

**Questionnaire form :-**

The researches designed two questionnaire forms in order to explore the following

- 1- Evaluate the recreation programs existing in Egypt.
- 2- Define types of preferable activities for tourists who speak either Arabic or English language
- 3- Define available capabilities in the touristic villages
- 4- Define the role of media (T.V-Radio- newspapers) in spreading recreation programs in Egypt.
- 5- Design recreation programs in Egypt.

**Extracts**

I) recreation activities preferred by speak Arabic language : -

- Diving
- Recreation games for children
- Swimming
- Recreation games for youth
- Handball
- Squash
- Recreation games for adults

II) recreation activities preferred by tourists speak English language :-

- Diving
- Fishing by boats
- Recreation games for children
- Recreation games for youth
- Recreation games for adults
- Fishing on coast
- Boating
- Relaxing on shore
- Squash
- Billiardo
- Ping-pong
- Water-bicycles
- Running

**III) Human Resources**

- lack of human resources qualified to work in the field of recreation games in the touristic villages
- lack of recreation authorities responsible for recreation games in the touristic villages
- lack of encouragement provided to tourists to take part in recreation and sport competitions
- lack of help given by management to organize sport competition
- lack of experimentation of competitions before application on tourists
- lack of organization of playgrounds before the beginning of recreation activities

**IV) physical equipment:-**

- lack of number of balls differ in shapes and size in touristic villages
- lack of sport buldings in touristic villages and gathering all activities inside one hall.
- lack of playgrounds for practicing football
- lack of playgrounds for practicing vollyball
- lack of playgrounds for practicing hand ball

**V) role of media :-**

- lack of media services regarding international sport competitions held in Egypt and encourage tourists to watch them .

- lack of media services regarding local sport competitions held in Egypt and encourage tourists to watch them .
- lack of comprehensive media plan to increase the awareness of people about sport tourism
- lack of annual media agendas for all activities used for sport tourism

**VI) Recreation sport programs offered to tourists : -**

- lack of the role of tourism encouragement authority in designing tourists recreation and sports programs .
- touristic recreation and sports programs do not match or suite tourists needs
- lack of ideal usage of weather when designing recreation and sport programs
- lack of consideration of preferable activities for tourists
- lack of increasing recreation and sport programs in touristic village .
- lack of capability of distributing programs on seasons of the years inside touristic village which suits types and needs of touristic .

**Recommendation**

**(I) Human Resources**

- provide human resources qualified to work in the field of recreation and sport tourism
- provide recreation authorities responsible for recreation games in the touristic village
- Encourage tourism to take part in recreation and sport competitions
- Organize and prepare playgrounds before the beginning of activities
- Considering special groups when organizing sport competitions

**II) physical equipment**

- provide numbers of balls differ in shapes and size in the touristic villages
- provide sports building properly in touristic villages and provide halls for practicing
- provide playground for practicing handball and football

**III) Role of media**

- provide media services regarding international and local sport competitions held in Egypt .
- Design a comprehensive media plan to increase the awareness of people about sports tourism
- Hold training courses to people work in the field of sport tourism media .

**IV) Tourists need : -**

- diving
- water-bicycles
- recreation games for children
- swimming
- recreation games for youth
- handball
- recreation games for adults
- fishing using boats
- fishing on coasts
- Boating
- Relaxing on shore
- Ping-pong

**V) organizing recreation programs**

The following recommendations must be considered when organizing recreation programs : -

- the program should include preferable activities for tourists speak arabic or english language .
- considering individual differences when applying the programs

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Sports Recreation

**Constricting Sport Recreational Activities  
Programs For Sportive Tourism  
in U.A.R.**

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## ثانيا : ملخص البحث باللغة الإنجليزية

### Summary of research in English: -

#### Introduction

The importance of widening the scope of awareness of recreation tourism for people is a direct action which must be initiated when tourism plays a vital role in raising the economic and social development in such countries rich with elements of attracts like Egypt.

The world interest must be directed to tourism industrialize because of the progress in tourism generally and recreation tourism specially, as the latter is thought to be the most important tourists attract for ARE. (Arab Republic of Egypt).

Both (Brightbill) and (Butcher) think that recreation is an optional activity during one's spare times i.e. not during one's working hours and its primary motives is sat is faction and relief.

As Egypt started to go ahead in caring about recreation tourism, it becomes then a must to design recreation programs, which participate in attracting numbers of tourists to ARE.

And this is what the ESTA called of that the tourism agencies must make us of the nature and weather especially in tourism recreation

#### Research problem and its importance :-

Developed countries have interested in recreation because they recognized that it is the best investment of spare times. There is a proportional relationship between recreation and spare times, and this became clear in the latest 19<sup>th</sup> century as working hours decreased due to development of technology which led to wordiness, melancholy, and unemployment

Moreover, Recreation tourism one of important resources of national income at present in Egypt. As this industry provides employment opportunities for a large number of youth which accordingly participates in the economic development in the country.

As there is a lack in recreation programs in Egypt inspire of the existence of an agenda made by the ministry of tourism, still they used more excitement and organization so the researcher see the importance of such topics which have a direct relation with the tourists development among which is the recreation tourism

#### Research aims

The research aims at designing programs for the recreation tourism in Egypt, through the following :-

- 1- Develop the recreation programs existing in Egypt.
- 2- Define types of preferable activities for tourists who speak either Arabic or English language.
- 3- Define available capabilities in tourists villages
- 4- Define the role of media (T.V, Radio, newspapers) in spreading recreation programs in Egypt.
- 5- Design recreation programs in Egypt.

#### Research (method)

The researcher used descriptive method because it suits nature of research which depends on description analysis of a phenomenon in order to extract data or information which is the topic of research. Tools of collecting data

As the research aims to answer questions about the problem, this is possible through collecting specific data then processing them scientifically to reach logical results. the researches used two methods of collecting data as the following :