

SUMMARY AND CONCLUSION

Summary and Conclusion

It is widely recognized that endometrial carcinoma(EC) represents the most frequent type of genital malignancy in women . Endometrial hyperplasia(EH) has been linked with endometrial carcinoma for many years and it has since long been proposed to be a predecessor to endometrial carcinoma .

The existence of a high risk subgroup among EH patients is a well established and accepted fact today . The crucial problem is the definition of this high risk population of EH patients .

The aim of our study was to evaluate recent molecular markers : DNA ploidy status , DNA index (DI) , S- phase (SPF) and c-erbB-2 oncoprotein ; also biological marker CEA to identify their value in classifying endometrial hyperplasia into low and high risk groups and their possible role in malignant transformation .

The study group consisted of 93 women and the endometrial specimens were histopathologically classified into normal group (n = 36) (16 secretory type and 20 proliferative type), hyperplastic group (n= 50) (32 simple type and 18 complex one) and malignant group (n= 7).

The mean \pm SD of age for the normal group was 41.6 ± 8.3 years for the hyperplastic 46 ± 6.1 years and for malignant cases 57 ± 9.1 years (the difference between the groups was statistically significant $P < 0.001$).

DNA analysis was made on fresh endometrial samples by FCM . All the normal endometrial tissues (secretory or proliferative) were DNA diploid ($DI = 0.9 - 1.1$) , also all cases of simple hyperplastic group showed no abnormality of DNA ploidy pattern , whereas in the complex hyperplastic group one case (6 %) was DNA aneuploid ($DI = 1.7$) which may represent a high risk case of an increased malignant potential. For the malignant cases 1 case (14 %) was diploid while the majority (86 %) were DNA aneuploid ($DI > 1.1$) .

All the seven non-diploid cases were above 40 years old and six of them were postmenopausal .

The mean \pm SD SPF for the malignant cases (13.73 ± 6.44) was significantly higher than the normal (5.54 ± 1.73) and the hyperplastic (5.63 ± 2.50) groups ($P < 0.01$) , while that of hyperplastic was not significantly different from normal ($P > 0.05$). Also non significant difference was obtained between mean SPF of normal secretory (5.28 ± 1.37) and normal proliferative (5.76 ± 1.9) or simple hyperplastic (5.23 ± 2.28) and complex hyperplastic (6.32 ± 2.66) subgroups ($P > 0.05$).

The highest value for SPF in normal cases was 9 , i.e. all normal cases ≤ 9 , whereas 12 % of hyperplastic group were > 9 ; 2 % > 10 and no cases > 15 . In the malignant group 71 % were > 9 ; also 71 % > 10

while 29 % > 15 which was statistically significant as revealed by X² test.

Regarding *c-erbB-2* oncoprotein expression measured in the endometrial tissue by EIA technique , the mean \pm SD (HNU / μ g protein) in the malignant group (3.74 \pm 2.45) was significantly higher than normal group (1.47 \pm 0.84) , $P < 0.05$; but not significantly different from the hyperplastic group (2.4 \pm 2.46) $P > 0.05$.

The highest value for *c-erbB-2* oncoprotein in the normal cases was 3.46 HNU / μ g protein , 8 hyperplastic cases (16 %)were >3.46 HNU / μ g protein and 3 malignant cases (43 %) were > 3.46 HNU / μ g protein ($P < 0.01$). Using a cut off value for *c-erbB-2* oncoprotein = 3.15 HNU/ μ g protein (mean + 2 SD) 1 (3 %) normal case was > 3.15 while 10 (20 %) hyperplastic cases and 4 (57 %) malignant cases were > 3.15 HNU / μ g protein , a statistically significant difference ($P < 0.01$). From the 15 cases > 3.15 HNU / μ g protein 9 (60 %) premenopausal and 6 (40 %) postmenopausal; also one (7%) was \leq 40 years and 14 (93 %) were > 40 years .

Concerning serum CEA the mean \pm SD (ng /ml) of normal group (3.72 \pm 0.54) , hyperplastic (3.75 \pm 0.60) and malignant (3.83 \pm 0.17) which was a non significant difference .

Non significant correlation was found between age, parity, *c-erbB-2*, CEA , and SPF in the normal group while in the hyperplastic group only a positive significant correlation between parity and SPF was detected .

Whereas in the malignant group significant positive correlation between tumor grade with both **DI** and **SPF** also between **DI** and **SPF** .

From the data of the present study we could conclude that : **FCM** of cellular **DNA** content is a rapid , objective , quantitative and sensitive method to determine a highly specific and stable tumor cell marker . The utility of this technology in the evaluation of premalignant and malignant tissues (e.g. **EH** and **EC**) is becoming increasingly recognized . **DNA** analysis data by **FCM** may be useful for selecting a subset of **EH** patients with high risk of developing **EC** .

FCM DNA measurements (ploidy status , **DI** , and **SPF**) might add information independent of clinical and histopathological examination and might help the clinician about the decision and way of management of some cases of **EH**.

A major advantage of **FCM** measurements is that they can be done on fresh or stored (paraffin embedded) tissues as well as they are much less time consuming than other methods of **DNA** analysis.

To ascertain whether aneuploid **EH** cases represent definitely a premalignant lesions , the **DNA** results should be correlated with the final histologic and clinical follow up of patients .

In this era of rapid acceleration of knowledge of **molecular biology** in the oncologic sciences , we can expect growth factors and oncogenes to take a prominent place in molecular epidemiology and the assay of tissue and tumor virulence . These virulence factors should reduce our

complacency about the ease of curability of EH and EC and sharpen our interest in individualizing treatment of these diseases .

Measurements of *c-erbB-2* oncoprotein might help to detect more risky cases of EH since alteration in the expression of *c-erbB-2* oncoprotein might play an important role in malignant transformation .

Whether *c-erbB-2* proto-oncogene activation is actually involved in the transformation from normal to neoplastic endometrium remains to be proved. However , the presence of the *c-erbB-2* product in the hyperplastic endometrial tissues in amount higher than normal endometrial tissue and near to that of malignant tissue support this hypothesis in a subset of EH populations .

A much larger numbers of patients must be studied to determine the role and prognostic significance of *c-erbB-2* (and other) oncogene(s) amplification and/or overexpression in normal, hyperplastic and malignant endometrial tissues .

Clinically , this study indicates that *molecular markers* and biologic data must be taken into account in the management of patients with EH and EC. The more we understand about the *molecular biology and markers*, not only in malignant tissues, but also in normal and premalignant tissues, the closer we will come to using *molecular markers* to their potential in diagnosis, prognosis and therapeutic management of cancer patients .

Ultimately , our future treatment might include a form of *gene therapy* or be directed at inhibitors of growth factors and oncoproteins that might have some role in malignant transformation .