

---

## REFERENCES

**Abas, M. L., Mbengeranwa, I., Chagwedera, P., Maramba, J. & Broadhead.L. (2003):** “Primary care services for depression in Harare,Zimbabwe.”*Harvard Review of Psychiatry* 11 (3), 157–65.

**Abd Eldaym,S.M.(1982):** A study to determine the attitudes towards mental illness among nurses working in general and psychiatric hospital. *Nursing Research, Alexandria University*,p.p.54-60.

**Abdel Aziz, A. (2005):** "Nursing intervention protocol for nurses working with depressed patients", Ain Shams university, Faculty of Nursing, Doctorate in Nursing Sciences Degree.

**Allan,E.A.(2005):** Knowledge workers need better management,.Website:[www.cioinsight.com/article2/0,1540,1846780,00.asp](http://www.cioinsight.com/article2/0,1540,1846780,00.asp) - 94k

**American Psychiatric Association (2000):** Diagnostic and Statistical Manual of Mental Disorders (4th edn, text revision) (DSM–IV–TR). Washington, DC: APA.

**American Psychiatric Nurses Association(APNA)&International Society of Psychiatric–Mental Health Nurses (ISPN).(2007):** Psychiatric–mental health nursing: Scope and standards of Practice. Silver Spring ,MD: Author.

**Anbuvelan,K. (2007):** Principles of management, (1<sup>st</sup> ed).USA, Wads Worth, pp. 306-308.

- Angermeyer, M. & Dietrich, S. (2006):** Public beliefs about and attitudes towards people with mental illness: A review of population studies. *Acta Psychiatrica Scand*, 113, 163-179.
- Angermeyer, M., Holzinger, A. & Matschinger, H. (2009):** Mental health literacy and attitude towards people with mental illness, a trend analysis based on population surveys in the eastern part of German. doi:10.1016/j.eorpsy.2008.06.010.
- Angermeyer, M.C. & Matschinger, H. (2003):** The stigma of mental illness: Effects of labeling on public attitudes towards people with mental disorder. *Acta Psychiatry Scand*, **108**(4), 304-9.
- Angermeyer, M.C., & Matschinger, H. (2005):** Causal beliefs and attitudes to people with schizophrenia: Trend analysis based on data from two population surveys in Germany. *British Journal of Psychiatry*, 186(4), 331–334.
- Angermeyer, M.C., Beck, M., & Matschinger, H. (2003):** Determinants of the public's preference for social distance from people with schizophrenia. *Canadian Journal of Psychiatry*, 48(10), 663–668
- Aromaa, E., Tolver, A., Tuulari, J. & Wahlbeck, K. (2009):** Attitudes towards people with mental disorders: The psychometric characteristics of a Finnish questionnaire. *Soc Psychiatric Epidemiology*.
- Basavanthappa, B.T. (2007):** Psychiatric mental health nursing, (1<sup>st</sup> ed): New Delhi ,Jaypee Brothers Medical Publishers Ltd., p.p.1-7.

- Baumann, S.E. (2007):** Primary health care psychiatry: a practical guide for Southern Africa .(1<sup>st</sup> ed). Cap.Town. Juta &Coltd : p.720.
- Beck,J.S .(2008):** "Questions and answers about cognitive therapy". about cognitive therapy. Beck Institute for Cognitive Therapy and Research, p.p: 11-21.
- Bener,A. & Ghuloum .S. (2011):** Ethnic differences in the knowledge , attitude and beliefs towards mental illness in a Traditional Fast Developing Country. Psychiatric Danubina,23 ( 2),157-164.
- Berg, A, & Hallberg, I.R. (2010):** "Psychiatric nurses' lived experiences of working with inpatient care on a general team psychiatric ward." Journal of Psychiatric & Mental Health Nursing; 7(4),323-333. CINAHL with Full Text. EBSCO. Web. 7 Dec. 2010.
- Björkman, T., Angerman, T., & Jönsson, M. (2008):** Attitudes towards people with mental illness: a cross-sectional study among nursing staff in psychiatric and somatic care. Scandinavian Journal of Caring Sciences, 22, 170–177.
- Boyd, A. M. (2008):** Psychiatric nursing : Contemporary practice, (4<sup>th</sup> ed). Philadelphia: Lippincott. Williams and Wilkins. p.15.
- Boyd, M., & Nihart, M. (2005):** Psychiatric nursing- contemporary practice. Philadelphia: Lippincott, Williams and Wilkins. pp.774-779.
- Buchanan, A.,& Bhugra, D.(1992):** Attitude of the medical profession to psychiatry. Acta Scand,85,1-5.

