



# RESULTS



## **RESULTS**

This study was done on 30 patients they were divided into two groups:

**Group I (Intra vaginal Misoprostol)** the initial dose of Misoprostol intra vaginally was 50 mg to be repeated every 4 hours, for 4 doses the 2<sup>nd</sup> dose was withheld if adequate cervical ripening, spontaneous rupture of membranes or hyper – stimulation occurred.

**Group II (Oral Misoprostol):** Misoprostol taken orally, the initial dose was 50 mg to be repeated every 4 hours, for 4 doses.

In this study: 8 patients (80%) out of 10 patients in the group I (vaginal misoprostol) achieved vaginal delivery and 2 patients (20%) delivered by C.S one case due to poor progress and one case due to fetal distress. In group II (oral misoprostol): 15 patients (75%) out of 20 patients achieved vaginal delivery and 5 patients (25%) of cases delivered by C.S. two cases due to poor progress and 3 cases due to fetal distress.

### **Comparison of 2 groups**

As regard to the pre – induction indices: age, pulse, Blood pressure, temperature and initial Bishop Score.

**Table (8):** Comparison of the vaginal group and oral group as regard to the pre-induction indices: age, pulse, blood pressure and initial Bishop score

		Vaginal	Oral	Analysis	
<b>Age (years)</b>	Mean $\pm$ SD	26.5 $\pm$ 5.8	27.7 $\pm$ 4.69		
	range	18-28	20-30		
	15-25	6(60%)	14(70%)	t	P
	26/28	4(40%)	4(20%)	0.61	N.S
	28-30	0(0%)	2(10%)		
<b>Pulse</b>	Range	70 – 100	75-80		
	Mean $\pm$ SD	78.3 $\pm$ 6.95	78.3 $\pm$ 2.58	1.02	N.S
<b>Systolic Bl.p.</b>	Range	100-110	100-180		
	Mean $\pm$ S.D	116.33 $\pm$ 20.12	117.5 $\pm$ 21.8	0.146	N.S
<b>Diastolie Bl.p</b>	Range	60-80	50-100		
	Mean $\pm$ S.D	67 $\pm$ 6.56	71.052 $\pm$ 17.47	0.922	N.S
<b>Temp</b>	Range	37-37.8	36.7-37.3		
	Mean $\pm$ SD	37.4 $\pm$ 0.4	36.98 $\pm$ 0.2	3.13	S
<b>Initial Bishop</b>	Mean $\pm$ SD	3.4 $\pm$ 0.96	3.6 $\pm$ 0.82		
	Range	1-4	1-4		
	<3	4(40%)	7(35%)	0.20	< 0.05
	4-5	6(60%)	13(65%)		

This table shows that there was no statistically significant difference as regard age, pulse, blood pressure, systolic and diastolic and initial Bishop score.

**Table (9): Comparison between the two groups for Bishop score changes:**

	Group I vaginal	Group II Oral	Analysis	
			t	p
<b>Initial Bishop</b>	3.4 ± 0.96	3.6 ± 0.82	0.20	<0.05
<b>2<sup>nd</sup> Bishop</b>	8.85±0.81	7.3±1.16	4.26	0.01
<b>Bishop change</b>	5.45 ± 0.09	3.70 ± 0.34	6.46	<0.001

Table (9) compares group I vaginal misoprostol group and group II oral misoprostol for initial Bishop score, 2<sup>nd</sup> Bishop score, and Bishop change. The mean initial Bishop score in vaginal group was  $3.4 \pm 0.96$  while that in the oral group was  $3.6 \pm 0.82$ .

The mean 2nd Bishop score in vaginal (group I) was  $8.85 \pm 0.81$  was higher than that in the oral group (group II) with  $P < 0.01$  there was statistical significant differences between both groups.

As regard the Bishop change, the mean vaginal group (group I)  $5.45 \pm 0.09$  was higher than in oral group  $3.70 \pm 0.34$  with  $P < 0.001$  i.e. there was statistically high significant difference between both groups.

