

Summary of the Study

Introduction:

Now the human being lives in a period we can name it by "Vacuum Period". The working time had decreased due to the technological development. This technological development wasn't accompanied by similar development in social and psychological sides, which leads to a bad mean of adaptation between man and environment. Therefore we face the problem of how to invest the leisure-time in a good way. If the leaders and youth invest their leisure time in a good way then we will get good decision and we will get decrease the bad phenomena which happened due to the bad use of investing leisure time between youth. According to this, Recreation took an important part in investing of Leisure time, which is characterized by optional, cheerful state and man can practice by himself. Its effects on his own like, Personality and his working life. As we know the educational system effects on using leisure time, Activities and works. Education has an important role in creating consciousness or sport recreation for human, whenever consciousness increased practicing increased, whenever information about such activity increased, practicing of this activity increased successfully confidently and make style of practicing clear and provides him new informations, ability and various activities. Human cannot practice any type of sport recreation activities. Else if he had a number of skills related to the type of sport recreation activity he prefer and practicing to be enjoyed in his leisure time. We had to learn our children how to make good use of their leisure time and how to be the leisure time a factor for organizing their lives and not a factor for disorder and confusion. Due to the fact that the time which the student be at school is characterized by its long time and multi growth phases and its importance in educating the student.

All these factors make from the school an important educational institution for the child at this phase. Their for the school have good opportunities to educate the children how to invest their leisure time. From the good principals of the school is to have a good physical education teacher able to deal with children and to provide them all information because he plays a very important part in preparing good students because As we know that the student is a member of societies members if we prepared him in a good way we will have a good society and their for our country will developed.

Problem of the study:

Their is no many researches and studies related to consciousness of sport recreation for physical education teachers and preparatory stage students which considered the most important stage for developing the consciousness of sport recreation for student this is because he in this stage received information from the teacher in which he consider his exemplar their for he will act as his teacher. Their for the teacher must take care of his behavior. It's also observed that the recreation education hadn't been cared enough as much it needs therefore if the physical education teacher has consciousness of sport recreation but he is not providing it to students, then they will never have consciousness of sport recreation. And we all knows that recreation senses helps in psychological health, social health, physical health and also in uniting the society their for it was important to know the consciousness of sport recreation for physical education teachers and preparatory stage students, and the information's communication related to sport recreation between them.

Aim of the study:

The study aims to know the consciousness of sport recreation for physical education teachers and preparatory stage students in Cairo through a frame works-which determined by each of concept and aims of sport recreation, and information's communication related to sport recreation between them.

Procedure of the study:

First : The Method
Survey Method.

Second : The Sample

It was choosen the Random Sample way for the study from the physical education teacher and preparatory stage students. The Sample includes 78 teacher and 1250 student from the official schools from the administration of education in Cairo.

Third : The Tools of the study

The researcher has made a Questionnaire application from his own design.

Fourth : The Statistical method

Arithmetic mean, standard Deviation, Correlation Coefficient, Frequencies, Chi square.

The Important Conclusions:

- 1- Physical education teachers have consciousness of sport recreation as a result of their understanding of concept and aims of sport recreation and provide the students of preparatory school with information related to sport recreation and that from teacher point of view.

- 2- Preparatory students have no consciousness of sport recreation as a result of not providing them with concept and aims of sport recreation through information's communication.

The Important Recommendations:

- 1- Education and learning Ministry must care about spreading the concept of sport recreation for the students of preparatory stage through its administration.
- 2- Education and learning Ministry and youth Ministry must concern about sport recreation activities practicing by using its buildings, and its youth centers abilities.
- 3- Physical education teachers must be concerned about how to implement information's communication related to sport recreation.
- 4- Education and learning Ministry must be concerned about information, aims and concepts of sport recreation to be included in physical education methodology.

Abstract of the Study

Consciousness of sport recreation for physical education teachers and preparatory stage students in Cairo Governorate.

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To Fulfill the Requirements of Philosophy Doctor Degree in Physical Education from Helwan University, 2001.

The study aims to know the consciousness of sport recreation for physical education teachers and preparatory stage students in Cairo through a frame works which determined by each of concept and aims of sport recreation, and information's communication related to sport recreation between them.

The researcher used survey method. He have made a questionnaire application from his own design Sample study was 78 teacher and 1250 student, and the important conclusion: Physical education teachers have consciousness of sport recreation as a result of their understanding of concept and aims of sport recreation and provide the students of preparatory school with information related to sport recreation and that from teacher point of view, and preparatory students have no consciousness of sport recreation as a result of not providing them with concept and aims of sport recreation through information's communication.

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**Consciousness of Sport Recreation for Physical
Education Teachers and Preparatory
Stage Students in Cairo
Governorate**

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