



## REFERENCES

- Afaf H., (2004):** Woman's perception and practices toward hospital. Ms thesis, obstetrics & gynecology, department. Ain shams university, p. 68 – 75.
- Alexis K.J., (2011):** swelling while pregnant, Available at <http://www.livestrong.com/article/524353-swelling-while-pregnant/>
- Anya S, Hydara A, Jaiteh L., (2008):** Antenatal care in Gambia: Missed opportunity for information, education and communication. BMC Pregnancy & Childbirth. Available from: <http://www.biomedcentral.com/14712393/89>.
- Agrual A., Toure A. and Huguet D., (2000):** The quality of risk factor screening during antenatal consultations. Health policy and planning journal, Mar., 15 (1) : 11 – 16.
- Arafa M. and Abdel-Fataah M., (2000):** Outcomes of pregnancies complicated by early vaginal bleeding. East mediator health journal, May, 6 (2) : 457.
- Aurilio, L.A., Chatham, C., Contoy, M.L., Degraw, C., Greer, P., Hisley, S.M., Miller, R.S., Robinion, K., and Wood, L.S., (2004):** Maternal neonatal nursing, Incredibly Easy, Lippincott Williams & Wilkins, Philadelphia, P. 319.
- Baker D. (1997):** Inequality in health and health service use for mothers. Journal of epidemiology and community health, feb., 29 (3) : 74-78.



- Baker P., (2006):** Obstetrics by ten teachers, 18<sup>th</sup> edn. Edward Arnold, London
- Barron, M.L., (2000): *Nursing assessment of the pregnant woman:*** Antenatal Screening and laboratory Evaluation: Nursing Module. NY: White Plains, March of Dimes birth Defects foundation.
- Beck T., (2004):** Prenatal attachment and adaptation to pregnancy. M.C.N., Jan., 24 (1) : 27.
- Beck W., (2001):** Obstetrics and Gynecology ( 4 the d. ) , the national medical series for independent study. London. W.K. sounders co., pp. 21-27.
- Beckmann, C.R., Ling, F.W., Herbert, W.R., Laude, D.W., Smith, R.P., and Barzansky, B.M., (2008):** Obstetric and gynecology, 3rd ed., Williams & Wilkins, Philadelphia, p. 241.
- Beckmen C., (2000):** Perceived barriers to prenatal services. M.C.N. feb., 25 (1) : 43-45.
- Blackburn S., ( 2007):** Maternal, fetal and neonatal physiology, 2<sup>nd</sup> edn. W B Saunders, Philadelphia
- Blahd H., (2010):** Urinary problems during pregnancy, Available at <http://www.everydayhealth.com/health-center/urinary-problems-during-pregnancy->
- Boskey E., Cone R., Whaley K., et al, (2006):** Origins of vaginal acidity: high D/L lactate ratio is consistent with bacteria being the primary source. Human Reproduction 16 (9):1809-1813



- Breuiller-Fouche M., Germain G., (2006):** Gene and protein expression in the myometrium in pregnancy and labor. *Reproduction* 131:837-850
- Britt Berg, (2010):** 16 weeks pregnant with headaches, Available at <http://www.livestrong.com/article/211045-16-weeks-pregnant-with-headaches>
- Brown, S., (2006):** " Perinatal care reaching mothers, reaching infants ", Washington, dc: National academy press.
- Butte N., (2000):** Carbohydrate and lipid metabolism in pregnancy: normal compared with gestational diabetes mellitus. *American Journal of Clinical Nutrition* 71 (5):1256<sub>s</sub>-1261<sub>s</sub>
- Caitlin K., (2010):** What are the dangers of low blood pressure in pregnancy, Available at <http://www.livestrong.com/article/212246-what-are-the-dangers-of-low-blood-pressure-in-pregnancy/>
- Campbell S., Lees C., (eds), (2000):** Obstetrics by ten teachers. Oxford University press, New York
- Canaan A., (2010):** Hyperemesis Symptoms , Available at <http://www.livestrong.com/article/148594-hyperemesis-symptoms/>
- Canaan A., (2011):** How to cure vaginal burning during urination, Available at <http://www.livestrong.com/article/267912-how-to-cure-vaginal-burning-during-urination/>
- Candelaria, L., (2010):** Dangerous-symptoms-during pregnancy, Available at <http://www.livestrong.com/article/116535-dangerous-symptoms-during-pregnancy/#ixzz1XUS9dlM3>