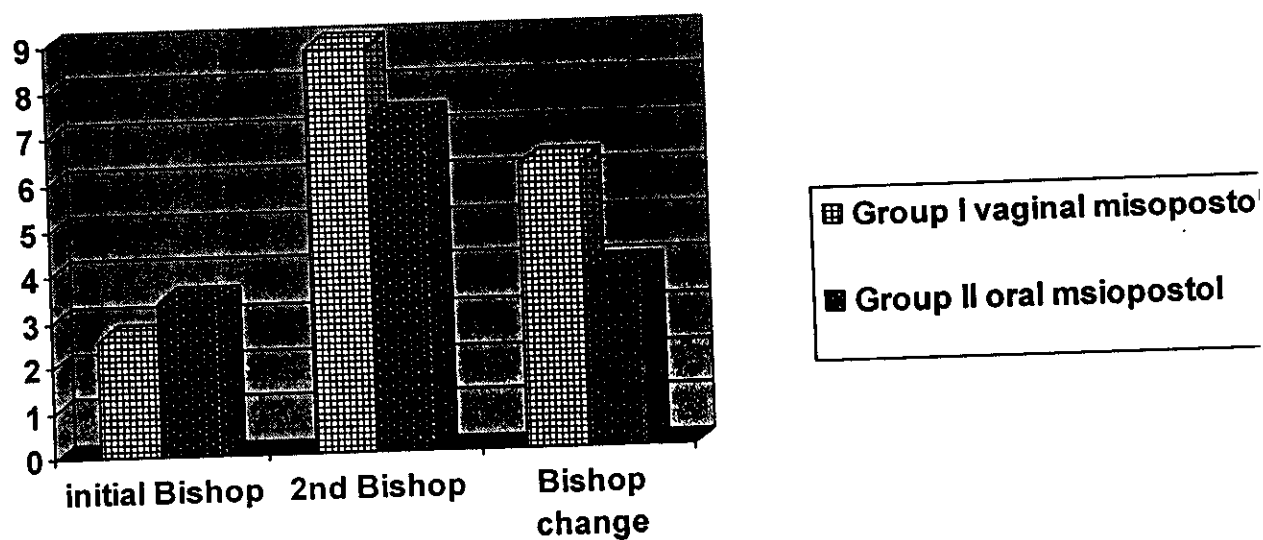


Fig. (3): Comparison of the studied groups as regard the initial Bishop score, 2nd Bishop score and Bishop score changes.

Table (10): Delivery data of vaginal group and oral group.

		Induction contraction time hours	Induction to oxytocin time hours	Oxytocin to vaginal delivery time hours	Vaginal delivery interval hours	Apgar 1 minute	Apgar 5 minutes
<b>Vaginal group</b>	Range	1-4	6-10	2.75±0.899	8-12	6-8	8-10
	Mean± SD	2.4±0.88	7.33±1.63		9.933±1.22	7.2±0.62	9.15±0.67
<b>Oral group</b>	Range	2-4	6-9	4.43±4.03	9-21	8-10	9-10
	Mean±SD	2.63±0.89	7.62±0.66		12.13±4.15	7.5±0.97	9.4±0.51
<b>T-value</b>	-	0.67	0.737	1.14	0.279	1.034	1.032
<b>P-value</b>	-	>0.05	>0.05	>0.05	>0.05	>0.05	>0.05
<b>Sig</b>	-	N.S	N.S	N.S	N.S	N.S	N.S

Table (10): Shows that the mean induction to contraction time in the vaginal misoprostal group was  $2.4 \pm 0.88$  hours less than that in the oral misoprostal group  $3.1 \pm 0.737$  hours. The mean insertion to delivery interval in the vaginal misoprostol group was  $9.993 \pm 1.22$  hours was lower than that in the oral misoprostol group  $12.13 \pm 4.15$  hours with P-value  $> 0.05$  which does not reach statistical significant difference.

The mean interval form insertion to oxytocin in the vaginal misoprostol was  $7.33 \pm 1.63$  hours and that of oral misoprostal group  $7.62 \pm 0.658$  hours with no statistical significant difference.

Oxytocin to delivery interval was shorter in vaginal misoprostol in  $2.75 \pm 0.899$  hours than that in oral misoprostol group  $4.40 \pm 4.03$  hours with  $P > 0.05$  does not reach statistical significant difference.

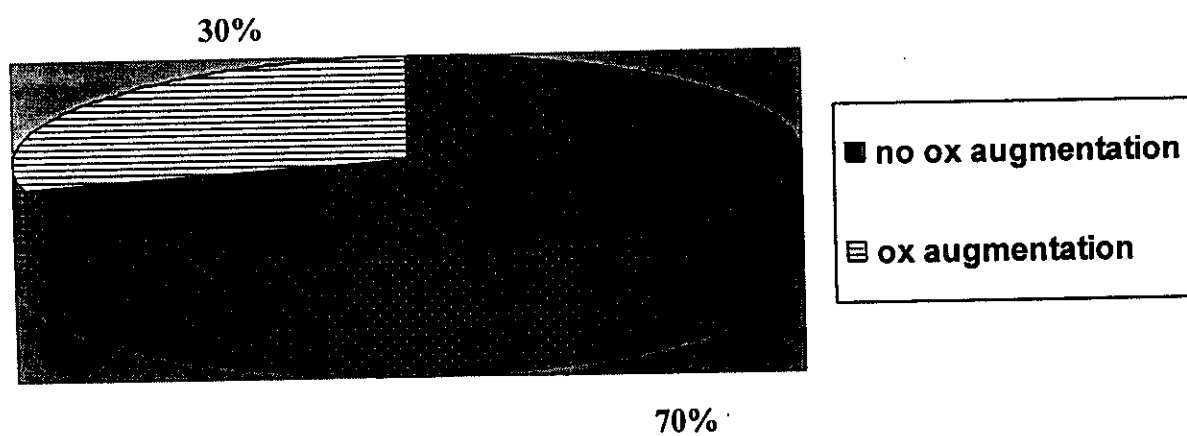
**Table (11): Comparison of vaginal group and oral group for oxytocin need**

