

Introduction

Human milk or the so called breast milk is considered the most suitable type of feeding or in other words we consider it as the feeding of choice.

In certain circumstances pediatrician are enforced to prescribe other type of feeding rather than breast milk.

Cow's milk is considered the most famous artificial milk in our country especially in our rural areas because of its availability and the idea that cow's milk is more nutritious for the infant than the artificial dried milks.

Many authors recorded many hazardous effects to cow's milk, these prescribed as cow's milk allergy syndrome. These manifestations vary greatly from vomiting, diarrhea, colic as gastrointestinal manifestations to resp. or skin manifestations. (Bishop et al, 1990).

Feeding by cow's milk causes also normal infant to lose

increased amounts of occult blood from the gastrointestinal tract (Zeigler et al 1990).

Because of these many hazardous effect of cow's milk, proper time or the appropriate age of introduction of cow's milk when needed is still unknown.