

Contents

1. Introduction.....	1
2. Anatomy of the anterior cruciate ligament.....	4
3. Biomechanics	
●Biomechanics of the intact anterior cruciate ligament in the knee joint.....	8
●Biomechanics of the anterior cruciate ligament in deficient knee.....	15
4. complications and causes of instability of the knee after the anterior cruciate ligament reconstruction	22
5. Clinical assessment and diagnostic modalities.....	35
6. Management of instability and revision of reconstructed knee.....	56
7. Rehabilitation Protocol.....	82
8. Summary and conclusion.....	85
9. References.....	88
10. Arabic summary	105