	<b>Vaginal</b>	<b>Oral</b>
<b>Oxytocin augmentation</b>	3	16
<b>No oxytocin augmentation</b>	7	4

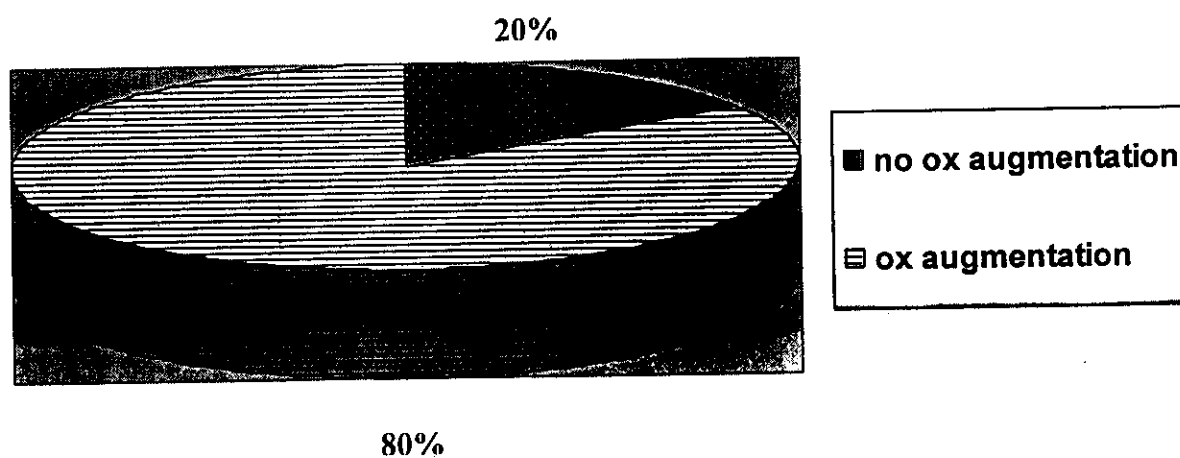
$$\chi^2 - 6.70$$

$$P < 0.01$$

Using Chi-square test there was significant statistical difference for oxytocin augmentation between vaginal misoprostal 30% and oral misoprostol 80% with chi-square = 6.70  $P < 0.01$



Group I  
Vaginal misoprostol



Group II  
Oral misoprostol

*Fig (4): Need for oxytocin in the studied groups*

**Table (12): Comparison of vaginal group and oral group for route of delivery:**

Route of delivery	vaginal misoprostol	oral misoprostol	P	Sign
<b>Vaginal</b>	8 (80%)	15 (75%)	> 0.05	N.S
Spontaneous	7 (70%)	12 (60%)	> 0.05	N.S
Assisted vaginal	1 (10%)	3 (15%)	> 0.05	N.S
<b>C.S</b>	2 (20%)	5 (25%)	> 0.05	N.S
<b>Indications of C.S</b>				
Poor progress	1 (10%)	2 (10%)		
Fetal distress	1 (10%)	3 (15%)		

