INTRODUCTION

Recurrent aphthous stomatitis (RAS) is a chronic recurrent ulceration of the oral mucosa which recures every now and then. and may cause distress to the patients because of pain and difficulty in swallowing, No age group is immune against it. Also no sex group is immune against it as well. Many researches attempt to find aetiology of these lesions, treatment, and to prevent ulcer recurrences. But all researches fail to find the exact aetiology or prevent their recurrence.