# Results

#### RESULTS

#### 1- Control group

# complete blood picture

- Haemoglobin concentration : ranged between 10-145mg% with a mean of 12.7±0.3 mg%.
- RBCs counts ranged between 3.9-5.3 million/cmm with a mean of 4.7±0.1 million/cmm.
- WBCs count : ranged between 3900-9000/cmm with a mean of 6105±393.3/cmm.
- Platelet count : ranged between  $170-372x10^3$ /cmm with a mean of  $255\pm16.8x10^3$ /cmm.

# ii. Coagulation study:

- Prothrombin activity ranged between 73-111% with a mean of 89.9±3.3%.
- Activated partial thromboplastin time ranged between 30-40.8 seconds with a mean of 34.1±.9 seconds.
- Fibrinogen concentration ranged between 230-498mg% with a mean of 345.1±22.3mg%.
- Activated protein C resistance : none of the control group were APC resistance positive.

#### iii. Serum lipids:

- Cholesterol concentration ranged between 152-283mg% with a mean of 190.4±9.9 mg%.
- Triglyceride concentration: ranged between 61-142mg% with a mean of 101.5 ±6.8mg%.
- HDL concentration ranged between 32-55mg% with a mean of 41.6±1.7mg%.
- LDL concentration ranged between 69-211mg% with a mean of 115.5±10.4mg%
- iv. **CRP seropositivity** :33.3% are seropositive to CRP while 66.7% are seronegative
- v. **H. pylori seropositivity** :66.7% are seropositive to H. pylori while 33.3% are seronegative.

#### 2-Coronary heart disease (CHD) group:

- i. Complete blood picture:
- haemoglobin concentration ranged between 10.5-15mg% with a mean of 12.2±0.5mg%.
- RBCs count ranged between 3.3-5.4 million/cmm with a mean of 4.4+0.1 million/cmm.
- WBCs count ranged between 4200-12.800/cmm with a mean of 7836,3+403.6/cmm.
- Platelets count ranged between 133-460x10<sup>3</sup>/cmm with a mean of

271.7±18.1x10<sup>3</sup>/cmm.

#### ii. Coagulation study:

- Prothrombin activity: ranged between 74-116% with a mean of 92.8±2.2%.
- Activated partial thromboplastin time: ranged between 29.5-41.5 seconds with a mean of 35.4+0.6 seconds.
- Fibrinogen concentration ranged between 204-748mg% with a mean of 411.8±22.6mg%.
- (APC) resistance: 26.7% are positive.

#### iii. Serum lipids:

- Cholesterol concentration ranged between 142-386mg% with a mean of 224.7±10.2mg%.
- Triglyceride concentration ranged between 56-302mg% with a mean of 127.3±10.1mg%.
- High density lipoprotein (HDL) concentration: ranged between 21-166mg% with a mean of 49±5.5mg%.
- Low density lipoprotein (LDL) concentration: ranged between 85.6-328 with a mean of 157.2±10.7mg%.
- iv. C-reactive protein seropositivity: 53.3% are seropositive while 46.7% are seronegative.
- v. **H. pylori seropositivity**: 83.3% are seropositive while 16.7% are seronegative.

# 3-Comparison between CHD group and normal controls:

#### i. Risk factors :(table 1)

- Diabetes mellitus: showed a statistically non-significant high prevalence in CHD group (63.3%) as compared to control group (33.3%), p>0.05.
- Hypertension: showed a statistically non-significant higher prevalence in CHD group (66.7%) as compared to control group (40%), p>0.05.
- Smoking habits: expressed a non-significant higher prevalence in CHD group (36.7%) as compared to control group (20%), p>0.05.
- H. pylori seropositivity: showed a statistically non-significant higher prevalence in CHD group (83.3%) as compared to (66.7%) of normal control, p>0.05.

#### ii. Complete blood picture: (table 2)

- Hemoglobin concentration: showed a non-significant lower level in CHD group (12.2±0.5mg%) as compared to (12.7±0.3mg%) control group, P>0.05.
- RBCs count: expressed a non-significant lower count in CHD group (4.4±0.1 million/cmm) as compared to control group (4.7±0.1 million/cmm), P>0.05.
- WBCs count: showed a significant higher count in CHD group

- $(7836\pm403/\text{cmm})$  as compared to control group  $(6105\pm393/\text{cmm})$  (p<0.05).
- Platelet count: expressed a non-significant higher count in CHD group (217.7±18.1x10³/cmm) as compared to normal control (255.1±16.8x10³/cmm), p>0.05.