$$\chi^2 = 0.30$$

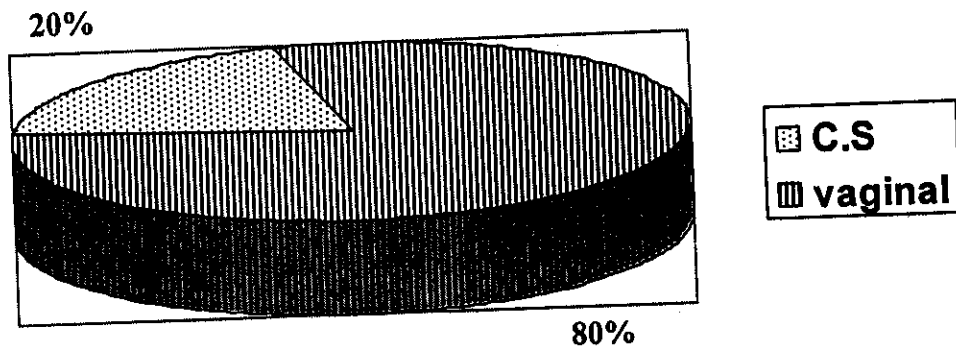
$$P > 0.05 \text{ N.S}$$

Table (12) shows that there were 15 patients achieved vaginal delivery in oral misoprostol (75%) 12 of them (60%) were spontaneously delivered and 3 (15%) assisted by vacuum extraction mainly due to malposition 8 patient in vaginal misoprostol group 80% achieved vaginal delivery one of them (10%) was assisted by vacuum extraction and the rest 7 (70%) were spontaneously delivered.

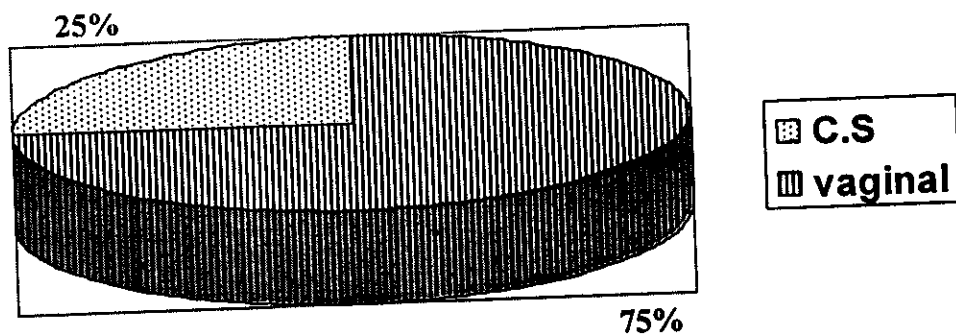
5 patient (25%) of oral misoprostol group delivered by C.S with a higher rate than that in vaginal misoprostol group 2 (20%) but statistically insignificant.

Two cases in oral misoprostol (10%) delivered by C.S due to poor progress and the rest 3 (15%) due to fetal distress.

While one case (10%) vaginal misoprostol group delivered by C.S due to poor progress and one case (10%) due to fetal distress.



**Group I**  
**Vaginal misoprostol**



**Group II**  
**Oral misoprostol**

**Fig (5): Vaginal delivery (success rate) in the studied groups**

Table (13): Neonatal outcome and intrapartum fetal complications.

	Vaginal misoprostol	Oral misoprostol	T	p
Birth weight (kg)	3.48±0.09	3.43±0.32	0.41	N.S
Apgar score				
1 min	7.5±0.97	7.2±0.62	1.034	NS
5 min	9.4±0.51	9.15±0.67	1.032	NS
Admission to NICU	2 (20%)	2 (10%)		NS
Bradycardia	3 (30%)	4 (20%)		NS
Meconium passage	2 (20%)	2 (10%)		NS

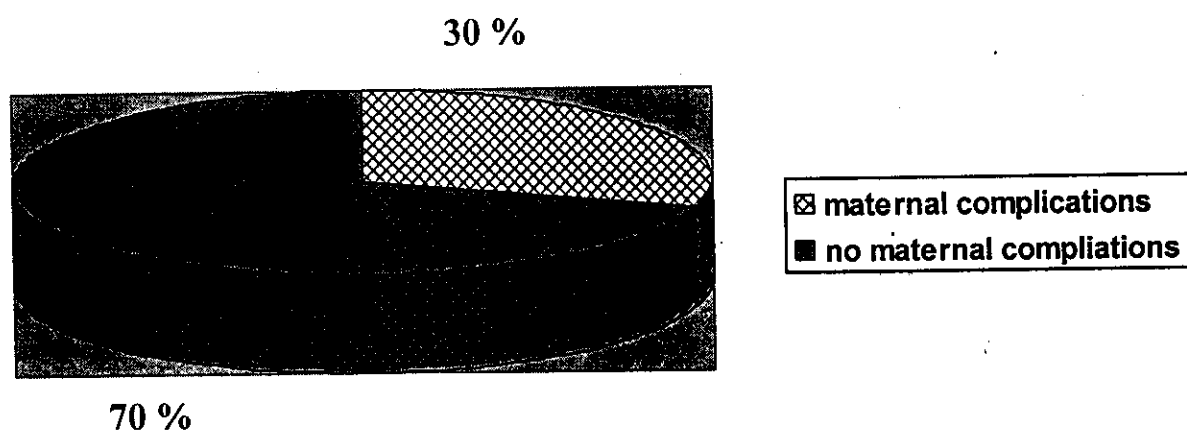
There were no significant statistical difference between vaginal misoprostol and oral misoprostol group as regards birth weight, apgar score (1 min and 5 min), admission to NICU (inspite of higher rate in vaginal misoprostol group) intrapartum fetal bradycardia and meconium passage.