- Chamberlain G., Steer P., (2001):** Turnbull's obstetrics, 3<sup>rd</sup> edn. Churchill Livingstone, Edinburgh
- Chawla S., Vardhan S., Jog S., (2003):** Appendicitis during pregnancy. Medical Journal of the Armed Forces India 59(3):212-215
- Chen P., (2005):** Danger signs in pregnancy, Available at <http://www.unihealthcare.com/topics/Prgnancyandchildbirth/preg4882.html>.
- Chesnutt AN., (2008):** Physiological-Changes In-Pregnancy, Available at <http://www.patient.co.uk/doctor/Physiological-Changes-In-Pregnancy.htm>
- Christensen BL., and Kockrow EO., (2006):** Adult health Nursing, Mosby, P. 584-585.
- Clay, (2002):** Promoting parenting through prenatal education .journal of nurse midwifery, 40,397.
- Copper R., (2001):** Warning signs and uterine contraction in woman at risk of preterm delivery. American journal obstetrics and gynecology, Mar., 162 (3) : 748-754.
- Cunningham F., Leveno K., Bloom S., et al., (2005):** William's obstetrics, 22<sup>nd</sup> edn. McGraw-Hill, New York
- Davis, (2002):** Hypertension in pregnancy. Journal of obstetrics and gynecology, 42 (4), 369-371.
- Diane R., Schmidt, (2010):** Warning-signs Pregnancy symptoms you cant ignore. Available at



<http://pregnancyandbaby.sheknows.com/pregnancy/baby/Warning-signs--Pregnancy-symptoms-you-cant-ignore-2341.htm>

**Earhart M., (2011):** Cervical Changes during pregnancy, Available at <http://www.livestrong.com/article/121929-reasons-bleeding-pregnancy/Cervical-Changes>

**Earhart M., (2011):** Reasons for Bleeding in Pregnancy, Available at <http://www.livestrong.com/article/121929-reasons-bleeding-pregnancy/Cervical-Changes>

**EDHS., (2008):** Egypt Demographic and Health Survey. Available at <http://www.measuredhs.com/pubs/pdf/FR220/FR220.pdf>.

**Ejidokun O., (2000):** Community attitudes to pregnancy. *Midwifery*, Jul., 16 (2) : 89 – 94.

**El-Zanaty F., Way A., (2008):** Egypt Health Demography Health Survey. Cairo, Egypt, Ministry of Health. Available at: <http://www.measuredhs.com>

**Falvo, (2004):** Effective patient education, a guide to increase compliance, 2nd ed , Gaithersburg , md: aspen, pp 15-29.

**Fitzgerald M., Graziano S., (2007):** Anatomic and functional changes of the lower urinary tract during pregnancy. *Urologic Clinics of North America* 34:7-12

**Flynn S.W., (2009):** 4 Ways to Determine and Treat Abnormal Amniotic Fluid Levels, Available at <http://www.livestrong.com/article/9805-determine-treat-abnormal-amniotic-fluid/>



- Franco V., (2010):** Abnormal Bleeding in Pregnancy, Available at <http://www.livestrong.com/article/138414-abnormal-bleeding-pregnancy/>
- Franco V., (2010):** abdominal cramps during early pregnancy, Available at <http://www.livestrong.com/article/128712-abdominal-cramps-during-early-pregnancy/>
- Franco V., (2010):** What Are the Causes of Dizziness During Pregnancy? Available at <http://www.livestrong.com/article/98555-causes-dizziness-during-pregnancy/>
- Fraser M., Cooper A., (2003):** Myles Textbook for Midwives. 4th ed., Churchill Livingstone, Edinburgh.
- Genden J., (2010):** What Are the Causes of Nausea in Pregnancy? Available at <http://www.livestrong.com/article/106119-causes-nausea-pregnancy/>
- Girling J., (2001):** *Physiology* of pregnancy. Obstetrics, anaesthesia and intensive care medicine. Medicine Publishing Company, Abingdon, P 167-170. Online. Available: [www.medicinepublishing.com/girl\\_1-4](http://www.medicinepublishing.com/girl_1-4)
- Global Health Council report, (2010):** Available at <http://www.globalhealth.org/reports/report.php3>.
- Gobbe, S.G., Niebyl, J.R., and Simpson, J.L., (2007):** Obstetrics Normal and Problem Pregnancies 5<sup>th</sup> ed., USA Philadelphia, Churchill living, pp. 250-270.
- Gonzalez, J.M., et al., (2007):** Relationship between abnormal fetal testing and adverse perinatal outcomes in intrauterine growth



