

SUMMARY

Introduction:

The researcher recieved by studing a topic: "A comparative study of superego levels to compulsive Neurotics and normals".

The superego is one of the three systems of the psychic system of personality . The superego may take one of three levels or forms in the individual personality: Sadistic superego level, strong superego level and weak superego level. The sadistic superego level represents pathological superego that arising of rigid rearing and severe oedipal conflict; it invests for its account the great part of destructive aggressive energy of individual . It appears in individual through severe moral anxiety or / and high reducing in self-esteem may reaches to the degree of annihilation feelings or/and Impulse the individual for severing a punishment or/and high fear of continium success or/and defenses against sadism of superego .

On the other hand, the strong superego level represents the normal superego that arising of consistent democratic rearing and an oedipal conflict which is not severe. It invests for its account an appropriate amount of normal aggrissive energy of individual . The strong superego appears in an individual through neutralized feelings of guilt or shame or disgust or comfort. Also it appears through genuine morality and strong ego and independability of individual .

Finally, the weak superego level represents that pathological form of superego, arising of rearing which is neglecting and oscillating in its parental figures. Furthermore, it arising of disruptive oedipal conflict which is not obvious in its parental

figures. It invests for its account a little amount of aggressive energy. The weak superego appears in an individual through psychopathic or/and idealization of instinctive behavior or/and isolation of superego demands when practicing any instinctive behavior.

If we left the superego to speak about the compulsive neurosis, on the other hand, we should find that it is the psychic disease which the patient finds himself in it is compelled to specific ideas or/and images or/and actions or/and impulses. Those, originally, are derivatives of repressed instinctive impulses, or derivatives of ego's defenses against these repressed impulses, or they are a condensation of both instinctive forces and defensive forces against instinct.

The researcher found that an arabic and foreign studies of superego are few, and also that, on the other hand, an arabic studies of compulsive neurosis. So this was a driver to the researcher to procedure that study.

* Terms of the study:

(A) Compulsive neurotic:

The subject who achieved on :

- 1- A degree equals or above (11) degrees at compulsive neurosis test .
- 2- A degree above average (13) at maudsley obsessional-compulsive inventory .
- 3- A degree equal or lower than (9) degrees at any of neuroticism subtests, except for compulsive neurosis subtest.

(B) Normal person:

The subject who achieved on:

- 1- A degree equal or lower than (5) degrees at compulsive

neurosis test .

- 2- A degree lower than average (13) at maudsley obsessional-compulsive inventory.
- 3- A degree lower than (40) degrees at total neuroticism test
- 4- A degree lower than (7.5) degrees at any of neuroticism subtests.

(C) Superego Levels:

It included three levels:

- 1- Sadistic superego level: the level that at it the subject achieved on a high degree (Average and above) at sadistic superego level subtest.
- 2- Strong superego level : the level that at it the subject achieved on a high degree(average and above) at strong Superego level subtest
- 3- Weak superego level : the level that at it the subject achieved on a high degree (average and above) at weak superego level subtest

■ Sample of the study:

The sample of this study consisted of (60) subjects, are divided to two main groups and four subgroups, as following:

(A) First main group:

Compulsive neurotics group.. it included (30) subjects, divided to two subgroups:

- 1- Male compulsive neurotics group (15 subjects).
- 2- Female compulsive neurotics group (15 subjects).

(B) Second main group :

Normal group.. it included (30) subjects, divided to two subgroups:

- 3- Male normals group (15 subjects).
- 4- Female normals group (15 subjects).

* Tools of the Study:

- 1- Compulsive neurosis test. (from: Adults's psychic adjustment test) . Prepared by Magdy- Mikhamer.
- 2- Moudsley obsessional- compulsive inventory, translated & prepared by the researcher.
- 3- Neuroticism test.(from: Adults's psychic adjustment test). Prepared by Magdy-Mikhamer.
- 4- Social level (Economic- Cultural) list. Prepared by Samya El-Kattan.
- 5- Superego levels test- Prepared by the researcher.

