



## SUMMARY

### Introduction:-

Physical aggression and destruction of property are among the most severe and frightening behaviors, which occur in the treatment settings, as well as in the home. Violence is often directed at family members, friends, and acquaintances and may result in physical injuries. When violence occurs in treatment settings, professionals or other clients are often victims. Aggression affects every person in the environment in which it occurs. A violent client may be injured directly from aggressive behavior or during a restraining procedure. Other clients and staff members may be purposefully or accidentally injured. Study show that nurses are threatened, verbally abused, and physically assaulted at higher rates than other professionals. psychiatric nurses are at the highest risk of violence compared with other hospital nurses. Out-of-control behavior frightens every one, and violence disrupts the unite or home environment

The importance of attitude in relation to the evaluation of aggression by saying that the staffs general attitude toward aggression and violence is a key element in it's successful management attitude toward an object can vary from person to person .the person pushing his way to the front of the queue may be seen as aggressive .



### **AIM OF THE STUDY:-**

The aim of the present study was to Identify attitude of psychiatric Nurses toward aggressive patients in psychiatric Hospital.

### **Subject and Methods:-**

The study was done at the Psychiatric Mental Health Hospital in Benha City , which is affiliated to the Ministry of Health. it has 6 departments ( 5 male & 1 female ),with a capacity of 277 beds and the total numbers of the patient are 224 pts (59 female and 175 male).

The sample of the study included nurses ( 42 female nurses and 58 male nurses) at Psychiatric Mental Health Hospital in Benha City. The total number of the nurses was (100 ).

### **To collect data of the study the following tools were used:-**

**A-An interview questionnaire** was adopted by the researcher.

The interviewing questionnaire consisted of:-

1. Socio-demographic data sheet about psychiatric nurses to describe age, sex and marital status.
2. Professional data to describe site of work, working experience, educational level, attendance any training in managing aggression and causes of not attending any training in managing aggression.

**B- Structured interview questionnaire Attitude Toward Aggression Scale (ATAS)"** the attitude toward aggression scale(ATAS ) This tool will developed by (Finnema et al., 1994). The instrument used to measure attitude toward aggression consisting of 32 item is presenting and representing three types of attitude toward aggression: Aggression as harming reaction , normal and functional reaction. every statements was



given likert-type scale ranging from strongly agree (value five) to strongly disagree (value one).factor analysis carried out on the answer of the first research question " What is the attitude of nurses towards inpatient aggression? " produced three attitudes toward aggression . aggression was labeled as a harming reaction, normal and functional reaction. The harming reaction represented the violent and intrusive physical dimension of the concept which was evaluated as un acceptable manifestation of aggression. Aggression as a basic human feelings and behavior is reflected in the attitude toward aggression as a normal reaction. The third attitude was called functional reaction because the items in the scale described aggression as a feeling expressed by patients to meet a particular need.

The scoring system for the attitude toward aggression was (1, 2, 3, 4and 5)for: strongly disagree ,disagree, slightly disagree, agree and strongly agree respectively.

**The finding of the study can be summarized in the following:-**

According to Socio-demographic characteristics of the nurses, the finding pointed out that the majority of them were under 20 years old and more than half of them were married.

According to Professional data of the nurses, the finding revealed that the majority of them on the position on the work were nurses and regarding to nursing qualification the majority of them having Diploma in nursing. How ever more than half of them did not attend training courses.



Concerning the nurse's attitudes toward aggression. The highest percentage of them gives their opinions that aggression is harming reaction. And the lowest percentage of them gives their opinions that aggression is functional reaction.

Considering the relation ship between socio demographic data and attitude toward aggression revealed that the female nurses was obtain a high mean score related to harming reaction.

Considering the relation ship between qualification and attitude toward aggression it was found that the diploma in health nursing obtain a high mean score related to harming reaction .

Considering correlation between age and years of experiences in psychiatric nursing field and attitude toward aggression it was found that there is appositive correlation between age and harming reaction and normal reaction and there is negative correlation between years of experiences and normal, functional reaction

**As results of this study the following recommendation were formulated:-**

- Regular in-service training program to provide the psychiatric nurses up to date necessary knowledge and practice about controlling and management of the aggressive patient behavior in psychiatric field.
- Conduct workshops and seminars to help the nurses in refreshing their knowledge, and to discuss their daily faced problem
- Provide clinical supervisor with an expert in the management of the in patient aggression.