- restriction. American journal of obstetrics and Gynecology, 196 (5), e 48 – e 51.
- Greehan, P.A., (2001):*** Antenatal Care: Prenatal. Nursing 2nd ed., New York: : Lippencott company PP 129-130.
- Gupton A., (2000):*** Bed rest from the perspective of the high risk pregnant woman. Journal of Gynecology , Mar., 26 , 423-430.
- Hamilton (2005):*** Antenatal screening by history taking, Journal of obstetrics and gynecology, 19 (1) : 10-14.
- Hampton J., (2010):*** Causes of bleeding during pregnancy, Available at <http://www.livestrong.com/article/96245-causes-bleeding-pregnancy>,
- Harman, C., (2008):*** Assessment of fetal health, 5th ed., Saunders inc., Philadelphia, p., 213.
- Harrington K., Thompson and Dordon L., (2003) :*** Obstetric out comes in woman who present with a reduction in fetal movement in the 3<sup>rd</sup> trimester of pregnancy. Journal perinatal med., 26 , 77- 82.
- Harrison KA., (2009):*** The importance of the educated healthy woman in Africa. Lancet [Internet]. Available from: <http://www.the.lancet>.
- Heaman M., (2003):*** Perceptions of bed rest by woman with high risk pregnancy, Journal of Birth , Dec., 25 (4) : 252.
- Hendrickson K., (2011):*** causes of pain in the upper abdomen while pregnant, Available at <http://www.livestrong.com/article/161069-causes-of-pain-in-the-upper-abdomen-while-pregnant/>



**Heyman, S.J., & Kerr, (2006):** We need partners, forging strong relationships with patients.in W.B.Bateman,E.JKarmer 8 K.S, Glassman (Eds).pt and family education in managed care and beyond, New York ,Springer publishing company p.p 203-223.

**Hildingsson T., Waldenström U., and Rade stad A., (2002):** Woman's expectations on antenatal care. Journal of obstetrics and gynecology, 81 : 118.

**Hogan, M., A., and Glazebrook, R.S., (2003):** Maternal – New born nursing, 1st ed., Prentice hall, New Jersey, P. 112.

**Irene S., ( 2010):** Abdominal cramps in early pregnancy. Available at <http://www.livestrong.com/article/152143-abdominal-cramps-in-early-pregnancy/>

**Irene S., (2010):** Vaginal discharge during pregnancy, Available at <http://www.birthe.com.au/Vaginal-discharge-during-pregnancy/Vaginal-discharge-during-pregnancy-is-it-a-show?p=1>

**Issel T., (2005):** Woman's perceptions of outcomes of prenatal case management. Midwifery, Jun., 27 (2) : 120.

**Jacques E., ( 2010):** Morning Sickness & Weight Loss. Available at <http://www.livestrong.com/article/310193-morning-sickness-weight-loss/>

**Jeyabalan A., Lain K., (2007):** Anatomic and functional changes of the upper urinary tract during pregnancy. Urologic Clinics of North America 34:1-6