Table (14): Maternal complications in vaginal group and oral group:

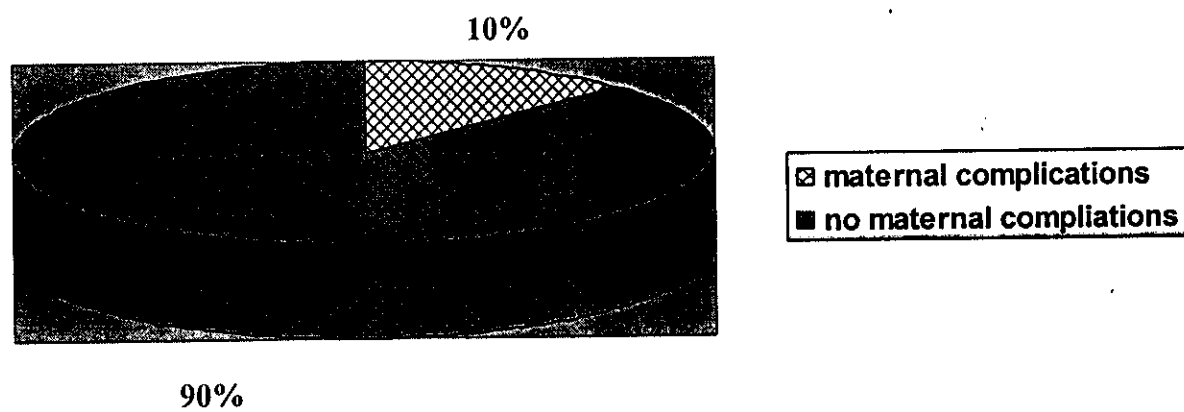
	Vaginal misoprostol	Oral misoprostol
<b>Maternal complications</b>	3 (30%)	2 (10%)
Hyperstimulation	1 (10%)	-
Nausea and vomiting	2 (20%)	2 (10%)
Traumatic post parum hemorrhage	1 (10%)	

This table shows that the maternal complications was higher in vaginal misoprostol group 3 cases = 30% than that in oral misoprostol group 2 cases = 10%. This difference between both group was statistically non significant.

There was a single case in vaginal misoprostol group who developed a serious complication which was post partum haemorrhage due to extended cervical tear due to hyperstimulation.



Group I vaginal misoprostol



Group II  
Oral misoprostol

Fig (6): Maternal complications in the studied groups.