#### iii. Coagulation study: (table 3)

- Prothrombin activity showed a non-significant higher level in CHD group (92.8±2.2%) as compared to control group (89.9±3.3%), p>0.05.
- Activated partial thromboplastin time showed a non-significant longer time in CHD group (35.4±0.6 sec) as compared to normal control (34.1±0.9), p>0.05.
- Fibrinogen concentration: showed a non-significant higher level in CHD group (411.8±22.6mg%) as compared to normal control group (345.1±22.3mg%), p>0.05.
- APC resistance positivity expressed a highly significant higher prevalence in CHD group (26.7%) as compared with the control group (0%), p<0.01.

#### iv. Serum lipids and CRP: (table 4)

Cholesterol concentration showed a significantly higher level in
 CHD group (224.7±10.2mg%) as compared to control group

- (190.4±9.9), p<0.05.
- Triglyceride concentration expressed a significantly higher level in CHD group (127.1±10.1mg%) as compared to control group (101.5±6.8mg%), p<0.05.
- HDL: showed a non-significantly higher level in CHD group (49.0±5.5mg%) as compared to control group (41.6±1.7mg%), p>0.05.
- LDL: expressed a significantly higher level in CHD group (157.3±10.7mg%) as compared to normal control (115.5±10.4mg%), p<0.05.
- CRP seropositivity showed a non significant higher prevalence in CHD group (53.3%) as compared to normal control (33.3%), p>0.05.

# 4-Prevalence of H. pylori infection in the study group: (table 5) It was 77.8%

# 5-Comparison between H. pylori seropositive and H. pylori seronegative in CHD group:

- i. Risk factors:(table6)
- Diabetes: showed statistically non-significant higher prevalence in HP+ve group (64%) more than HP -ve group (60%), p>0.05.
- Hypertension: expressed a non significant higher prevalence in

- HP +ve group (64%) more than HP -ve group (60%), p>0.05
- Smoking habits: showed a non-significant lower prevalence in HP+ve group (36%) more than HP -ve group (40%), p>0.05.

## ii. Complete blood picture: table (7)

- Haemoglobin concentration: showed a non-significant low level in HP +ve group (12.1±0.5mg%) as compared to HP -ve group (12.9±0.4mg%), p>0.05.
- RBCs count: expressed a highly significant lower count in HP +ve group (4.3±0.1 million/cmm) than in HP-ve group (4.9±0.1), p<0.01.
- WBCs count: showed a non significant higher count in Hp+ve group (8013±402.8/cmm) than in HP-ve group (6950±1408.4/cmm), p>0.05).
- Platelet count showed a significantly high count in HP +ve group (288±18.9x10<sup>3</sup>/cmm) as compared to HP-ve (190±38.7x10<sup>3</sup>/cmm), p<0.05.

## iii. Coagulation study: table (8)

- Prothrombin activity expressed a non significant higher activity in HP+ve group (92.9±2.3%) than HP -ve group (91.4±7.0), p>0.05.

- Activated partial thromboplastin time expressed a non significant short time in HP +ve group (35.3±.7 second) as compared to HP ve group (36.2±1.5 second).
- Fibrinogen concentration showed a significantly higher concentration in HP +ve (427.2+12.5mg%) more than in HP -ve group (334.6+39.3mg%), p<0.05
- APC resistance: showed a non-significant higher prevalence in HP +ve group (32%) than in HP -ve group (0%), p>0.05.

#### iv. Serum lipids and CRP:(table 9)

- Cholesterol level showed a non-significant high level in HP+ve group (227.1±12mg%) as compared to HP-ve group (212.6±13.3mg%), p>0.05.
- Triglyceride level showed a non significant high level in HP+ve group (132.4±11.3mg%) as compared to HP-ve group (100.6±20.1mg%), p>0.05.
- HDL level expressed a non significant low level in HP +ve group (48.8±6.3mg%) as compared to HP -ve group (50.0±11.2mg%), p>0.05
- LDL concentration showed a non significant higher level in HP +ve group (160.1±12.1mg%) than (142.6±23.3mg%) of HP ve group.
- CRP seropositivity showed a significantly higher prevelance in

HP +ve group (64%) than in HP -ve group (0%), p<0.05.