- Jill Leviticus, (2011):*** Help for Nauseated Pregnant Women, Available at <http://www.livestrong.com/article/534264-help-for-nauseated-pregnant-women/>
- Kahn, D.A., & Koos, B.J., (2007):*** Maternal physiology during pregnancy in A.H. decherney & L. Nathan (eds). Current diagnosis and treatment in obstetric and gynecology, 10th ed., Columbus, oh: Mcgraw-Hill.
- Kalwarf H., Specker B., (2002):*** Bone mineral changes during pregnancy and lactation. Endocrine 17 (1):49-53
- Katsambas A., D,m Stratigos A., J., (2001):*** Depigmenting and bleaching agents: coping with hyper pigmentation. Clinical Dermatology 19: 483-488.
- Klossner, J.N., Nancy, T., and Field, H., (2010): Introduction Maternity & pediatric Nursing 2nd ed., Lippincott Williams & Wilkins, pp. 136-137, 437- 441.***
- Kramer, E.J., (2004):*** Health promotion and disease prevention, in W.B., Batman, E.J, Karmer 8 K.S., Glass men (Eds). Pt. and family education in managed care and beyond: seizing the teachable moment. New York, Springer publishing company p.p 89-104.
- Kristina C., (2010):*** Danger-signs-during-pregnancy, Available at <http://www.livestrong.com/article/93589-danger-signs-during-pregnancy/>



- Ladewing, P.W., London, M.L., and Olds, S.B., (2006):*** Contemporary maternal newborn nursing care, 6<sup>th</sup> ed., Pearson prentice hall, USA, p.p: ( 237-238 ), ( 242-244 ).
- LaMar K., Hamernik C., (2006):*** Life inside the womb: implications for newborn and infant nurses. Newborn & Infant Nursing Reviews 3(4):136-142
- Langham R.Y., (2010):*** Types of Headaches During Pregnancy, Available at <http://www.livestrong.com/article/161221-types-of-headaches-during-pregnancy/>
- Lawrence, R., and Lawrence, R., (2008): The*** breast and the physiology of lactation, Saunders Inc., 5th ed., Philadelphia, p. 217.
- Leifer, G., (2005):*** An introductory text maternity nursing, 9th ed., El sevier inc., U.S.A. p.p.: 35-40.
- Lisa S., (2011):*** How Soon Can You Feel Nauseated When You're Pregnant? Available at <http://www.livestrong.com/article/520857-how-soon-can-you-feel-nauseated-when-youre-pregnant/>
- Littleton L.Y., and Engebretson, J.C., (2002):*** Maternal neonatal and women,s health nursing. London, United States Amerca, Delmar Thomson Learning, p. 264.
- Lond , (2000):*** Obstetrics by ten teachers. ( 17<sup>th</sup> ed., ) New York, Arnold co., pp. 87-89.
- Lowder milk, D.L., Perny, S.E., and Alder, K.R., et al., (2006):*** Maternity nursing, 7<sup>th</sup> ed., mosby, Inc., Philadelphia, p.p: 211-228.



- Lowdermilk D., Perry S., (2004):** Maternity and Women's Health Care, 8<sup>th</sup> edn. Mosby, Missouri
- Maloni J., (2000):** Ante partum support group for women hospitalized on bed rest. Clinical nursing research, pp. 204-208.
- Manongi RN., Marchant TC., Bygbjerg IC., (2008):** Improving motivation among primary health care workers in Tanzania: a health worker perspective.
- Mark M., (2001):** Introductory maternal Newborn nursing, ( 1st ed. ), U.S.A. ) B. Lippincott co., pp. 87-99.
- Marnach M L., Ramin K D., Ramsey P S., et al, (2003):** Characterization of the relationship between joint laxity and maternal hormones in pregnancy. Obstetrics and Gynecology 101(2):331-335
- Martinez S (2003):** Perception of common symptomatology during pregnancy, Article in Spanish J., May, 5 (5) , 349-352.
- Matter, C.N., et al., (2007):** Simple antenatal preparation to improve breast feeding practice : a randomized controlled trial. Obstetrics and Gynecology, 109 (1), 73-80.
- Mcdonagh. M., (2002):** In antenatal care effective in reducing maternal morbidity and mortality, Journal Health policy and planning , 11 (1) : 1-15.
- McKinley M., Johnson A., (2004):** The physiological regulation of thirst and fluid intake. News in Physiological Sciences 19:1-6
- Melanie C., (2010):** Warning Signs of Pregnancy, Available at <http://www.livestrong.com/article/97444-warning-signs-pregnancy/>