- Butler, A.C., Chapman, J.E., Forman, E.M., & Beck, A. (January 2006):** "The empirical status of cognitive-behavioral therapy: A review of meta-analyses". Clin Psychol Rev, 26 (1), 17–31.
- Byrne, P. (2000):** Stigma of mental illness and ways of diminishing it. Advances in Psychiatric Treatment, 6, 65-72.
- Byrne, P. (2003):** Psychiatry and the media. Advances in Psychiatric Treatment, Vol. 9, pp. 135–143. Available at: <http://apt.rcpsych.org/cgi/content/full/9/2/135>
- California Association of Mental Health Patients Rights.(2009):**Rights advocates. Chapter, 9 - patients rights, available at: <http://camhpra.org>.
- Centre for Addiction and Mental Health (2001):** Talking about mental illness: A guide for developing an awareness program for youth. Canada.
- Chamberlin, J. (2005):** User/consumer involvement in mental health service delivery. Epidemiological e Psychiatric Sociale; 14:10–14.
- Chapman, D.P., Perry, G.S., & Strine, T.W (2006):** The vital link between chronic disease & depressive disorders, Prev. chronic Dis, 3(2),33.
- Cooper, A.E., Corrigan, P.W., & Watson, A.C. (2003):** Mental illness stigma and care seeking. Journal of Nervous and Mental Disease,191,339-341.

**Corrigan , P.W., Markowitz, F.E., & Watson, A.C. (2004):** Structural levels of mental illness stigma and discrimination. *Schizophrenia Bull*; 30, 481-91.

**Corrigan, P. W., Kerr, A., & Knudsen, L. (2005):** The stigma of mental illness: Explanatory models and methods for change. *Applied and Preventative Psychology*.11 (3), 179-190.

**Corrigan, P.W. (2004):** Target-specific stigma change: a strategy for impacting mental illness stigma. *Psychiatric Rehabilitation Journal*, 28:113

**Corrigan, P.W., & O'Shaughnessy, J.R. (2007):** Changing mental illness stigma as it exists in the real world. *Australian Psychologist*, 42(2), 90-97.

**Corrigan, P.W., & Watson, A. C. (2004):** At issue: Stop the stigma: Call mental illness a brain disease. *Schizophrenia Bulletin*, 30, 477–479. Available at: [www.mhafc.org/stigma.htm](http://www.mhafc.org/stigma.htm). Accessed 27-3-2011.

**Corrigan, P.W., Watson, A.C., & Barr, L. (2006):** The self–stigma of mental illness: Implications for self–esteem and self–efficacy. *Journal of Social and Clinical Psychology*, 25, 875–884.

**Corrol, W., Bhojwans, D., and Min, D. (2005):** Pediatrics acute lymphoblast leukemia, hematology AM. Soc Hematology Edu. Program, pp.102-31.

**Cox, F.D. (2009):** Human Intimacy; marriage ,the family and its meaning. Research Update, (10<sup>th</sup> ed), USA, Wads Worth, pp.211-212.

**Crisp, A. (2004):** Every Family in the Land: Understanding Prejudice and Discrimination Against People with Mental Illness. London, Royal Society of Medicine Press.

**Crisp, A., Cowan, L., & Hart, D. (2004):** The College's anti stigma campaign, a shortened version of the concluding report. *Psychiatric Bulletin*, 28, 133–136.

**Cuevas, C.D., & Sanz, E.G. (2007):** Attitudes toward psychiatric drug treatment: The experience of being treated. *Euro Journal Clinical Pharmacological*, 16(63), 1063-1067.

**Dahlberg, M., Waern, M., & Runeson, B. (2008):** Mental health literacy and attitudes in a Swedish community sample: investigating the role of personal experience of mental health care. *BMC Public Health*

**Dawodu, S.T. (2009):** Traumatic Brain Injury (IBI) - Definition, Epidemiology, Pathophysiology. Retrieved from <http://emedicine.medscape.com/article/326510-overview>.

**Deegan, P.E. (2007,Sept):** Healing from self-stigma. ADS Teleconference Training. Retrieved September 26, 2007 from: <http://www.stopstigma.samhsa.gov/teleconference09262007.htm>.

**Deribew, A. (2005):** Assessment of knowledge ,attitude and practice of nursing staff towards mental health problems in Jimma Zone ,South Western Ethiopia. *Ethiopia J Health Sci* , 15(2), 200-208.

**Dietrich, S., Beck, M., Bujantugs, B., Kenzine, D., Matschinger, H., & Angermeyer, M.C. (2004):** The relationship between public causal

beliefs and social distance toward mentally ill people. Australian and New Zealand Journal of Psychiatry, 38(5), 348–354.

**Dowman, J., Patel, A., & Rajput, K. (2005):** Electroconvulsive therapy attitudes and misconceptions. Journal of ECT, 21, 84-87.

**Dziopa, F., & Ahern, K. (2009):** “What makes a quality therapeutic relationship in psychiatric/mental health nursing: A review of the research literature.” Internet Journal of Advanced Nursing Practice, 10.1 1-19. CINAHL with Full Text. EBSCO. Web. 12 Nov. 2010.

