The subject Of The Study was Chosen From The Third Year students In The Faculty Of Education At Benha - Zagazig University It Contains (36) Student , ( 18 male - 18 Female ) .And Divided into Four Groups As Follows :-

- (1) Experimental Group ( Male).
- (2) Control Group ( male).
- (3) Experimental Group ( Female ).
- (4) Control Group ( Female ).

The Tools Of The Study :-

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- (1) The Alienation Scale For University Youth  
By The Researcher .
- (2) The Purpose In Life Test .  
By The Researcher .
- (3) The Seeking Of Noetic Goals Test .  
By The Researcher .
- (4) Logoanalysis Exercise .

The Statistical Style : -

- (1) Analysis Of Variance ( 2x2 ) For Unequal Cells .
- (2) Analysis Of Variance ( 2x2 ) For Equal Cells .
- (3) Newman Keuls Test To Show The Significance Differences Between The Means .

The Procedures :-

- (1) Study Tools Were Applied To The Subject .
- (2) Final Study Subject Were Chosen According To Tests Recommendations As Following : -
  - \* Subject Individual, Should Have Estimate Higher Than (68) in The Alienation Scale For University Youth .
  - \* Subject Individuals Should Have Estimate Lower Than (63) in The Purpose in Life Test .
  - \* Subject Individuals Should Have Estimate Higher (69) in The Seeking Of Noetic Goals Test.
- (3) The Final Subjects Were Divided into Four Groups .As Follows :-
  - \* Experimental Group ( Males )
  - \* " " ( Females )
  - \* Control Group ( Males ) .
  - \* " " ( Females ) .
- (4) The Treatment Program , Which is A Series Of Exercises On Logo-analysis , Was Applied To The Experimental Groups only .
- (5) After Program Application, Tools Were Applied To The Study Four Groups.
- (6) Differences Were Calculated According To The Analysis Of Variance

The Results Of The Study : -

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- (1) There Are Significant Differences at 0.01 Level Between Male Experimental Group and Male Control Group after Treatment in Alienation Scale For University Youth .
- (2) There are Significant Differences at 0.01 Level Between Female Experimental Group and Female Control Group after Treatment in Alienation Scale For University Youth .
- (3) There are No Significant Differences Between Male Experimental Group and Female Experimental Group after Treatment in Alienation Scale For University Youth .
- (4) There are Significant Differences at 0.01 Level Between Male Experimental Group and Male Control Group after Treatment in The Purpose in Life Test .
- (5) There are Significant Differences at 0.01 Level Between Female Experimental Group and Female Control Group after Treatment in The Purpose in Life Test .
- (6) There are No Significant Differences Between Male Experimental Group and Female Experimental Group after Treatment in The Purpose in Life Test .
- (7) There are Significant Differences at 0.01 Level Between Male Experimental Group and Male Control Group after Treatment in The Seeking Of Noetic Goals Test .
- (8) There are Significant Differences at 0.01 Level Between Female Experimental Group and Female Control Group after Treatment in The Seeking Of Noetic Goals Test .
- (9) There are No Significant Differences Between Male Experimental Group and Female Experimental Group after Treatment in The