# 6-Comparison between H.pylori seronegative and H.pylori serppositive in control group:

- i. Risk factors: (table10)
- Diabetes mellitus: showed a non significant high prevalence in HP +ve (50%) than HP -ve (0%) group, p>0.05.
- Hypertension: showed a non-significant high prevalence in HP+ve (50%) as compared to HP-ve group (20%), p>0.05.
- Smoking: expressed an equal prevalence in both HP+ve and HP-ve groups, each is (20%).

#### ii. Complete blood picture (table11)

- Haemoglobin concentration: showed a higher concentration of HP+ve group (13.1±0.3mg%) than HP-ve group (12.1±0.9mg%) which is non-significant.
- RBCs count showed a non-significant higher count in HP+ve group (4.8±0.1million/cmm) than HP-ve (4.3±0.3million/cmm)
- WBCs count: expressed a non significant high count in HP+ve (6700±129.4/cmm) as compared to HP-ve (6026±1844.9/cmm)
- Platelet count: showed a non-significant high count in HP+ve group (289.3±23.9x10<sup>3</sup>/cmm) as compared to HP-ve group (239.3±20.9x10<sup>3</sup>/cmm), p>0.05.

## iii. Coagulation study:(table12)

- Prothrombin activity: showed a non-significant lower activity in HP+ve (89.8±4.8%) as compared to HP-ve group (94.6±2.9%), p>0.05.
- APTT: expressed a non-significant longer time in HP +ve (34.3±1.0sec.) than HP-ve (33.7±1.9 sec.), p>0.05.
- Fibrinogen: showed a non-significantly high level in HP+ve group (353.2±59.6mg%) as compared to HP-ve group (341.2±19.8mg%).

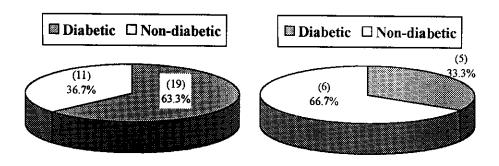
## iv. Serum lipids and CRP:(table13)

- Cholesterol concentration showed a significantly higher level of cholesterol in HP+ve (206.3±12.1mg%) than HP-ve (158.6±2.7mg%), p<0.05.
- Triglyceride concentration expressed a non-significant high level in HP +ve group (106±8.3mg%) as compared HP -ve group (92.2±12.3mg%), p>0.05.
- HDL concentration showed a non-significant low level in HP+ve group (40.8±1.1mg%) as compared to HP-ve (43.2±4.9mg%).
- LDL concentration showed a non-significant low level in HP+ve group (114.9±10.8mg%) as compared to HP -ve group (116.6±24.8mg%).
- CRP seropositivity showed a non-significant high prevalence in

HP+ve group (40%) as compared to HP-ve group (20%).

Table (1):

	Coronary heart disease	Control	Significance
	N=30	N=15	
Age	60.8 <u>+</u> 1.4	55.9 <u>+</u> 2.4	>0.05
Sex Male	17 (56.7%)	7 (46.7%)	>0.05
Female	13 (43.3%)	8 (53.3%)	
СРК	163.6 <u>+</u> 12.9	85.7 <u>+</u> 11.9	<0.01
LDH	215.0±17.1	269.5 <u>+</u> 23.3	>0.05
Diabetes	19 (63.3%)	5 (33.3%)	>0.05
Hypertension	20 (66.7%)	6 (40.0%)	>0.05
Smoking	11 (36.7%)	3 (20%)	>0.05
HP+ve	25 (83.3%)	10 (66.7%)	>0.05