- Milliam ST., (2001):** Obstetrics and gynecology. ( 21<sup>st</sup> ed. ), New York, Church Hill living stone co., pp. 168-181.
- Monga, M., and Sanborn, M., (2004):** Biology and physiology of the reproductive tract and control of myometrial contraction, 5th ed., Saunders Inc., Philadelphia, p. 215.
- Moran P., (2001):** Management of diabetic pregnancies, Journal of obstetrics and gynecology, 20 (7) , 455-457.
- Morgan, G., & Hamilton, C., (2003):** Practice guidelines for obstetrics and hynaecology, 2<sup>nd</sup> ed., Lippincott Williams & Wilkins, USA, p. 15-25.
- Muallem M., Rubeiz N., (2006):** Physiological and biological skin changes in pregnancy. Clinics in Dermatology 24(2):80-83
- Myers, H., ( 2008 ):** 10 Danger Signs of Pregnancy. Available at <http://www.livestrong.com/article/81166-danger-signs-pregnancy/>
- Nelson-Piercy C., (2006):** Handbook of obstetric medicine, Taylor and Francis, Oxford.
- NICE, (2008):** Antenatal care: routine care for the healthy pregnant woman. RCOG Press, London.
- Nikiema B., Beninguisse G., Haggerty JL., (2009):** Providing information on pregnancy complications during antenatal visits: unmet educational needs in Sub-Saharan Africa. Health Policy Plan, 24:367-76.
- Nolan M., and Hick S.C., (2000):** Aims, processes and problem of antenatal education. Midwifery Jun., 13 (7) : 179.



- Olds, S.B., London, M.L., Ladewij, P.A.W., and Davidson, M.R., (2004):** Maternal new born nursing and women's health care, 7<sup>th</sup> ed., new jersey, conada, Australia Pearson prentice hall. pp. 120-1220.
- Ortigosa E., (2001):** Factors related to the recognition of alarm signals during pregnancy, International Journal gynecology obstet., Jun., 53 (3), 219-330.
- Pembe A., Carlstedt A., Urassa D., Lindmark G., Nyström L., Darj E., (2010):** Quality of antenatal care in rural Tanzania: counseling on pregnancy danger signs. BMC pregnancy & Childbirth. Available at: <http://www.biomedcentral.com/1471-2392/10/35>.
- Perkins S., (2010):** Complications of a Premature Rupture of Membranes, Available at <http://www.livestrong.com/article/109885-complications-premature-rupture-membranes/>
- Perkins S., (2010):** Causes of Pregnancy Bleeding, Available at <http://www.livestrong.com/article/107567-causes-pregnancy-bleeding/>
- Pillitteri A., (2010):** Maternal & child health nursing : care of child bearing & childbearing family, 6th ed., Philadelphia lippincott Williams & wilkins.
- Rankinm, S.H., & Stallings, K.D., (2001):** Patient education: principles and practices. 4th ed. Philadelphia-, Lippincotte. Pp 9-10,29-30.
- Rayburn W., (2003):** Mid wifely basics ante-natal health in pregnancy. Practical midwife, Jan., 6 (1) , 27-31.



**Rehman K., Yin S., Mayhew B., et al, (2003):** Human myometrial adaptation to pregnancy: DNA microarray gene expression profiling of myometrium from non-pregnant and pregnant women. *Molecular Human Reproduction* 9(11):681-700.

**Renkert S., Nutbeam D., (2009):** Opportunities to improve maternal health literacy through antenatal education: an exploratory study. *Health Promotion Int.* [ Internet ]. Available from: <http://www.heapro.Oxfordjournals.org>.

**Ricci, S.S., (2007):** Essentials of maternity, newborn, and women's health nursing, 1<sup>st</sup> ed., Lippincott Williams and Wilkins, Philadelphia, p.p: 236-288.

**Robert, (2011):** Complication of Pregnancy, Available at <http://health.bettermedicine.com/article/pregnancy-1>

**Robin, (2010):** Pregnancy, Available at <http://www.who.int/topics/pregnancy/en/>

**Rojas, F., Wood, E., Blakemore, K., (2007):** Preconception counseling and prenatal care. In K.B. Fortner, et al, (eds). *The John Kopkins manual of gynecology and obstetrics*. Philadelphia, Lippincott Williams & Wilkins.

