

# C O N T E N T S

|                                                                 | <u>Page</u> |
|-----------------------------------------------------------------|-------------|
| - Introduction And Aim Of The Work ... ..                       | 1           |
| - Review Of Literature ... ..                                   | 4           |
| <u>Chapter I : Growth</u>                                       |             |
| - Definition of growth ... ..                                   | 4           |
| - Factors affecting growth ... ..                               | 4           |
| - Effects of nutrition on child's growth ... ..                 | 5           |
| <u>Chapter II : Evaluation of the nutritional status</u> ... .. | 16          |
| <u>Chapter III : Uniqueness of breast feeding</u> ... ..        | 29          |
| - Material And Methods ... ..                                   | 66          |
| - Results ... ..                                                | 75          |
| - Discussion ... ..                                             | 117         |
| - Summary And Conclusion ... ..                                 | 140         |
| - Appendix ... ..                                               | 144         |
| - References ... ..                                             | 147         |
| - Arabic Summary.                                               |             |