Coronary Heart disease Figure (1): Diabetes

Control

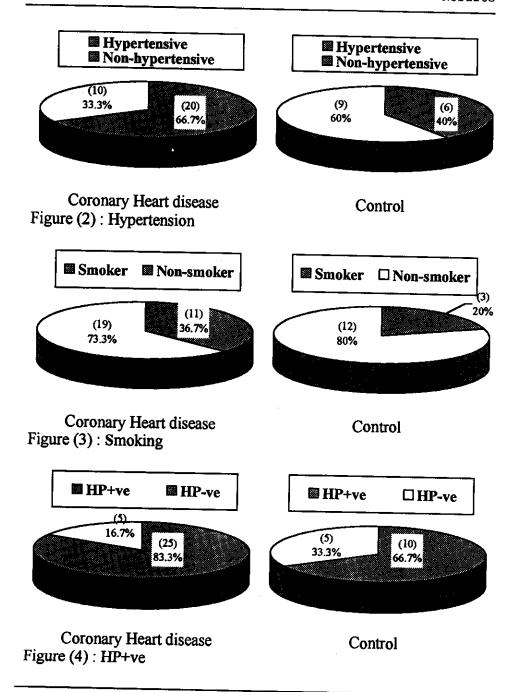


Table (2): Complete blood picture

	Coronary heart disease	Control	Significance
	N=30	N=15	
Hb%	12.2 <u>+</u> 0.5	12.7 <u>+</u> 0.3	>0.05
RBCs	4.4 <u>+</u> 0.1	4.7 <u>+</u> 0.1	>0.05
WBCs	<b>78</b> 36.3 <u>+</u> 403.6	6105 <u>+</u> 393.3	<0.05
Platelets	271.7 <u>+</u> 18.1	255.1 <u>+</u> 16.8	>0.05

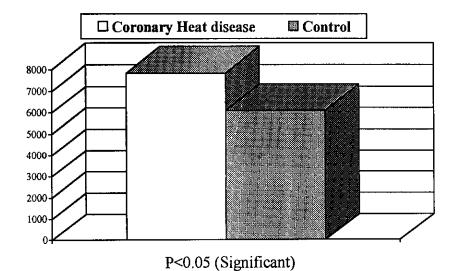


Figure (5): WBCs

Table (3): Coagulation study

	Coronary heart disease N=30	Control n=15	Significance
Prothrombin activity	92.8 <u>+</u> 2.2	89.9 <u>+</u> 3.3	>0.05
APTT	35.4 <u>+</u> 0.6	34.1 <u>+</u> 0.9	>0.05
Fibrinogen	411.8 <u>+</u> 22.6	345.1 <u>+</u> 22.3	>0.05
APC resistance	8 (26.7%)	0	<0.01

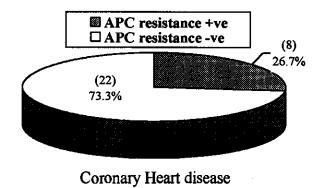


Figure (6): APC resistance

Table (4): Lipid profile & CRP

	Coronary heart disease	Control	Significance
	N=30	N=15	
Cholesterol	224.7 <u>+</u> 10.2	190.4 <u>+</u> 9.9	<0.05
Triglycerides	127.1 <u>±</u> 10.1	101.5 <u>+</u> 6.8	<0.05
HDL	49.0 <u>+</u> 5.5	41.6 <u>+</u> 1.7	>0.05
LDL	157.3 <u>+</u> 10.7	115.5 <u>+</u> 10.4	<0.05
CRP +ve	16 (53.3%)	5 (33.3)	>0.05

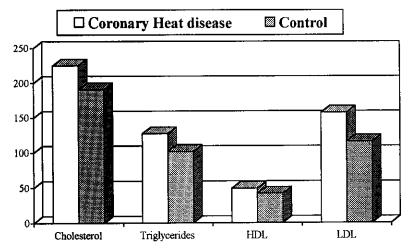
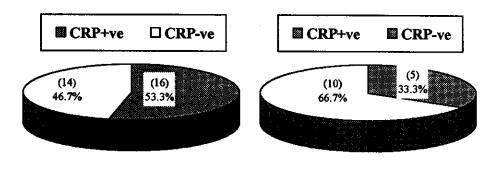


Figure (7): Lipid profile



Coronary Heart disease Figure (8): CRP +ve

Control

Table (5): Prevalence of H. pylori infection in the community.