* Hypotheses of the study:

- 1- There are statistical significant differences in the mean of degrees of sadistic superego level between male compulsive neurotics and normals, in favor of male compulsive neurotics .
- 2- There are statistical significant differences in the mean of degrees of sadistic superego level between female compulsive neurotics and normals, in favor of female compulsive neurotics.

- 3- There are statistical significant differences in the mean of degrees of strong superego level between male compulsive neurotics and normals, in favor of male compulsive neurotics .
- 4- There are statistical significant differences in the mean of degrees of strong superego level between female compulsive neurotics and normals, in favor of female compulsive neurotics.
- 5- There are statistical significant differences in the mean of degrees of weak superego level between male compulsive neurotics and normals, in favor of male compulsive neurotics.
- 6- There are statistical significant differences in the mean of degrees of weak superego level between female compulsive neurotics and normals, in favor of female compulsive neurotics .
- 7- There are positive significant correlation factor between degrees of total sample in sadistic superego level test and their degrees in compulsive neurosis test.
- 8- There are positive significant correlation factor between degrees of total sample in Maudsley obsessional-compulsive inventory superego level test and their degrees in compulsive neurosis test .
- 9- There are Negative significant correlation factor between degrees of total sample in strong superego level test and their degrees in compulsive neurosis test.

- 10- There are negative significant correlation factor between degrees of total sample in strong Maudsley obsessional-compulsive inventory superego level test and their degrees in compulsive neurosis test .
- 11- There are positive significant correlation factor between degrees of total sample in weak superego level test and their degrees in compulsive neurosis test .
- 12- There are positive significant correlation factor between degrees of total sample in weak superego level test and their degrees in maudsley obsessional-compulsive inventory.

* Procedures of the study:

The researcher applicated tools of the study as following:

- 1- Compulsive neurosis test.
- 2- Maudsley obsessional-compulsive inventory.
- 3- Neuroticism test .
- 4- Social level (Economic-cultural) list.
- 5- Superego levels test .

* Statistical modes:

- 1- Skewness coefficient .
- 2- $(q)^2$.
- 3- Decimals.
- 4- Analysis of variance (2 x 2).
- 5- Toky test .
- 6- Correlation Factors .

* Limits of the study:

The current study and its results are limited by used sample, tools and statistical modes in this study as mentioned .

* Results of the study:

There were found statistical significant differences in both sadistic and weak superego levels between compulsive neurotics and normals, in favor of compulsive neurotics. Wherease, there were found statistical significant differences in strong superego level between compulsive neurotics and normals, in favor normals.

On the other hand, there were found positive significant correlation factor between degrees of total sample in compulsive neurosis and their degrees in both sadistic and weak superego levels. Wherease, there were found negative significant correlation factor between degrees of total sample in compulsive neurosis and their degrees in strong superego level.

* Discussion of the results:

Compulsive neurotics were distinct with sadistic superego because of rearing factors that led to incorporation of rigid punitive ability of parents in the form of sadistic superego (at oedipal stage) . Furthermore, sadism of superego dues to reggression of compulsive neurotic to sadistic-Anal stage. Sadism of superego interpretates many of compulsive symptoms such as: Severe moral anxiety, reduced self-esteem, doubt, frequency, Ambivalence, washing compulsions and prohibitions of

touching; the compulsive neurotic accepts all or some of these symptoms in order to avoid rigidity and punishment of superego.

Normals were distinct with strong superego, because of rearing factors that led to introjection of neutral punitive ability of parent of the same sex, in the form of normal (strong) superego(at oedipal stage). Furthermore, strength of superego dues to not happence of fixations at any of developmental stages. Superego strength interpreates many of normality characteristics, such as: Neutral moral anxiety , neutral comfort feelings, high self-esteem, independence of individual and adjustment .

Compulsive neurotics were disitinct on normals in weak superego level. This dues to some of weakness figures in superego of compulsive neurotics. And this interpreates some symptoms of compulsive neurosis, such as pseudo morality and idealization of instinctive behavior .

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