**Eby, L. & Brown, N. (2009):** Mental health nursing care. (2<sup>nd</sup> ed), New Jersey, Upper Saddle River, p. 3.

**Esterberg, M., Compton, T.M., Mcgee, R., Smith, R., & Hochman, K. (2008).** Knowledge about schizophrenia and social distance toward individuals with schizophrenia: A survey among predominantly low-income, urban, African American community members. Journal of Psychiatric Practice, 14, 86–93.

**Everett, B. (2006):** The hidden killer: Background paper Stigma Workshop prepared for the Mood Disorders Society of Canada. Available at : [http:// www. Mood disorders Canada. ca/ Stigma/ stigma\\_hiddenkiller\\_present.htm](http://www.MooddisordersCanada.ca/Stigma/stigma_hiddenkiller_present.htm)

**Ewhrudjakpor, C. (2009):** Knowledge, beliefs and attitudes of health care providers toward the mentally ill in Delta State, Nigeria, 3(1), 19-25.

- Fadlalla, A.H. (2005):*** Modest women, deceptive jinn: identity, attrity, and disease in Eastern Sudan. *Identities: Global Studies in Culture and Power*,12 (6), 143-147.
- Fontaine, K.L. (2009):*** Mental health nursing. (6<sup>th</sup> ed), New Jersey: Pearson Education Inc, Upper Saddler River, pp. 215-216.
- Fortinash, K.M. (2008):*** Psychiatric-mental health nursing, (4<sup>th</sup> ed),Canada: Elsevier Mosby, pp. 30-66.
- Fortinash, K.M., & Worret, H. (2008):*** Psychiatric-mental health nursing, (4<sup>th</sup> ed) California, Elsevier, pp. 1-12.
- Francis ,C., Pirkis, J., Dunt, D., Blood, R.W. & Davis, C. (2002):*** Improving mental health literacy: Review of the literature. Melbourne: Centre for Health Program Evaluation, University of Melbourne.
- Frank, R. G., Howard, H. G., & McGuire, T.G. (2009):*** Trends in mental health cost growth: An expanded role for management. *Health Affairs*, 28(3), 649-659
- Fredholm, L. "Ivan Petrovich Pavlov (1849-1936)."(2007):*** Nobelprize.org. Nobel Foundation. Available at: <[http:/ noble prize.org/educational games/medicine /pavlov/readmore.html](http://nobleprize.org/educational/games/medicine/pavlov/readmore.html)>
- Friedman, S.J., & Meyers, B.S. (March, 2001):***Perceived stigma as a predictor of treatment discontinuation in young and older outpatients with depression. *The American Journal of Psychiatry*, 158(3), 479-481.



- Fung, M.T.K., Tsang ,W. H. H., & Corrigan, W.P. (2008):** Self-stigma of people with schizophrenia as predictor of their adherence to psychosocial treatment. *Psychiatric Rehabilitation Journal*, 32, 95–104.
- Funnel,R.,Koutoukidis,G.,&Lawrence,K.(2009):** Nursing Care Theory and Practice ,(5th ed). Elsevier Inc, P.860.
- Gaebel, W., Zäske, H., Baumann, A.E., Klosterkötter, J., Maier, W., Decker, P., & Möller, H. (2008):** Evaluation of the German WPA “Program against stigma and discrimination because of schizophrenia — Open the doors”: Results from representative telephone surveys before and after three years of anti stigma interventions. *Schizophrenia Research*, 98, 184-193.
- Gajski, A., & Karlvoic, D. (2008):** Assessment of nurses attitude on psychiatric patient compliance with pharmacotherapy. Professional paper, *Acta Clin Croat*, 47, 149-153.
- Gale Encyclopedia of Mental Health. (2007):** Nutrition and mental health. Thomson Gale Publisher. Retrieved from: [http://WWW.gale.cengage.com/pdf/samples/sp\\_429878.pdf](http://WWW.gale.cengage.com/pdf/samples/sp_429878.pdf).
- Gale, F. (2006):** Children’s and parents’/carers’ perceptions of mental health and stigma. Unpublished PhD thesis, University of Leicester
- Gamma, A., Angst, J., Ajdacic, V., Eich, D., & Rössler, W. (March 2007):** "The spectra of neurasthenia and depression: Course, stability and transitions". *Euro Arch Psychiatry Clin Neuro sci* ,257 (2), 120–7.

- Gary, F. A. (2005b):** From the guest editor — Research on the stigma of mental illness among ethnic minority populations in the United States. *Issues in Mental Health Nursing*, 26, 971–977.
- Gary, F.A. (2005a): *Stigma*:** Barrier to mental health care among ethnic minorities. *Issues in Mental Health Nursing*, 26, 979–999.
- Gazdag, G., Kocsis, N., Tolna, J., & Lipcsey, A. (2005):** Attitudes toward electroconvulsive therapy among Hungarian psychiatrists. *Journal of ECT*, 21, 204-207
- Gazzaniga, M.S., & Heatherton, T.F. (2006).** *Psychological science*. New York: W.W. Norton & Company, Inc.
- Gelder, M. (2004):** The Stigma toward people suffering from mental illness. *British Journal Psych*, 66, 55-70.
- Ghaemi, S.N. (2006):** Paradigms of psychiatry: Eclecticism and its discontents. *Curr Opin Psychiatry*, 19(6), 619-624.
- Goar, C. (Monday, Oct 15, 2007):** Mental illness in the workplace. *The Toronto Star*.
- Gould, M., Greenberg, N., & Hetherton, J. (2007):** Stigma and the military: Evaluation of a PTSD psycho educational program. *Journal of Traumatic Stress*, 20(4), 505-515.
- Griffiths, K.M, Christensen.H. & Jorm.A.F. (2009):** Mental health literacy as a function of remoteness of residence: an Australian national study.doi:10.//186//471-2458-9-92.