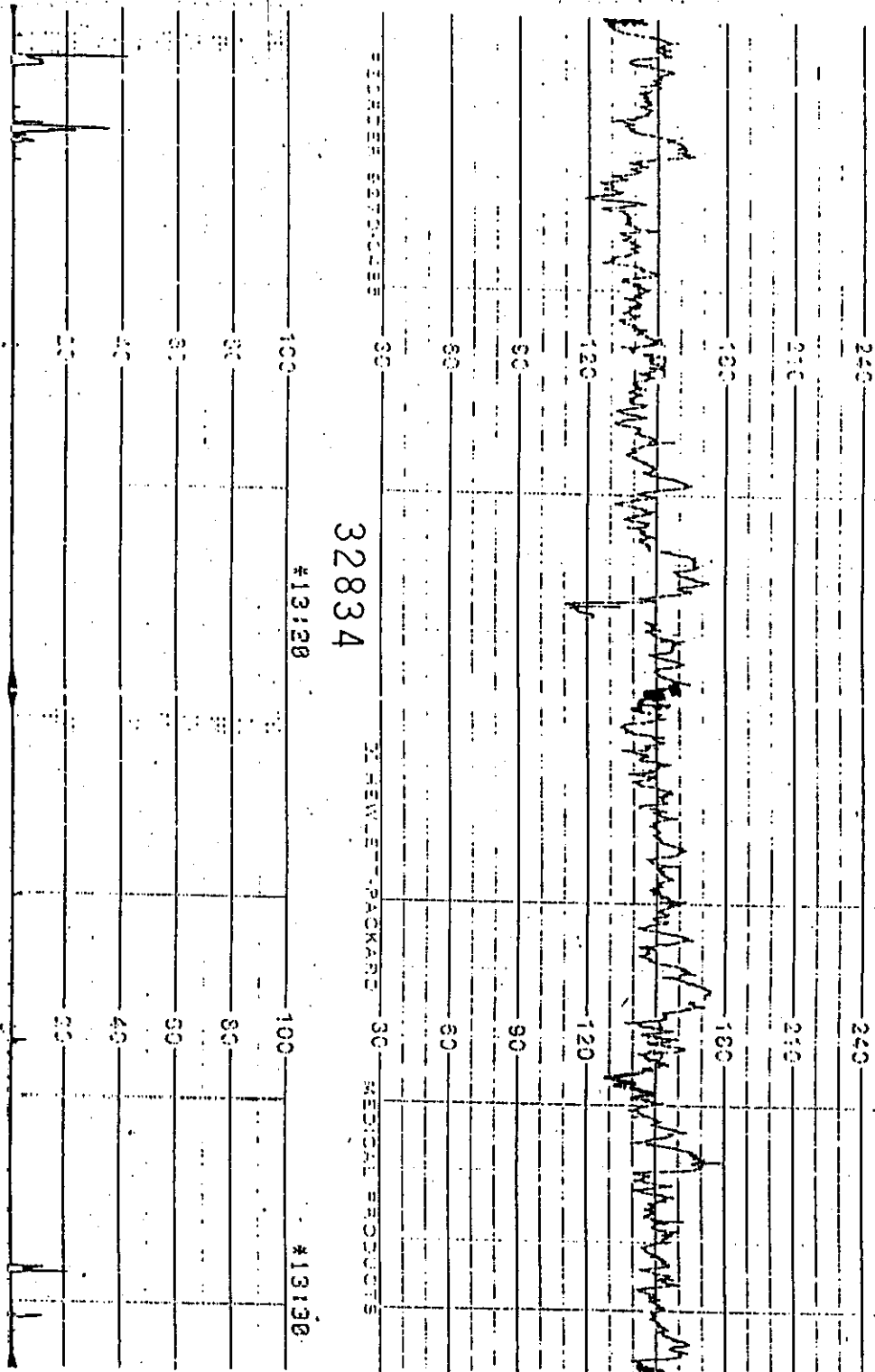


Fig (7) FHR monitoring showing reactive NST

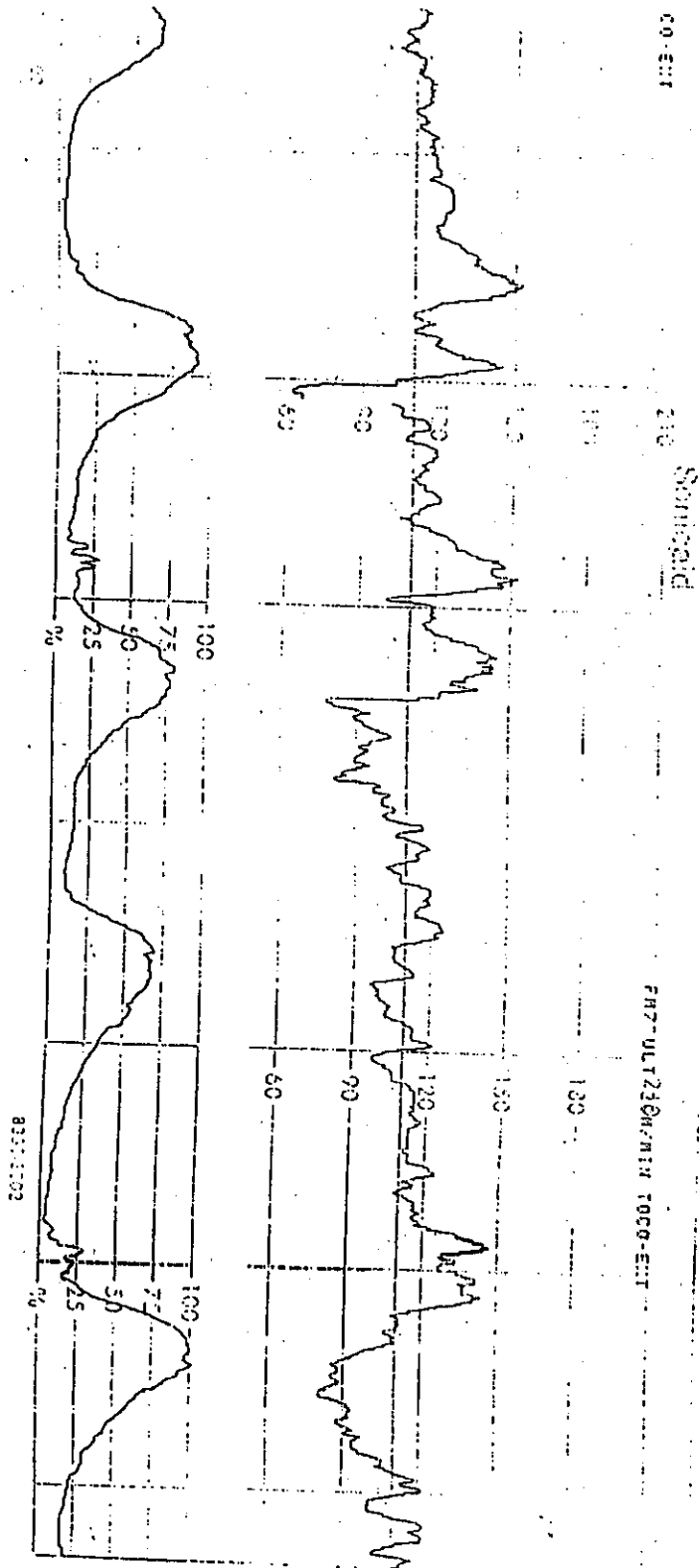


Fig (8) CTG monitoring showing early deceleration.

