## **Contents**

Introduction	1
Aim of The Study	5
Research hypotheses	6
Review of Literature	7
Chapter (I): Ovarian Cancer	7
Chapter (II): Chemotherapy	21
Chapter (III): Side Effects of chemotherapy	34
Chapter (IV): Nursing guideline for reliving side effects of	41
chemotherapy	
Materials and methods	49
Results	58
Discussion	86
Conclusion	98
Recommendations	99
Summary	100
References	104
Appendix	
Arabic Summary	1-3

## **LIST OF TABLES**

Table No.	Item	Page
Table No. (1)	Socio demographic data of studied patients	58
Table No. (2)	Medical data related to studied patients at pre -	59
	intervention, immediate post intervention and three	
	months after.	
Table No. (3)	obstetric history of studied patients	60
Table No. (4)	Distribution of studied patients by total knowledge	61
Table No. (5)	Patients 'knowledge about ovarian cancer and	62
	chemotherapy treatment	
Table No. (6)	Distribution of studied sample regarding the	63
	effect of chemotherapy on patients life	
Table No. (7)	Distribution of studied patients by total practices score	70
	as reported by patients	
Table No. (8)	Distribution of studied patients by total scale score	71
Table No. (9)	Practices as reported by patients regarding	72
	management of chemotherapy side effects.	
<b>Table No. (10)</b>	Distribution of studied patients regarding nausea at	73
	pre intervention, immediate post intervention and	
	after three months	
Table No. (11)	Distribution of studied patients regarding vomiting at	74
	pre intervention ,immediate post intervention and	
	after three months	

Table No.	Item	Page
Table No. (12)	Distribution of studied patients regarding diarrhea	75
	at pre intervention ,immediate post intervention	
	and after three months	
Table No. (13)	Distribution of studied patients regarding alopecia	76
	at pre intervention ,immediate post intervention	
	and after three months	
Table No. (14)	Distribution of studied patients regarding	77
	mucostits at pre intervention, immediate post	
	intervention and after three months	
<b>Table No. (15)</b>	Distribution of studied patients regarding fatigue	78
	at pre intervention ,immediate post intervention	
	and after three months	
<b>Table No.</b> (16)	Distribution of patient total knowledge scores in	79
	relation to their socio demographic characteristics	
<b>Table No.</b> (17)	Distribution of studied sample total practice score	81
	in relation to their socio demographic data	
Table No. (18)	Distribution of studied women total scale scores in	83
	relation to their socio demographic data	
Table No. (19)	Correlation between total practices as reported by	85
	patients and total knowledge and total scale score	
	immediate after intervention.	

## **LIST OF figures**

Figure No.	Item	Page		
Figures of Review				
Fig No. (1)	Female reproductive system	7		
Fig No. (2)	structure of an ovary	9		
Fig No. (3)	Human ovary showing various stages of egg	10		
	development			
Fig No. (4)	cancer of the left ovary	11		
Figures of Results				
Fig No. (1)	Distribution of nausea among studied sample	64		
	during six cycle of chemotherapy treatment			
Fig No. (2)	Distribution of vomiting among studied sample	65		
	during six cycle of chemotherapy treatment			
Fig No. (3)	Distribution of diarrhea among studied sample	66		
11g 110. (3)	during six cycle of chemotherapy treatment	00		
Eig No. (4)		67		
Fig No. (4)	Distribution of alopecia among studied sample	67		
	during six cycle of chemotherapy treatment			
Fig No. (5)	Distribution of mucostits among studied sample	68		
	during six cycle of chemotherapy treatment			
Fig No. (6)	Distribution of fatigue among studied sample	69		
	during six cycle of chemotherapy treatment			