

Summary

The modern educational policy aims at good planning the right building and the continuous developing which aims at the good preparing for the next generation .So, it is necessary to remedy physical education syllables. As the process of following the syllables helps to modify its path and redesigning it from the point of view of the present so that it can keep up with these syllables and the needs of the society in the age of science and quick change in all fields of life .

The syllables of the physical education have passed several stages during the last years .several Committees them and in spite of that they are still without revision in order to face the changes that happened in the society and continuous advance in the educational thinking which lead to the increase of challenges that the planners face, such as the increasing numbers of students within the same class. Besides the shortage of possibilities, instrument and the teachers of the physical education.

This study is entitled with a "Designing a suggested experimental course of study for the preparatory stage ".This research is Considered one of the remedial educational reasearches which interests in developing and moderizing the educational programmes according to developing and modernizing education.

The topics of the research has been defined to answer the following questions;

- 1-How many units decided to different educational years in the preparatory stage?
- 2-Is it possible to apply these units practically and teach the students the skills and in formation related to these units in spite of the great numbers of students and the modest potentialities, and the devoted time for the teacher the physical education?
- 3-what is the methodology used by teachers? How effective are they in achieving the expected results?

- 4-Does the present course include teaching social and moral values and ways of the develop and elevating such as co-operation, discipline, belonging, loyalty, etc.....
- 5- what are the used educational aids?
- 6-Does the teacher use alternative methods and instruments to avoicle the shortage in potentialities ?
- 7-Are the choosen activities cope with the students tendencie and desires (wishes) ?
- 8-Are the teachers given training courses during their work?
- 9-Are the choosen activities cope with the available potentialities?
- 10-How a course is evaluated in an objective and comprehe-nsine way?

The aims of the research:

- 1-Designing (Forming) an experimental course of study for the preparatory stage which copes with the circumstances of our present schools and faces the challenges of the twenty first century by using creative methods and styles of teaching. These styles cope with the a chieve ments of sc-the circumstan ces ience and the educational policy in the future stage and this will be throwing

The following measurements:

- a-Recognizingthe potentialities(Including- areas,instruments devices ,play grounds-wce, the places where they change their clothes, and the number of the teachers of the physical educations at school).
- b-Recognizing the different methods and styles of teaching the recent course .
- c-Recognizing the used evaluating methods.
- d-Recognizing the intramural programme .
- e-Recognizing the extramural programme.
- f-Recognizing the physical fitness programme.
- 2-forming a suggested experimental course for the physical education in the prep stage according to the previous results of evaluation.
- The second chapter has included theoritical studies and

- 7-The guide of the pupil in physical education.
- 8-The summary of the research in Arabic.
- The summary of the research in English.

the previous studies related to the research study as the study -included (11) Arabic study and (8) foreign study.
-The third chapter included the research procedures as follow :

*The researcher used the descriptive course it is suitable for this study with the experiment course to try the suggested unit.

The research sampling

The research included:

- A sample of the members of the teaching staff in the faculty of the physical education in Al haram and Gizera (18).
- A sample of the great Cairo Governorates (297).
- A sample of the teachers of the physical education in the prep schools (282).
- A sample of the students in the prep stage (400).

-Methods of collecting data :

- 1-Analysing the documents and the formal registers.
- 2-Scientific observation.
- 3-Personal interviews.
- 4-Questionnaires
- 5-Numeral evaluation card.
- 6-The visual aids.
- 7-Building the suggested experimental unit
 - The fourth chapter included presenting and explaining the results that the researcher concluded.
- The fifth chapter included the conclusion and the aims of the research.
- The research included (104) tables and the list of the Arabic references (75) and the foreign references (26).
- The following things are enclosed with the research:
 - 1-The referees list .
 - 2-The administrative procedures
 - 3-The questionnaire of physical education teachers.
 - 4-The questionnaire of the prep schools students.
 - 5-The numeral evaluation card.
 - 6-The suggested experimental unit.

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**Designing a suggested Experimental course of study
For the preparatory stage**

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pH.D. in Physical Education**

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