



INTRODUCTION

Health Promotion is the provision of information and/or education to individuals, families, and communities that-encourage family unity, community commitment, and traditional spirituality, that make positive contributions to their health status, (*Clark, 2008*). According to the (*World Health Organization, 2005*) health promotion is the process of enabling people to increase control over, and to improve their health

Preschoolers is often used to describe the child from 3 to 5 years of age, during this time the child's rate of growth slows compared with the growth rate during toddlerhood, but preschool child has endless energy to explore the world, and test new skills which expose the child to the risk of injuries also inquisitive nature and expanding motor and developmental abilities combine to increase the risk. So, parents should be alert about child safety and prevention of accidents, (*Bowden, 2010*).

Child accidents are considered as a serious health problem in most countries where accidents form the greatest cause of death of children. Although accidents represent a danger but it can be prevented. Keeping children safe is an important part of keeping them healthy, (*Maurer, 2009*).

In fact accidents are much more likely to occur in a home environment as children look for stimulation in appropriate ways such as playing with in appropriate equipment. A stimulating and exciting environment where children are active and challenged to use new skills, will promote safety if it is well designed, maintained and well supervised, (*Mathews, 2004*).



Accidental injuries in childhood are common that, sadly, we accept it as an inevitable and unavoidable part of growing up. There is much precautions that can be done to prevent more serious injury if mothers are aware of the links between accidental injury and a child's physical, intellectual and emotional development, (*Beegum, 2008*).

First Aid is defined as the immediate care given to the person who has been injured It is performed immediately and in some cases action should be taken in less than aminute to safe life. Providing first aid includes identifying knowledge and skills needed to maintain life and well-being until help arrive or reach to medical service, (*Carline, 2004*).

Most childhood mortality and hospitalization is related to injuries. Therefore, it is important for the community health nurse to integrate injury prevention strategies and provide health teaching for parents to ensure safety for children because they are constantly challenged to maintain safe environment as the child grows older, reaches more advanced developmental levels, exposed to a widening world outside the family and has less supervision, (*Ball, 2008*).

The community health nurse has the responsibility to ensure that people know how to prevent accidents, use safety measures and what to do when an accident occur. When home visiting done accidental hazards will be identified and advice given to correct them, also the dangers to young children will be pointed out, mothers and fathers will be informed of their responsibility to make their home a safe place and to teach their children how to live safely in the environment, (*Abd El-Aty,2005*).



Significance of the study:

Every year, about two million children, about one in five, are seen at hospital in accident and emergency units after suffering an injury. Around 250 children die each year as the result of accidents, these give an indication of how parents, carers and practitioners have a great challenge in trying to keep children safe, (*Capt, 2010*).

In Egypt, the overall prevalence of injuries in indoor home environment was 72.5% among children below 5 years, preschool children constitute 14.22% from all population , (*Abd El-Aty, 2005*).