- Hani, H.D & Tamer, M.H. (2009):** Beliefs about mental illness among university student in Egypt, Europe's Journal of Psychology. [www.ejop.org](http://www.ejop.org)
- Hansson, L., Jormfeldt, H. ,Svedberg, P. & Svensson, B. (2011):** Mental health professional's attitude toward people with mental illness :Do they differ from attitudes held by people with mental illness. International Journal of Social Psychiatry, 1-7.
- Harfush, S.A .(2011):**Nurse's Knowledge and attitudes about mental illness in mental health and general hospitals in Tanta. Nursing Research, 57-60.
- Hill, s. (2009):** The experience of subjective and objective burden among caregivers. Nursing Research, 2, 311-315.
- Hinshaw, S.P. (2005):** The stigmatization of mental illness in child and parents: Developmental issues, family concerns, and research needs. Journal of Child Psychology and Psychiatry, 46(7), 714–734
- Hocking, B. (2003):** Reducing mental illness stigma and discrimination: Everybody's business. Medical Journal of Australia, 178(9):47-48.
- Horton, R. ( 2007):** Launching a new movement for mental health. Lancet,370 (9590), 806.
- Hugo, C.J., Boshoff, D.E.L., Traut, N.Z., & Stein, D.J. ( 2003):** Community attitudes towards and knowledge of mental illness in South Africa. MRC unit on Anxiety Disorders, University of Stellenbosch: South Africa. doi:10.1007/s00127-003-0695-3.

***Institutes of Medicine. (2006):*** Improving the quality of health care for mental and substance use conditions. Washington, DC:National Academies Press.

***Jansen ,G.J., Middel, B., Dassen, Theo, W.N., & Reijneveld, M.S. (2006):*** Cross –cultural differences in psychiatric nurses' attitudes to inpatient aggression. *Archives of Psychiatric Nursing* , 20(2),82-93.

***Jorm, A.F., Mackinnon, A., Christensen, H. & Griffiths, K.M. (2005):*** Structure of beliefs about helpfulness of interventions for depression and schizophrenia: results from a national survey of the Australian public. *Soc Psychiatry Psychiatric Epidemiology*, 40:877-883.

***Jormfeldt, H. (2006):*** Attitudes towards health among patients and staff in mental health services: A comparison of the rating of importance of different items of health. *Soc. Psychiatry Epidemiol* .

***Jorn, A.F., Jacomb, A.E, Korten ,A.E., ( 1997):*** Mental health literacy: A survey of the public's ability to recognize mental disorders and their beliefs about the effectiveness of treatment. *Medical Journal of Australia*, 166: 182-186.

***Kabir, M., Iliyasu, Z., Abubakar, I.S., & Aliyu, M.H. (2004):*** Perception and beliefs about mental illness among adults in Karfi village, Northern Nigeria. *BMC International Health and Human Rights*, 4:3.

***Kanter .L. (2008):***Understanding the needs of the significant others with mental illness. *Journal of Psychosocial Nursing* ,31(9), 210-215.

- Kapungwe, A., Cooper, S., Mayeya, J., Mwanza, J., Mwape, L., Sikwese, A., & Lund, C. (2011):** Attitudes of primary health care providers towards people with mental illness: Evidence from two districts in Zambia. *African Journal of Psychiatry*, 14, 290-297.
- Karch, A.M. (2009):** Lippincott's nursing drug guide (3<sup>rd</sup>ed). Philadelphia, PA: Lippincott's Williams & Wilkins, p.123.
- Karim, S., Saeed, K., Rana, M.H., Mubhashar, M.H., & Jenkins, R. (2004):** Pakistan mental health country profile. *Int Rev Psychiatry*, 16, 83-92.
- Kingdon, D., Kinoshita, Y., & Naeem, F., (2007):** Schizophrenia can and should be renamed. *British Medical Journal* 334, 221–222.
- Kingdon, D., Vincent, S., Vincent, S., Kinoshita, Y., & Turkington, D., (2008):** Destigmatizing schizophrenia: Does changing terminology reduce negative attitudes. *Psychiatric Bulletin*, 32, 419–422.
- Kitchener, B.A. & Jorm, A.F. (2002):** Mental health first aid training for the public: Evaluation of effects on knowledge, attitudes and helping behavior. *BMC Psychiatry*, 2(10), 1471-244x/2/10.
- Kneisl, C.R., & Trigoboof, E. (2009):** Contemporary psychiatric-mental health nursing. (2<sup>nd</sup> ed), New Jersey: Person Education, Inc., Upper Saddle River, pp:5-37.
- Kneisl, R., Wilson, S., & Trigoboof, E. (2004):** Contemporary Psychiatric- Mental Health Nursing. (1<sup>st</sup> ed). New Jersey: Person Education, Inc., Upper Saddle River, p.189.

