PART V

SUMMARY

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The choice of operative procedure in the surgical management for of patients with duodenal ulcer has been a long established dilemma. During the past 30 years some forms of vagotomy has largely supplanted partial gastrectomy. The necessary addition of a gastric drainage procedure in truncal and selecture vagotomy has been held responsible for some post-vagotomy complication (Mckelvey, 1970). In an attempt to overcome these problems, the operation of highly selective vagotomy (HSV) (Johnston & Willeinson 1970) was introduced; alternatively callled parietal cell vagotomy (PCV) (Amdrup & Jensen 1970) or selective proximal vagotomy (SPV) (Holle and Hart 1967).

This study consists largely of a clinical comparison of these three types of vagotomy and comparison of their physiologic effects

Our study included 49 patients (44 males and 5 females) with chronic duodenal ulcer admitted for elective surgery in the university gastroenterology unit of Mansoura in the period between I976-I980 . The patients were operated upon by either PCV (17 cases) S.V. + P (15 cases) or T.V. + P (17 cases) .

These cases subjected besides clinical assessement to a lot of investigations including gastric function studies (Basal and maximal acidity, and insulin test), metabolic studies (fat in

stool, glucose tolerance test). Diagnosis and post-operative evaluation were accomplished by radiological and endoscopic examination. After operation, the patients were followed for a period varying from 11 - 56 m., and functional assessement of post-operative symptoms for overall grading of results was done by using modified visick classification (Goligher, 1968).

Operative mortality was nil. no recurrence was found after PCV, although recurrence occured in 2 cases (13.3%) after S.V + P one of them was unhealed up to one and half years inspite of medical and dietarey regimen and the other had recurrence after 6 m. In T.V. + P, one case showed recurrence in the form of delayed healing up to $1\frac{1}{2}$ years .

As regard post-operative symptoms and complications: 2 cases showed gastric retention, one after PCV and is proved by endoscopy and by X-ray to be due to loss of antral motility indicating injury of the nerve of latarjet. The second case showing gastric retention after S.V. + P was due to narrow and deformed pyloroplasty

Vomiting has been found in 3 cases (17.6%) after PCV, in 3 cases (20%) after S.V. + P and in one case (5.8%) after T.V. + P. Vomiting was not severe and was controlled easily by diet regimen except in cases of retention .

Dumping was found in 3 cases (17.6%) after P.C.V., in 2 cases (13.3%) after S.V. + P and in 4 cases (23.5%) after T.V. + P.

The dumping was mild and in most of cases disappeared by stoppage of heavy fatty and high carbohydrate meal.

Diarrhea was found in 2 cases (11.8%) after PCV, 2 cases (13.3%) after S.V. + P and in 3 cases (17.6 %) after T.V. + P. Diarrhea was mild and not troublesome to the patient .

Distention was found in 11 cases and the distention was colonic Heart burn was found in 4 case (8.2 %) which needed no any symptomatic treatment. The cause was most probably due to loss of normal anatomic relation of the oesophagus and stomach to the diaphragm and denervation of the abdominal oesophagus (Woodward 1969).

Gastric acidity done pre-operatively and post-operatively showed that PCV was associated with the highest percent of reduction of BAO (75.38%) followed by T.V. + P (72.14%) followed by S.V. + P (62.92%), although no significant statistical difference was found between the three groups. The percent reduction of M.A.O. after vagotomy was about equal after PCV (69.97%) and after T.V.+P (70.89%) but significantly lower in S.V. + P (58.25%).

In the follow-up period, we noticed that at 6m., the basal and maximal acid output increase after all types of vagotomy, but the increase was statistically insignificant and was almost maintained

during the follow-up period .

Insulin test was done on 47 cases to evaluate completeness of vagotomy. 39 cases proved repeatedly to be negative, however 8 cases proved or turned to be positive. The three recurrent cases proved to be insulin positive after 6 months.

No difference was found to exist between pre and post-operative 24h. fat in stool in PCV group but mild significant increase (P = 0.05) was found S.V. + P and highly significant increase (P = 0.0001) after T.V. + P.

Blood sugar curve showed no statistical difference between fasting blood sugar pre and post-operatively. The one-hour blood glucose value shows no changes after PCV, but mild significant increase (P = 0.05) after S.V. + P and T.V. + P, and these changes were sustained during the all follow-up period .

Barium meal was done on 45 patients pre-operatively, 76% of them proved to be positive ulcer lesions. Gastric emptying time was reduced in all types of vagotomy, the reduction being mimimum after PCV (3.77 %) followed by S.V. + P group (7.5%) and greatest after T.V. + P group (12.26%).

46 cases were diagnosed endoscopically as active duodenal ulcer . Endoscopy was done post-operatively to assess the healing

of the ulcer and antral motility, at the end of 6 months, all cases were healed except one case in T.V. + P which remained unhealed till 1½ years, and 2 cases after S.V. + P one of them showed recurrence after 6 m, and the other was unhealed.

An overall assessement according to modified visick grading done on all operated patients showed, In PCV group: 88.2 % of cases were graded as highly satisfactory (grade I & II), 5.9 % as satisfactory (grade III) and 5.9 % as unsatisfactory (grade IV), In S.V. + P, 79.9 % of cases were graded as grade I & II and 20 % as grade IV. In T.V. + P group 94 % of cases considered as grade I & II and 5.9 % (one recurrent case) as grade IV.

So the overall visick grading reveals that 87.8 % of all cases are classified as grade I & II and 2.04 % as grade III and 10.2 % as grade IV .

CONCLUSION

It can be concluded from this study that vagotomy is a safe operation for the treatment of D.U.; mortality was nil, the overall incidence of recurrence in the whole series was 6.16 % which is comparable to figures from different authors. The incidence of post-operative symptoms was low, mild to moderate in degree, and most could be easily controlled. They were equally effective in reducing gastric acidity, both basal and maximal and this reduction was maintained during the period of follow-up.

However, PCV was distinguished by the absence of recurrence, low incidence of post-operative symptoms and highly satisfactory results to the patients, but it needs a longer period of evaluation " to stand the test of time ".