



Faculty of Physical Education for Boys
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effect of Sports Activity Program To Modify Some Aspects of Behavior Among Street Children

research within the demands to get the degree of
Philosophy Doctor In Physical Education

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- The problem of research and its importance:

The childhood is the first stage in man's life which through it big sides from his personality is being formed. This stage needs protecting and caring from nation it self. So the importance in the last years of child problem increased as it's a national and cultural affairs connected basically to future of Egyptians society and the plan of construction and development.

So the nation will all forces take care of with special categories contains homeless children as **public Egyptian charity for protecting Children (2003)** point that homeless children are energy we can benefit from it and they aren't oblique curious children but they result of poverty problem and other problems so if we plan for helping world children in general we should to take consideration that homeless children that they are slide we can benifit from their energy for the good of society and for their good. The **Philosophy of street children** depended on that contains many of problem as drugs, and shopping drugs, robbery and homeless (15 : 9).

So the homeless children suffering from many problems for example healthy physic, social and economic and others problem which led to several appearance in their life which related to their manners which characteristics as a children spend long time of their life with street as environment contains pollution, diseases and curious relation ships in physically we find that those children have worry in addition to hate towards society and nervous and their feeling of unsafely and they are excluded sinful in that society (1:35-37).

So we find dangerous manners problem for these children as lying and robbery, not loyalty and be aggressive with all the nation possessions

and non responsibility and emerging about displace as they take their manner and valuables from the around environment and this from danger on their future if they didn't have tidies from the oldest and curious which make those children timed pomp's. (6:5)

Naturally, the effect of these children is dangerous on the society as a result of their feeling of need and decrease, they appeal to avenge from every thing around them so they are in badly need to physically, socially and badly stability and help them to forget that damage times in their life as they needed their sample rights as playing and fun are the most important activities that accompanied the childhood stage. Which help child to acquire through it the ability to lead follow and cooperation with his friends in the play ground, Also he develop his mental and nervous abilities and his ability to think and develop his individual skills. That thing give responsibility on us as educational men to contribute to introduce different services that amid short aged of finding this problem by using the free time for education (52:14-15).

Many references point to importance of sports activities because it is the field which achieve the self –Already outlet for instincts.

Sports activities play an important role in which the person reach on emotional establish physic balance and cooperate with other.

So the social and be heavier rules which related to programmers of sports activities it is in reality the basic which Educators wanted in addition to the healthy and badly rules.

And because it is necessary to practicing sports activities to its benefit **Mohammed El Hamalmy (1990)** show that practicing physical educations is the basis to all and every are principle right practicing

physical education to develop mind, physical and behavior abilities and obtain to individual all potential to practice physical education activities which suitable to his hobbies and abilities according to sporting traditions prevailing in his country. (70:41)

Kamal Abd El Hamid point to the education is the process of perform, the human personality in a certain way in a certain society and in a certain time and place. We mean by perform the human personality that gain the human person groups of skills, rules, attitudes and different behavior styles which help him to communicate with social environment which growing and also helps him to the right treatment with the real environment (49:79).

Also **Esam Abd ElKhalaa (1994)** show that the physical education plays an effective role in propane the person and community which one of the way in general education and with the development of societies, the sports set up to emphasis's its role and discover the several experiences to its user (40:26).

And **Mohammed EL Hamahemy (1997)** add through scientific study that sports helps in positive effect in several side in personal asphysical, healthy, social and educational (71:62).

And **Yahya El Nakeb (1997)** points; that several agreement from the specialists in development field to the importance of sport activity to social development to the person and build his personal manner and there is a strong believe with the practicing in sport activity has positive effectives to build the personal characters which led to regular practicing to physical activity to decrease in level neurotic and worries and also help aid role medical treatment in the very depressing and also decrease in different indicators stress (7:15).

The team sport is consider field that help to build the characters and social advantages which wanted to individuals such as leading and actuality and the body activity acts social experience which affection person attitudes and values which develop a result of practicing team sports manners such as: sport spiritual, cooperation, honesty, self deny, actuality etc..