**Krauss, S.R. (2005):** Attitude and prediction of behavior. A meta analysis of the empirical literature. *Personality and Social Psychology Bulletin*, 21, 58-75.

**Lauber, C., Ajdacic-Gross, A., Frischi, N., Stulz, N. & Rossler, W. (2005a):** Mental health literacy in educational elite: An online survey among university students. *BMC Public Health*, 2458(5), 44.

**Lauber, C., Anthony, M., Ajdacic-Gross, V., Rossler, W. (2004):** What about psychiatrist's attitude to mentally ill people? *Euro Psychiatry*, 19, 423-430.

**Lauber, C., Nordt, C. & Rossler, W. (2005):** Recommendations of mental health professionals and the general population on how to treat mental disorders. *Soc Psychiatry Epidemiology*, 40, 835-843.

**Lauber, C., Nordt, C. & Rossler, W. (2005b):** Recommendation of Mental Health Professionals and the General Population on How to Treat Mental Disorders. *Soc. Psychiatry Epidemiol*, 40:835-843.

**Liggins, J. & Hatcher, S. (2005):** Stigma towards the mentally ill in the general hospital: A qualitative study. *General Hospital Psychiatry*, 27(5), 359 – 364.

**Link, B.G., Yang, L.H., Phelan, J.C., & Collins, P.Y. (2004):** Measuring mental illness stigma. *Schizophrenia Bulletin*, 30(3), 511–541.

**Link, G.B., Struening, E.L., Neese-Todd, S., Asmussen, S., & Phelan, J.C. 2001):** Consequences of stigma for the self esteem of people

with mental illnesses: On stigma as a barrier to recovery. *Psychiatric Services*, 52(12), 162-6.

***Lopez-Ibro, J.J. (2002):***The WPA and the fight against stigma because of mental illness: *World Psychiatry*, 1, 30-41.

***Luchins, D. J. (2004):*** At Issue: Will the term brain disease reduce stigma and promote parity for mental illnesses? *Schizophrenia Bulletin*, 30(4), 1043–1048.

***Malik, M.L., Hall, C., & Howard, D. (2009):*** Nursing knowledge and practice: Foundation for decision making ,(3<sup>rd</sup>ed ), China: Elsevier Health Sciences, Bailiers Tindall Elsevier, p.401.

***Mamo, D.C. ( 2007) :*** Addressing patient needs: the role of mental health literacy. doi:10.1176/appi.ajp.2007.07091513r.

***Masuda, A., Hayes, S.C., Fletcher, L.B., Seignourel, P.J., Bunting, K., Herbst, S.A., Twohig, M.P., & Lillis, J. (2007):*** Impact of acceptance and commitment therapy versus education on stigma toward people with psychological disorders. *Behavior Research and Therapy*, 45, 2764-2772.

***Mehta, N., Kassam, A., Leese, M., Butler, G. & Thornicroft, G. (2009):*** Public attitudes towards people with mental illness in England and Scotland: 1994-2003. *British Journal of Psychiatry*, 194, 278-284.

***Meltzer, H. (2001):*** Stigma and mental illness. *British Journal of Psychiatry*, 63,44-57.

***Mental Health Foundation. (2002):*** Out at work. A survey of the experiences of people with mental health problems within the workplace. Mental Health Foundation, London.

***Mohr, W.K. (2009):*** Psychiatric-mental health nursing- Evidence based concepts, skill, and practice. (7<sup>th</sup> ed). Philadelphia: Lippincott. Williams and Wilkins, Wolter Kluwer Health. Pp. 4-18.

***Morgan, C., & Fearon,P. ( 2007):*** Social experience and psychosis insights from studies of migrant and ethnic minority groups. Epidemiology. Psychiatry. Soc., 16 (2), 118–123.

***Morsy, N.M. ,&El sayes, H.A. (2008):*** Violence against nurses in psychiatric and emergency hospital and its related factors .Alexandria Scientific Nursing Journal(ASNJ),7(2):129-145.

***Muga, F.A. & Jenkins, R. (2008):*** Public perceptions, explanatory models and service utilization regarding mental illness and mental health care in Kenya. Soc Psychiatric Epidemiology, 43,469-476.

***Mukherjee, K. (2009):*** Principles of management and organizational behavior, (2<sup>nd</sup> ed) India ,pp. 141-144.

***Munro, S., & Baker, J.A. (2007):***Surveying the attitudes of acute mental health nurses. Journal of Psychiatric and Mental Health Nursing, 14(2),196-202.