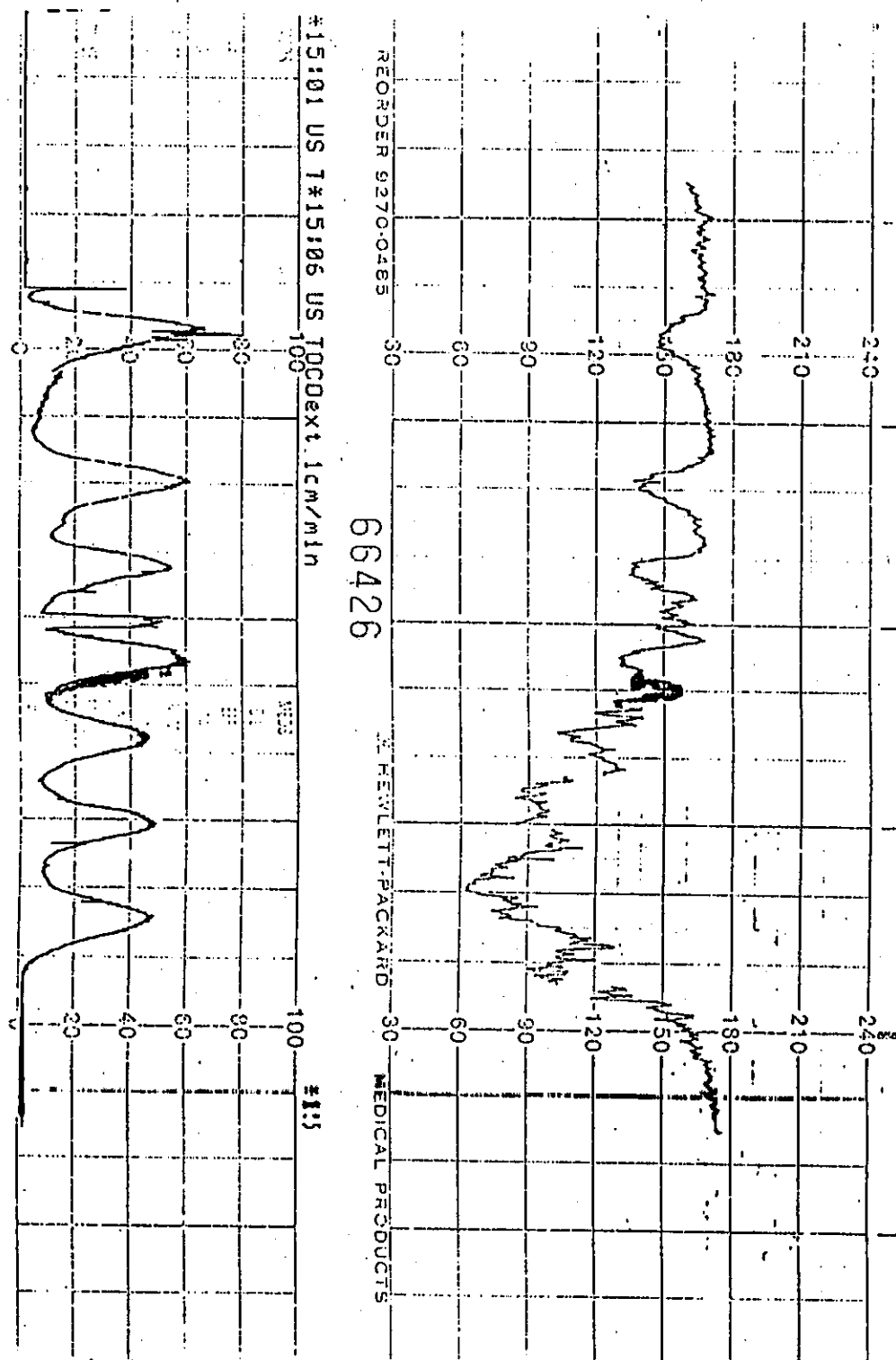


Fig (9) CTG monitoring showing hyperstimulation (>6 uterine contractions in 10 minutes + FHR changes).