**Rudra A., (2005):** Airway management in obstetrics. *Indian Journal of Anaesthesia* 49(4):328-335.

**Skinner N., (2009):** Hyperemesis Symptoms, Available at <http://www.livestrong.com/article/148594-hyperemesis-symptoms/>



**Steffan R., ( 2011):** What Causes the Water to Break in Pregnancy,  
Available at <http://www.livestrong.com/article/545604-what-causes-the-water-to-break-in-pregnancy/>

**Steinfels J., Wax J., (2008):** Maternal physiologic adaptations to pregnancy. In: Seifer D, Samuels P, Kniss D (eds) The physiologic basis of gynecology and obstetrics. Lippincott, Williams and Wilkins. London.

**Sturrock, W.A., & Johnson, J., (2002):** The relationship between childbirth education classes and obstetric outcome. Birth 17(2):82-85

**Suresh L., Radfar L., (2004):** Medical management update – pregnancy and lactation. Oral Surgery, Oral Medicine, Oral Pathology 97(6):672-668.

**The World Health Report: (2005):** Make every mother and child count. Geneva, World Health Organization.

**Van Mook W., Peeters L., (2005):** Severe cardiac disease in pregnancy, Part II: impact of congenital and acquired cardiac diseases during pregnancy. Current Opinion in Critical Care 11(5):435-448.

**Velazquez S., (2002):** Antenatal evaluation of the fetus using fetal movement monitoring. Clinical obstetrics and gynecology , dec., 45 (4) : 993-1004.

**Von Both C., Flessa S, Makuwani A., Mpembeni R., Jahn A., (2005):** How much time do health services spend on antenatal care? Implications for the introduction of the focused antenatal care model in Tanzania.



- Weiss JL., Malone FD., Vidaver J., Ball RH., Nyberg DA., Comstock CH., Hankins GD., Berkowitz RL., Gross SJ., Dugoff L., et al., (2004):** Threatened miscarriage: a risk factor for poor pregnancy outcome, a population based screening study. *Am J Obstet Gynecol.* 190,745–750.
- Weitz B., (2001):** Premature rupture of the fetal membranes, *M.C.N.*, 20 (2) , 86-88.
- Whitcome K., Shapiro L., Lieberman D., (2007):** Fetal Load and the evolution of Lumbar Lordosis in bipedal hominis. *Nature* 450:1075-1078.
- WHO., (2007):** Managing Complications in Pregnancy and Childbirth, Available at [http://whqlibdoc.who.int/publications/2007/9241545879\\_eng.pdf](http://whqlibdoc.who.int/publications/2007/9241545879_eng.pdf)
- WHO., (2009):** Coverage of maternity care. A tabulation of available information [ Internet ]. Geneva: WHO; Available from: <http://www.who.int2->
- WHO., (2001):** Information, education and communication: lessons from the past, perspectives for the future. Geneva: World Health Organization.
- WHO/Karen Robinson, (2009):** Pregnancy, Available at <http://www.who.int/topics/pregnancy/en/>
- Williams D., (2004):** Renal disease in pregnancy. *Current obstetrics and Gynaecology* 14:166-174.



- Williams, M., A., (2003):** The Delivery of Quality nursing care: Agrounded theary study of the nurse,s perspective, Journal of Advanced Nursing, 27 (4): 808-8-6.
- Williamson C., (2006):** Nutrition in pregnancy. Briefing Paper. British Nutrition Foundation Nutrition Bulletin 31:28-59.
- World Health Organization (2001):** Maternal mortality. Available from: [Http: //www.who.int/archives/whday/en/bages 1998/ whdg801](http://www.who.int/archives/whday/en/bages 1998/ whdg801).
- Yahaya A., (2001):** Pregnancy outcome at age 40 and older. Journal Gynecology obstetric, Mar., 265 (1) : 30.
- Yang I., (2000):** The effect of vaginal bleeding during pregnancy, Pediatric – prenatal Epidemiology . Journal , Jan., 15 (1) , 34.
- Young, G.L., and Jewell, D., (2001):** Topical treatment for vaginal candiasis in pregnancy, the cocbrane library, Oxford.