***National Alliance on Mental Illness. (2006):*** About Mental Illness. Retrieved October 23, 2006. Available at [http:// www. nami. org/ Content/NavigationMenu/Inform\\_Yourself/About\\_Mental\\_Illness/ About\\_Mental\\_Illness.htm](http://www.nami.org/Content/NavigationMenu/Inform_Yourself/About_Mental_Illness/About_Mental_Illness.htm)



**National Institute of Mental Health. (2006, January 31):** Information about Mental Illness and the Brain. Retrieved April 19, 2007. Available at [http:// science education. nih.gov/ supplements /nih5 /Mental/ guide/info-mental-c.htm](http://science.education.nih.gov/supplements/nih5/Mental/guide/info-mental-c.htm)

**Ng, P., & Chan, K.F. (2000):** Sex differences in opinion towards mental illness of secondary school students in Hong Kong. *International Journal of Social Psychiatry*, 46, 79-88

**Norman, R.M.G., Sorrentino, R.M., Windell, D. & Manchanda, R. (2008):** The role of perceived norms in the stigmatization of mental illness. *Soc Psychiatry Epidemiology*, 43,851-859.

**Office of the High Commissioner for Human Rights. (2009):** Available at [http://www.ohchr.org/EN/Issue/Pages/What are Human Rights.aspx](http://www.ohchr.org/EN/Issue/Pages/What%20are%20Human%20Rights.aspx).

**Papakosta, V., Zervas, I. , Pehlivanidis, A., Papadimitriou, G., & Papa Kostas, Y. (2005):** A survey of attitudes of Greek medical student toward electroconvulsive therapy. *Journal of ECT*, 21,162-164.

**Penn, D.L., & Wykes, T. (2003):** Stigma, discrimination and mental illness. *Journal of Mental Health*, 12(3), 203–208.

**Penn. D., Maier, I.R.K., Corrigan, P.W.(2000):** Interpersonal factors contributing to the stigma of schizophrenia: Social skills, perceived physical attractiveness, and symptoms. *Schir Res*,45(1-2),37-45.

people with schizophrenia. *Can J Psychiatry*, 46, 245-52.

**Persaud, R. (2007).** Medicine's unsung heroes: Why does psychiatry have such an image problem? *Canadian Psychiatry Aujourd'hui*, 3,6.

**Phol, M., Boyed, C., Liang, J., & Given, W. (2008):** Analysis of the impact of mother ,daughter relationship on the commitment to care giving. *Nursing Research.*,44(2),68-72.

**Positive mental health (2011):** Available at [http:// positive mental health foundation.com/happiness-and-health/science-of-happiness/](http://positive-mental-health-foundation.com/happiness-and-health/science-of-happiness/), accessed in 27-3-2011

**Priory Group, Roehampton Health Care. (South London) UK (August 2007):** Crying shame. Dr. Natasha Bijilani, Consulting Psychiatrist, as quoted on, p.12.

**Putnam, S. (2008).** Mental illness: Diagnostic title or derogatory term? (Attitudes towards mental illness) Developing a learning resource for use within a clinical call centre. A systematic literature review on attitudes towards mental illness. *Journal of Psychiatric and Mental Health Nursing*, 15, 684-693.

**Rice, T. (2009):** Parent/professional thoughts about the use of the term “seriously emotionally disturbed.” *Focal Point*, 23(1), 7.

**Ritter, L.A. & Shirley (2010):** Community mental health. (1st ed), USA.America, Shirley Manly Lampkin, pp.30-37.

**Rose, D., Thornicroft, G., Pinfold, V. & Kassam, A. (2007):** 250 labels used to stigmatize people with mental illness. *BMC Health Services Research*, 7,97.

- Rüsch, N., Angermeyer, M.C., & Corrigan, P.W. (2005):** Mental illness stigma: Concepts, consequences, and initiatives to reduce stigma. *European Psychiatry*, 20 ,529–539.
- Sadock, B.J. & Sadock, V.A. (2007):** Synopsis of Psychiatry: Behavioral science. /Clinical Psychiatry (10<sup>th</sup> ed).New York: USA:p.279.
- Sadow, D., & Ryder, M. (2008):** Reducing stigmatizing attitudes held by future health professionals: The person is the message. *Psychological Services*, 5(4), 362-372.
- Sadow, D., Ryder ,M., Webster ,D. (2002):** Is education of health professionals encouraging stigma towards the mentally ill? *Journal of Mental Health*. 11:657–665
- Samsh ,L. (2009):** A Substance abuse and mental health services administration: Over coming stigma, University of Washington School of Public Health, p .1.
- Sartorius N, Schulze H. (2005):** Reducing the Stigma of Mental Illness A Report from a Global Programme of the World Psychiatric Association. Cambridge, Cambridge University Press
- Sartorius, N. (2004):** "The world psychiatric association global program against stigma and discrimination because of stigma." In A.H. Crisp, (Ed). *Every family in the land*. (Revised edition) London: Royal Society of Medicine Press, pp. 373-75.
- Scavizoo ,J., & Ganba, N. (2004):** Bridging the gap: The virtual chemotherapy unit. *Pediatric oncology nurses*,21(1),27-32.

