

Contents

| | |
|-----------------------------------|-----|
| Introduction | 1 |
| Aim of the work | 3 |
| Basic science | 4 |
| History of osteoporosis | 4 |
| Bone structure | 6 |
| Bone metabolism | 12 |
| Physiology of menopause | 21 |
| Pathology | 23 |
| Epidemiology of osteoporosis | 23 |
| Burden of osteoporosis | 24 |
| Types of osteoporosis | 27 |
| Risk factors | 30 |
| Pathogenesis | 31 |
| Diagnosis | 32 |
| Clinical evaluation | 32 |
| Lab investigations | 38 |
| Bone mineral density measuring | 43 |
| Role of orthopedic surgeon | 48 |
| Treatment | 50 |
| Non-pharmacological | 51 |
| Pharmacological | 58 |
| New drugs | 75 |
| Future drugs | 77 |
| Treatment of complications | 82 |
| Approaches for good fixation | 82 |
| New methods of fixation | 88 |
| Conclusion | 100 |
| Summary | 104 |
| References | 105 |
| Arabic summary | \ |