

INTRODUCTION

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A well balanced diet is essential for good health and well being, at all ages and should be sufficient both in quality and quantity.

Most children are fond of their food and eat well. Reluctance to eat or feed is usually an early sign that a child is unwell. Feeding a sick child can prove difficult, especially if he is away from his familiar home environment.

Malnutrition in disease, will in itself hinder recovery. So it is essential that the child's energy needs are met as soon as possible.

The aim of the present work is to discuss some points on feeding a diseased infant and child hence the following subjects will be presented:

- Nutritional requirements in health.
- Nutritional requirements in disease.
- Methods of feeding.
- Feeding high risk newborn
- Feeding in fevers and infections.
- Feeding in some gastrointestinal disorders.
- Feeding in liver diseases.
- Feeding in protein- calorie malnutrition.
- Food allergy.
- Feeding in cardiovascular diseases.
- Feeding in respiratory diseases.
- Feeding in renal diseases.
- Feeding in some endocrinal diseases.
- Feeding in some metabolic disorders.
- Feeding in some neurologic diseases.
- Pre and post operative diet.