- Schulze, B. & Angermeyer, M.C. (2003):** "Subjective Experiences of Stigma. A focus group study of schizophrenic patients, their relatives and mental health professionals." *Social Sciences and Medicine*, 56, 299-312
- Schulze, B. (2007) :**Stigma and mental health professionals: a review of the evidence on an intricate relationship. *International Review of Psychiatry*, 19, 137–155.
- Seo, M., & Kim, H.L. (2010):** Effectiveness of an educational program to reduce negative attitude toward persons with mental illness using online media. *Asian Nursing Research*, 4 (2),90-101.
- Shah, N. (2004):** Changing minds at the earliest opportunity. Psychiatric stigma of mental illness in diagnosed and health samples. *Journal of Social and Stigmatization of people with mental illnesses*, 177:4–7.
- Shyangwa, P. M., Singh. S, Khandelwal, S K. (2003):** Knowledge and attitude about mental illness among nursing staff, *Journal of Nepal Medical Association* , 42, 27-31
- Sirey, J., Bruce, M.L., Alexopoulos, G.S., Perlick, D.A., Raue, P., Friedman, S.J., & Meyers, B.S. (March, 2001):** Perceived stigma as a predictor of treatment discontinuation in young and older outpatients with depression. *The American Journal of Psychiatry*, 158(3), 479-481.
- Smith , R., & Conrey, F.R. (2007):** Agent –based modeling. A new approach for theory building in social psychology. *Personality and Social psychology Review*, 11, 87-104.

- Sreevani, R. (2008):** A guide to mental health and psychiatric nursing. (2nd ed). New Delhi: Jaypee Brothers Medical Publishers Ltd, p.5.
- Sreevani, R. (2009):** Psychology for nurses (1<sup>st</sup>ed). New Delhi: Jaypee Brothers Medical Publishers Ltd, p.140.
- Stuart, H.( 2005):** Stigma and work: A discussion paper. Prepared for the working group mandated by CIPPH, IMNHA and CIHR.
- Stuart, H., & Arboleda-Florez , J. (2001):** Community attitudes towards
- Stuhlman, D. (2006):** Helping you turn data into knowledge: Knowledge management terms, Website: [www. home. Earth link.net/~ddstuhlman/defin1.htm](http://www.home.earthlink.net/~ddstuhlman/defin1.htm)
- Sue, D. W., Capodilupo, C. M., Torino, G.C., Bucceri, J.M., Holder, A. M.B., Nadal, K.L., & Esquilin, M. (2007):** Racial micro aggressions in everyday life: Implications for clinical practice. *American Psychologist*, 1, 271–286.
- Sullivan, M., Hamilton, T., Allen, H.( 2005):** Changing stigma through the media. In: P.W. C, editor. *On the Stigma of Mental Illness Practical Strategies for Research and Social Change*. pp. 297–312.
- Tay Sim-Eng, C., Pariyasami, S.D.O., Ravindran, K., Ali, M.I.A. & Rowsudeen, M.T. (2004):** Nurses' attitudes toward people with mental illnesses in a psychiatric hospital in Singapore. *Journal of Psychosocial Nursing and Mental Health Services*, 42(10), 40-47.

**Teachman, B.A., Wilson, J.G., & Komarovskaya, I. (2006):** Implicit and explicit stigma of mental illness in diagnosed and health samples. *Journal of Social and Clinical Psychology*, 25, 75-95.

**The Digital Strategy (2006):** Creating our digital future - glossary of key terms, Website [www. Digital strategy .govt. nz/ templates/ Page\\_\\_\\_60.aspx](http://www.digitalstrategy.govt.nz/templates/Page___60.aspx) .Therapeutic Action. *International Journal of Psychoanalysis*, 84; 823-841.

**Thompson, M.L. (2006):** Mental illness. Green Wood Press. London. pp.3-5.

**Thornicroft, G. (2006):** Actions speak louder ... Tackling discrimination against people with mental illness. London: Mental Health Foundation. Available at: <http://www.mhf.org.uk/publications>.

**Thornicroft, G. (2007):** Shunned: Discrimination against people with mental illness. Oxford University Press.

**Thornicroft, G., (2008):** Stigma and discrimination limit access to mental health care. *Epidemiol. Psychiatry. Soc.*,17 (1), 14–19.

**Thornicroft, G., Brohan, E., Rose, D., Sartorius, N., & Leese, M. (2009):** Global pattern of experienced and anticipated discrimination against people with schizophrenia: A cross-sectional survey. *The Lancet*, 373, 408-415.

**Thornicroft, G., Rose, D., Kassam, A., & Sartorius. (2007):** Stigma: Ignorance, prejudice or discrimination. *British Journal of Psychiatry*, 190, 192-193.