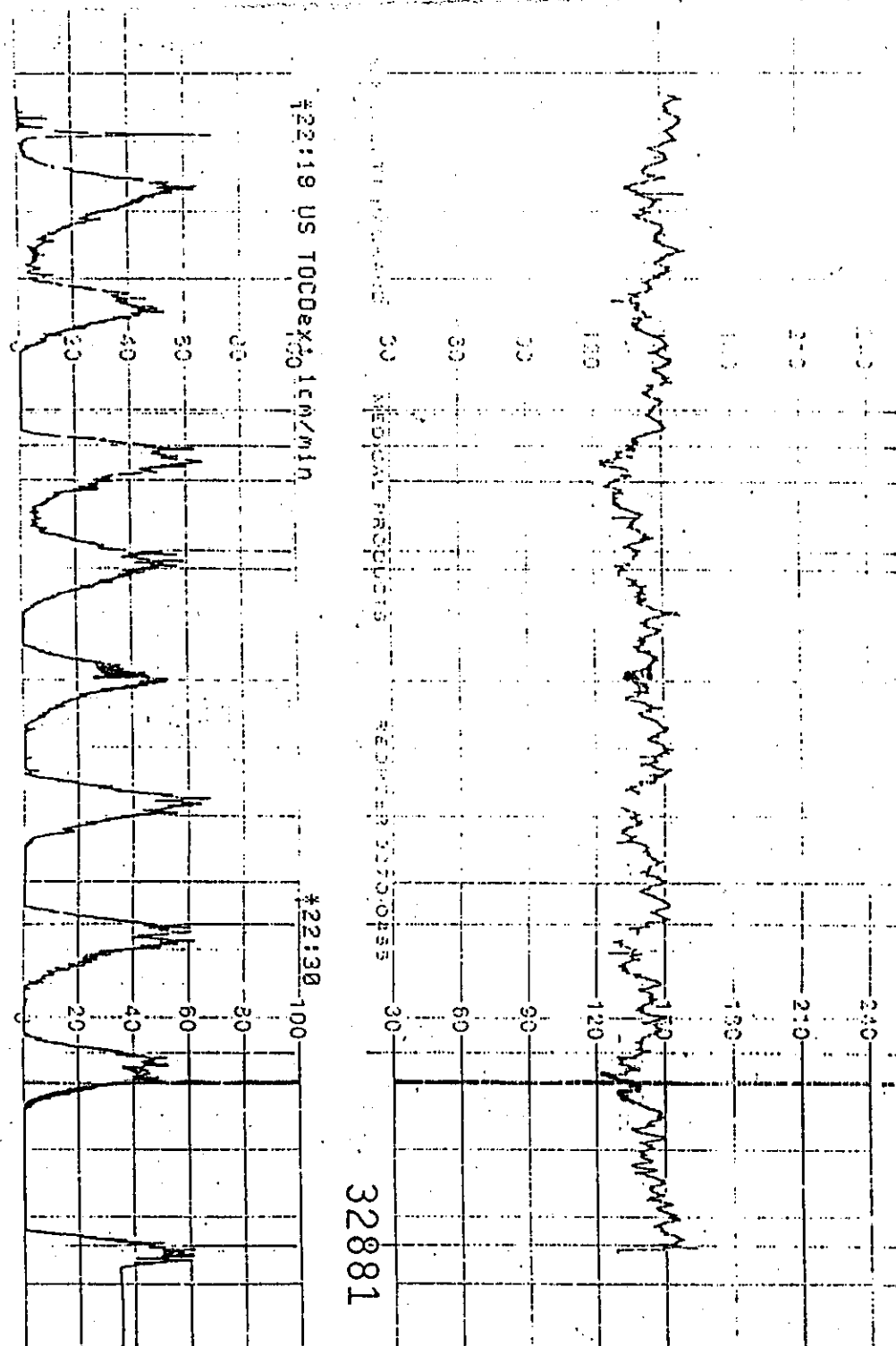


Fig (10) CTG monitoring show tachysystol.