



**Faculty of Physical Education for Boys**  
**Department of theories and applications of sports**  
**Collective and racket sport**

**PhD 2010**

**Prepared By: Ahmed Shawky Mohamed Mohamed**

**Supervision by**

**Prof. Dr. Nabil Khaleel Nada**

**Prof. Dr. Mohsen Haseeb Elsaid**

## **Abstract**

This research aims to identify the impact of method of command and self-study and the method Alhiebermedia to learn some skills of field hockey, on a sample of 60 students divided into three groups, control group of about 20 students and two experimental groups (initial 20 students) (II 20 Good) has been selected randomly from students Division I for the academic year 2009/2010 m's (177) students and the researcher used the experimental method and use the physical tests and skill and testing of high intelligence as Mean, standard deviation, median and correlation coefficients and test the "t" and analysis of variance simple test is less significant differences and reach researcher:

- 1 - success of the method of teaching self-style Alhiebermedia and commands to learn the skill jerked the ball.
- 2 - Alhiebermedia success of the method of teaching the method of self-command to learn the skill to push the ball and the skill jerked the ball flat face.
- 3 - Use Alhiebermedia method proved effective with the student about learning and increase Dafieth.