**Townsend, E.A., Helene, J., & Polatajko, H. (2007):** Enabling occupation II: Advancing an occupational therapy vision for health, well-being & justice through occupational therapy.

**Varcarolis, E.M., & Hatler M.J., (2009):** Essentials of Psychiatric Mental Health Nursing: A communication Approach to evidence-based care (1st ed), Saunders Elsevier Inc, pp, 12-13.

**Vide beck, S., &Schultz, M .(2002):** Psychiatric nursing care plan (6<sup>th</sup> ed ) Mosby,Tokyo,pp.221-223.

**Videbeck, S.L. (2008):** Psychiatric- mental health nursing (4<sup>th</sup>ed), Philadelphia: Lippincott Williams & Wilkes, pp. 174-185.

**Videbeck, S.L. (2010):** Psychiatric-mental health nursing (5<sup>th</sup>ed). Lippincott Williams and Wilkins. Wolters Kluwer Health, p.93.

**Videbeck, S.L. (2011):** Psychiatric-mental health nursing. (6<sup>th</sup> ed). Lippincott :Williams and Wilkins,Wolters Kluwer Health, pp. 23-27.

**Visser, P. & Cooper, J. (2007):** Attitude change in M.H. Hogg. & J.Cooper (Eds), the sage hand book of social psychology, London-Sage, pp:97-218.

**Wafa, F.M. (2011):** Psychiatric nurses' attitudes towards patients aggressive behavior in psychiatric hospital, Master thesis, Faculty of nursing, Benha University , p.53.

**Walker, I., & Read, J. (2002):** The differential effectiveness of psychosocial and biogenetic causal explanations in reducing

negative attitudes towards mental illness. *Psychiatry: Interpersonal and Biological Processes*, 65(4), 313-325.

**Wallach, H. S. (2004):** Changes in attitudes towards mental illness Following Exposure. *Community mental health journal*, 40, 234-248.

**Walther, E., & Langer, T. (2008):** Attitude formation and change through association: An evaluation conditioning account, New York. Psychology Press, pp, 87-109.

**Wanda, K., & Mohr, P.H. (2009):** Psychiatric -mental health for nursing: Evidence-based concepts, skills, and practice (7<sup>th</sup> ed). Philadelphia: Lippincott, Williams and Wilkins, Wolter Kluwer Health, pp.135-136.

**Wang, P.S., Berglund, P., Olfson, M., Pincus, H.A., Wells, K.B., & Kessler, R.C. (2005):** Failure and delay in initial treatment contact after first onset of mental disorders in the National Co morbidity Survey Replication. *Arch. Gen. Psychiatry* 62, (6), 603–613.

**Wang, P.S., Berglund, P.A., & Kessler, R.C. ( 2003):** Patterns and correlates of contacting clergy for mental disorders in the United States. *Health Serv. Res*, 38 (2), 647–673.

**Watson, A.C., Corrigan, P., Larson, J.E., & Sells, M. ( 2007):** Self-stigma in people with mental illness. *Schizophr. Bull*, 33 (6), 1312–1318.

**Wikipedia (2006):** The Free Encyclopedia. Knowledge. Website: [www.en.wikipedia.org/wiki/Knowledge](http://www.en.wikipedia.org/wiki/Knowledge)



***Wilkin, P., & Barker, P. ((2005):*** Psychiatric and mental health nursing: The craft of caring. London: Arnold, pp. 26–33.

***Willand, E., & Spackman, F. (2008):*** Occupational therapy is art and science (11<sup>th</sup>ed), Philadelphia: Lippincott, Williams and Wilkins, P, 16.

***Wilson , B.A., Shannon, M.T., & Shields, K.M. (2009):*** Prentice Hall nurse's guide .Upper Saddle River, NJ: Prentice Hall.

***Womble, D.M. (2011):*** Introductory to mental health nursing (2<sup>nd</sup> ed), Wolters Kluwer, Lippincott, Williams and Wilkins, pp.2-67.

***World Health Organization (1996):*** The ICD–10 Classification of Mental and Behavioral Disorders. Diagnostic Criteria for Research (10<sup>th</sup> ed). Geneva: WHO.

***World Health Organization (WHO). (2010):*** Mental health, available at: <http://WWW.who.com>

***World Health Organization (WHO). (2005):*** Promoting Mental Health: Concepts, Emerging evidence, Practice: A report of the World Health Organization, Department of Mental Health and Substance Abuse in collaboration with the Victorian Health Promotion Foundation and the University of Melbourne, World Health Organization, Geneva.

***World Mental Health Day. (2009):*** Primary care and mental health services in practice, enhancing treatment and promoting mental health, pp. 1-9

*[www.eduinn.pk/.../edureadings-tricomponent-attitud](http://www.eduinn.pk/.../edureadings-tricomponent-attitud)*. Accessed on  
27/3/2011

[www.onlinemedicinetips.com/mental-health/Benefits](http://www.onlinemedicinetips.com/mental-health/Benefits). Accessed on  
27/3/2011