



**Faculty of physical education  
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**Future vision for a competitive model system cope with  
the characteristics of the growth phase "pre-puberty,"  
in the sport of soccer**

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## **Introduction:**

Football is hugely popular at the local and global level, and it has therefore all scientific endeavors and practical experience about the development of the technical level of this game and in order to achieve this level or reaching it and must learn the right way and to identify appropriate means and as requested by the game in the world.

In light of this, we have to prepare the player starting from childhood from both quantity and quality. This means qualifying him as a player with the efficiency of skill. Tactic allows him to accomplish the individual and the collective duties good so to act fast for decision-making through the different positions, during the period of the match. Here is aware of the experts that the development of talent mobility affected during childhood until the age of 12 Year-by-play. Physical activity and free of growth at this age requires an excitement motor, where the greater chance of juvenile to play more, the greater its kinetic. If we add the factor pleasure and joy that is being sent to play in the hearts of young people find that these two factors are driving the juvenile to try to work on mastering the technical skills of football including increase his mobility and also fun and delight of football.

Hence, we find that the methods of the progress of sound in different properties of football at this age affects certain in the

future of young people in terms of ability to the performance required, whether in the teaching of technical skills, which should not be isolated from learning other skills important required to develop the level of play. But it should associated with the organization of competitions as well as the way in which that person through playing football, which is where the juvenile competition as commensurate with the size of its competitions motor and physical and mental health.

The researcher believes that the stage before the age of puberty is the important time period in which the child learns the technical skills and some tactics, organization and duties of the centers and helps the child's physical and organic motor.

**Research problem:**

The recent years have shown increasing attention to the involvement of children in some programs, competitive sports, for instance, allowed many of the bodies of children age 6: 8 years, probably less than that in many contests and emulation sports such as football and the question that needs an answer:

Is it permissible for young children to compete in sports? If the answer is no, what is the appropriate age to which a child can go for competition? What are the aspects for this ?.

Ibrahim Hijazi also noted in the program of the spotlight article entitled "When the child "juvenile" entering competitive sports officially"

The researcher finds that the stage of pre-puberty intervene in the two phases of the stages of seed science, the phase of childhood, which are the two stages of growth and development, growth is a sequence of periods, aimed at one goal, the completion of maturity and duration and start preparation in this sense is not taking place suddenly, but is by stages vary from individual to another where different from each other, back and cognition in the speed of growth and development, although they follow the line.

In the opinion of the researcher, organized competitions in the age group have a significant impact in preparing the player in the future to be a global player, this should be of such events fit is codified according to the layer in the subsequent phase of the Sunni in terms of growth and physical growth and motor development tract.

Therefore, the researcher being in the same study to try to develop a framework for orderly certain basics that must be met in the competitions at the pre-puberty.

The development of the researcher to choose the pre-puberty to it an important stage in the acquisition of basic skills that need to be activity and high concentration. As the autonomic nervous system

plays a larger role in the process of mastering the skill and so are the stages of personality development and the wealth of information and the development level.

**The importance of research:**

**Scientific interest: -**

- Basis to compete in competitions held in the age before puberty in football
- This study provides a scientific database educational model of the stages before the Sunni majority in football.
- The work of the spread of the game and expand the base of practice and adequately care for the national teams to achieve an honorable centers on the international level and regional levels.
- Determine the age of juvenile as well as the nature of this competition or emulation

**Importance of application: -**

The significance lies in it:

- To cope with the policy of the Egyptian Federation for football and to reform and work to develop the game.
- Reload this competition is the current Union of Egyptian football.

**This research aims to:**

A study of some emulation systems to reach the best model system competitive commensurate with the characteristics of the growth phase "pre-puberty," in the sport of football

And leads to the best possible preparation, as the competition is an integral part of the numbers of juveniles.

**Research hypothesis:**

What is the best system of a typical competitive commensurate with the characteristics of the ages before puberty, and lead the best preparation possible?

**First: The Research Methodology:**

The researcher used the descriptive method and its relevance to the nature of the research The selection of this approach **for the following reasons:**

1. Employing the phenomenon studied (competitive model system) and through data collection and tabulation.
2. Accurate interpretation of these data and understand the relationships between them, analyze and draw conclusions and recommendations.
3. Relationship regarding the situation or phenomenon in question.