And amina kazem (2005) Also the sport forms an importance in moral education and Mental health through treat with opponent in regular wag and un loading of aggressive energy in play in straight way and that is agree with public British wisdom which says that sport build person and sport built honesty, obedience, make decision and save spiritual power to change the danger to something benefit and some persons announce that sport save them from criminal life and they have positive values and they become better citizens. (16:23)

Therefore, important rule that can the physical education come out by giving those children suitable chance for getting successful experience in sports activities with out regard ness on the individual level successful experiences in sport activities with out raggedness on the individual level successful experiences will encourage them to continue that led to giving them several positive attitudes and values to be active element to advance the society and not to be obstacle element.

And ***Elein Wadiaa Farage (1990)*** point to that playing one of social familiar phenomena through it the friend ship and brother hood between people can increase, and the sport activity teaches acceptable human relation ships player do his best to beat his rival but in social way and through practicing the sport activity we can develop the personal benefits and at the same time emphasis the necessary characteristics to

group life and most groups try to raise with its habits and ways in life (65:13).

So the researcher assistant has met the responsible people in work house in Giza and group of children after arresting them directly with the crime of homeless and notice them primary notice and asking supervisors about the natural of those children, research assistant found that those children have big energies that they move from place to place to hide from the police or to move to search for their living and also they have special behavior, they have aggressive look towards the society and which represents in unable longing and solution and there are some leaders and contrarily on their friends so the research assistant assure that these children were timing-bomb, we may hear its sound in the future, that reflects negatively on all society, so it is necessary to modify the children's behavior to become good Citizens in society, it is the society's members responsibility and special who works in scientific field to find untraditional, right solutions lead to modify the behavior of those children by indirectly way. Through knowing the different previous studies related to children from (9 : 12). he noticed that the studies which deal with homeless child in general to recognize the sides of phenomenon and its degree, its spread and characteristics of this category. All of childhood studies to discover, describe and analyze to identify the features of this phenomenon of all its sides, the research assistant find only one study in physical education.

Marwa El-Dahshory made it in (2004) handling social and psychological adaptation of those children by using social and psychological adaptation test by **Atia Hana (1965)** by carrying out originated educational sport programme, it is about agree with the studies

of **Soheer El-Mohandis (1977)** which applies on the work house children and as the test of social and psychological adaptation of Atia Hana.

And this is pay attention to the research assistant to do his search and answer the following questions?

(Do sports activities modify the behavior of homeless children and decrease aggression and control and develop self-dependence and stamp out the isolation and develop belonging ?)

- Research objectives:

The research aims to try to determine:

- 1 - I know the behavior of street children in the main measure of behavior among a sample search.
- 2 - I know the behavior of street children in the main measure of behavior after the application of the program among a sample search.
- 3 - the level of fitness I have a sample search of street children.
- 4 - the level of physical fitness in children search the streets after the application of a sample program.

- Research hypotheses:

- 1 - affects the sports program of the proposed positive effect on the main behavior (aggression - convergence - reliability - control - affiliation) among a sample search.
- 2 - affects the sports program of the proposed activity, a positive impact on the level of fitness I have a sample search of street children.

- research procedures:

- Search method:

the researcher Used by the experimental method in "one group" design and its relevance to the search terms with the nature of the measurements by a tribal program before applying to all members of the sample and then telemetric after the completion of the application of the sports program .

- Sample Search:

it was the selected intentionally of (street children) from educational houses in Giza ,young section.

(street children) were 9 to 12 years of age, the sample included (25) children

- Means of the collection data:

1 - a measure of behavior by the researcher. Facility (13)

2 - Form of the components of physical fitness tests by the researcher. Facility (16)

3 - Interview with experts and authors to work in social care institutions.

4 - personnel records of the sample.

5 - Note to members of the sample.

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Fifth: steps of the scale-building

- The researcher access to records of a sample of research and knowledge of the prevailing behavior have, in cooperation with the Cubs, head of the institution.

- access to references dealing with the Arab sample research.

- A note to know the behavior of the dominant members of the research sample.

- an expert in the field of mental health, sociology, knowledge of the prevailing view in the conduct of the research sample.

- have been a number of behavioral traits prevailing among a sample search.

