

INTRODUCTION :

Bronchial asthma is one of the most common pediatric chronic diseases that is responsible for significant morbidity, school absenteeism and mortality. (Mori et al, 1995). A recent comprehensive definition of asthma is that; A chronic inflammatory disorder of the airways in which many cells play a role. In susceptible individuals, this inflammation causes symptoms which are usually associated with widespread, variable airway obstruction that is often reversible either spontaneously or with treatment, and causes an increase of airway responsiveness to a variety of stimuli. (NHLBI, 1995). Interleukin-10 is an intrinsic antiinflammatory peptide, originally identified and cloned as cytokine synthesis inhibitory factor, which has major downregulatory influences on inflammation. (Borish et al, 1996). Human IL-10 is produced by both T_{H1} and T_{H2} lymphocytes however, blood monocytes and tissue macrophages may be its most important source. (Del Prete G, et al, 1993). It has effects on inhibition of interferon (IFN)- γ and IL-2 Production by T_{H1} lymphocytes, IL-10 acts to inhibit cytokine production by mononuclear phagocytes, natural killer cells, T_{H2} lymphocytes. (Hsu D-H, et al, 1992). Expression of IL-10 by antipresenting cells may have a role in lessening allergic inflammation through its ability to inhibit the synthesis of nonspecific proinflammatory cytokines such as IL-1, IL-6, tumor necrosis factor (TNF)- α and IFN- γ , as well as cytokines associated with allergic inflammation including IL-4 and IL-5. (Del Prete G, et al, 1993). It was speculated by Borish et al, 1996 that diminished IL-10 Production may contribute to development of asthma.

Aim of the work :

The aim of this study is to determine the serum level of IL-10 in children with bronchial asthma during asthma attack and after treatment (after remission) as well as its level in normal non-asthmatic healthy children. It is in an attempt to find the contribution of IL-10 level in the development of asthma and the occurrence of acute exacerbations .