**Second: the research community and the research sample:**

Included the research community to (7) federations and international areas have been selected according to the fits with the nature of research, which performed a system competitive commensurate with the nature of the age before puberty (6-12 years) in order to implement form rules of the game suitable for kickers in football has been selected this community to determine the beginning of the age and nature of competition and are as follows: -

- FA Cup
- American Federation of Football
- Australian Federation of Football
- Canadian Federation of Football
- Region of FA Football
- Academy of shifty FA's Football
- Roulette Academy for young people of the Federation of American Football

**The research sample:**

Included a sample of this research on the ages of 7 to Sunni age of puberty before the age of (6-12 years)

**Description of the research sample:**

In the light of that have been identified ages before puberty research sample as follows: -

1. The age group of 6: 8 years

B - The age group of 9:10 years

C - The age group of 11:12 years old

**Reasons for selecting the research sample:**

1. To determine the beginning of the age and nature of competition to the age before puberty.
2. To develop a model system of competition commensurate with the nature of the stage before the age of puberty.

**Application of the questionnaire:**

The researcher distributed the questionnaire to the experts themselves in order from the sincerity of their response during the filling in the questionnaire and for the following reasons:

- Verify the correctness and veracity of data made by experts and to identify attitudes and achieve their own personal opinions direct confrontation back guarantee vulnerability views of others in the absence of the researcher.
- A researcher in the course of filling the forms can convince the experts of the importance of research and convince them to cooperate with him because of the importance of research for this research and to explain some ambiguities that may arise.



- A researcher at the course is full of tests that can overcome situations of indifference and boredom that may dominate the experts.
- The possibility of recourse to experts and meet the missing data that may occur and verify the data if so requested.

Accordingly, the researcher applied the questionnaire to a sample of the research phase before the age of puberty.

### **Dump the data:**

After the completion of the application of the questionnaire, the researcher reviewed these forms to verify the data and the exclusion of forms that had not been completed or which shows the counting accuracy in the answer.

The researcher has used in the computerized data collection has been the work of statistical analysis of these data for access to information on the Form and opinion.

After the inventory data and to give its opinion on the form shows the researcher that there is agreement among experts in the selection of phrases by 50%.

(Festivals) and that for the age group under 9 years old as well as setting out the agreement among experts in the selection of phrases by 40% (competitive) - 40%

(Festivals) and that for the age group under 10 years. In respect of the first form of identification form for the beginning of the age

and nature of competition , So, a special form, the work of the researcher to explore the experts for the form, the first form, which mark the beginning of enactment of the nature of competition in order to poll on the axes to age 9.10 years, which has been agreed by the experts of the two ferries

(For ) (Festivals) for the age group under 9 years

For the (competitive), (festivals) for the age group under 10 **years:**

### **Conclusions:**

1. There is statistically significant in the age of 6: 8 years to determine the rules of emulation in the direction of the sample towards the use of the English system for (the stadium - the dimensions of the step - the box - the goal area - infiltration - the ball - the number of players - Tools players - government - for the game - the ball inside and outside the stadium - Tools to play - the way of registration - the penalty - the errors and bad behavior - Goal strike - strike the corner - the cup).
2. There is statistically significant in the age of 6: 8 years to determine the rules of emulation in the direction of the sample towards the use of the system Everton Academy (with the center circle - timer - hit the start and stop the game - the corner flag).

3. There is statistically significant in the age of 6: 8 years to determine the rules of emulation in the direction of the sample towards the use of the system for Ottawa (Relays - strike free).
4. There is statistically significant in the age of 6: 8 years to determine the rules of emulation in the direction of the sample towards the use of the U.S. system of the Union (blow seek - seek the step).
5. There is statistically significant in the age of 6: 8 years to determine the rules of emulation in the direction of the sample towards the use of Academy of shifty system (the timing of competitions supplementary materials).
6. There is statistically significant in the age of 9:10 years to determine the rules of emulation in the direction of the sample towards the use of the system of FA for (pitch - the dimensions of the step- the goal - the penalty area - the goal area - infiltration - the number of players - Tools players - government - timer - blow start and stop the game - the ball inside and outside the stadium - the method of registration - the penalty - the errors and misconduct - Goal strike - strike seek - throw-in)

## **Recommendations**

In the light of the results seen in the light of the research:

1. Need to use the form to identify the appropriate rules of the game to compete for the age group of 7 : 8 years in football.
2. Need to use the form to identify the appropriate rules of the game to compete for the age group of 9:10 years in football.
3. Need to use the form to identify the appropriate rules of the game to compete for the age group of 11:12 years in football.
4. Benefit from the application of the "competitive model system commensurate with the characteristics of the growth phase and before puberty in football," to conform with the policy of the Union of the Egyptian Football Association to reform and develop the game.
5. Benefit from the application of the "competitive model system commensurate with the characteristics of the growth phase and before puberty in football" in the areas of football, which is organizing competitions of the Federation of Egyptian football .