

Although the incubation period has not been established for pandemic H1N1 influenza A infection, it could range from one to seven days, and most likely from one to four days. (*Trifonov et al., 2009*) .

Immunocompetent patients with pandemic H1N1 influenza A virus infection are likely to be contagious from one day prior to the development of signs and symptoms until resolution of fever. Longer periods of shedding may occur in children (especially young infants), elderly adults, patients with chronic illnesses, and immunocompromised hosts. (*Yang et al., 2009*).

Infection control and social distancing measures help to limit transmission of influenza viruses. (*CDC, 2009*).