- Form has been prepared Ripoll include behavioral characteristics that have been reached for a sample of research and presented to the experts to determine the most appropriate behavioral characteristics of a sample search. Facility (6)

- Determine the terms measure:

Through the references and previous studies and expert opinions and standards have a different psychological researcher (60) is associated with the selected features. Facility (7)

Words were presented to experts for their opinion on:

- appropriate to the nature of each character is represented by the behavior.

- insufficient number of words to express the characteristic behavioral represent.

- The extent and clarity of the formulation of words.

Based on the result of expert opinions and was approved under the terms of a behavioral feature of each amendment with the wording of terms that

the experts need to modify and add words that the experts need to add and delete words that expert opinion should be deleted and so I have gathered about a researcher (50) the words are the standard components of Form . This has become a feature of both behavioral (10) words only. Facility (8)

The researcher used simple language close to the vernacular in order to be suitable for a sample search.

-first representative study :

By the application of the measure in the final image on a representative sample of the research community and the strength of five children of the male sample is outside the basic research on Monday, 10/5/2008, with a view to the following:

- 1 - to determine the degree of response of children in general and in particular measure.
- 2 - Identification of the time that children spent in the response to the measure.
- 3 - language difficulties.

It is through the application of the measure on the sample extracted by the exploratory sample to understand the extent of the reconnaissance of the terms of the scale found in the answers where there are no words that can bear more than one interpretation or ambiguous in meaning and concept of transactions and therefore scientific exploratory sample.

3 –second representative study :

The exploratory study by the second sample of (5) children representative of the research community is outside the boundaries of the original sample of research in order to ascertain:

- Look at how children understand the tests and the method of performance.
- Determine the time spent in each test.
- Training of assistants on a calculation of the number of times of repetition, or the expense of time performance and to ensure the clarity of the instructions for this.

- The proposed sports program:

1 – steps the program-building:

- 1 - look at the activity plan of the sports organization and found that there was no specific plan for the absence of a specialist sports activity.
- 2 - see the references and studies in this field.
- 3 - Identification of the distinctive characteristics of the age of a sample of research and taken into account.
- 4 - Conducting interviews with experts in the field of sports physical education colleges to explore their views on the content of the program and be followed in the design.
- 5 - Preparation of a survey to solicit expert opinion on the content and the number of units weekly and the total period of the program. Facility (9)
- 6 - Based on expert opinions have been identified the program as a whole, a time of three months was also a time to determine the amount of training time (70) minutes have been identified as the appropriate number of units four times a week is the gradual mastery of the program contained an image in the final (48) Unit studying within the training subset (12) and a training module during the duration of the program, where each unit includes four training courses during the week. Facility (15)

- Statistical treatment:

Adopted by the SPSS statistical program to find the following:

- The arithmetic average.
- Standard deviation.
- Pearson correlation coefficient.
- Test - T..

-conclusions and recommendations:

-conclusions :

In light of the results of research and within the sample, which was conducted by a research scientist for the following conclusions:

- 1 - The sports program has a positive impact on the main behavior among street children in different proportions, ranging from (17.85% - 39.65%).
- 2 - the sports activity that the program has impacted positively on the level of physical fitness, where there has been an improvement in the development of the physical elements in the range of (11.07% - 34.36%)
- 3 - twice the potential of sports institution.
- 4 - lack of specialists in sports.
- 5 - the absence of any intervention programs to modify the behavior of children, including sports programs.

- Recommendations:

- 1 - need to pay attention to the existence of specialists to manage the activity and the actual practice of organized sports activity.
- 2 - the collective work of various ministries (Finance - Interior - education - social solidarity - culture - media, in addition to the National Council for Youth and Sports) for the work of intervention programs to address this phenomenon from the beginning or the work of executive intervention programs within the institutions and programs, including sports.
- 3 - One of the various sports gear and equipment and playgrounds.
- 4 - to create training courses for specialists of activities (sports, social and cultural) to deal with this category.
- 5 - the need to identify at least four days to practice sports activities in addition to other activities.
- 6 - an increase of interest in the role of the special care of this category as they are not sufficient to absorb this huge number of these children.