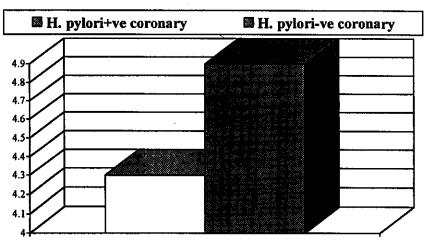
	dise	ry heart ease =30		ntrol =15	To	otal
	No	%	No	%	No	%
+ve	25	83.3	10	66.7	35	77.8
-ve	5	16.7	5	33.3	10	22.2

Table (6): H. pylori +ve Vs. H. pylori -ve in coronary heart disease

	H. pylori +ve Coronary N=25	H. pylori -ve coronary n=5	Significance
Age	61.4 <u>+</u> 1.6	58.2 <u>+</u> 2.9	>0.05
Sex Male	14 (56.0%)	3 (60%)	>0.05
Female	11 (44.0%)	2 (40%)	
СРК	153.0 <u>+</u> 11.9	216.4 <u>+</u> 46.3	>0.05
LDH	210.7 <u>+</u> 18.0	236.4 <u>+</u> 53.6	>0.05
Diabetes	16 (64.0%)	3 (60%)	>0.05
Hypertension	16 (64.0%)	3 (60%)	>0.05
Smoking	9 (36.0%)	2 (40%)	>0.05

Table (7): Complete blood picture

	H. pylori +ve Coronary N=25	H. pylori -ve coronary N=5	Significance
Hb%	12.1±0.5	12.9 <u>+</u> 0.4	>0.05
RBCs	4.3±0.1	4.9 <u>+</u> 0.1	<0.01
WBCs	8013.6 <u>+</u> 402.8	6950.0 <u>+</u> 1408.4	>0.05
Platelets	288.0±18.9	190.0 <u>+</u> 38.7	<0.05



P<0.01 (Highly significant)

Figure (9): RBCs

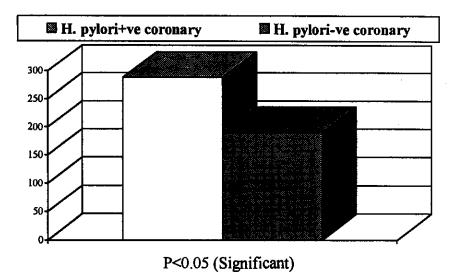


Figure (10): Platelets

Table (8): Coagulation study

	H. pylori +ve Coronary N=25	H. pylori -ve coronary n=5	Significance
Prothrombin activity	92.9 <u>+</u> 2.3	91.4 <u>+</u> 7.0	>0.05
APTT	35.3±0.7	36.2 <u>+</u> 1.5	>0.05
Fibrinogen	427.2 <u>+</u> 12.5	334.6 <u>+</u> 39.3	<0.05
APC resistance	8 (32.0)	. 0	>0.05

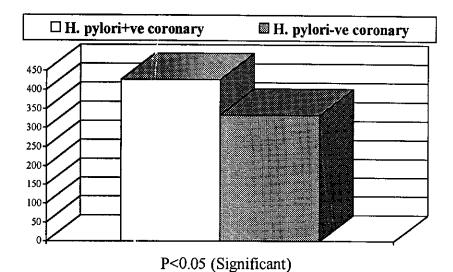
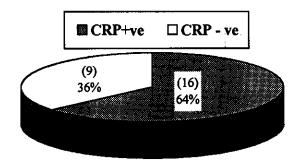


Figure (11): Fibrinogen

Table (9): Lipid profile & CRP

	H. pylori +ve Coronary N=25	H. pylori -ve coronary N=5	Significance
Cholesterol	227.1 <u>+</u> 12.0	212.6 <u>+</u> 13.3	>0.05
Triglycerides	132.4 <u>+</u> 11.3	100.6 <u>+</u> 20.1	>0.05
HDL	48.8 <u>+</u> 6.3	50.0 <u>+</u> 11.2	>0.05
LDL	160.1±12.1	142.6 <u>+</u> 23.3	>0.05
CRP +ve	16 (64.0%)	0	<0.05



H. pylori +ve coronary heart disease

Figure (12): CRP +ve

Table (10): H. pylori +ve Vs. H. pylori -ve in control group.

	H. pylori +ve Control N=10	H. pylori -ve control N=5	Significance
Age	55.7 <u>+</u> 3.0	56.2 <u>+</u> 4.2	>0.05
Sex Male	4 (40.0%)	3 (60%)	>0.05
Female	6 (60.0%)	2 (40%)	
СРК	81.6 <u>+</u> 15.9	93.8 <u>+</u> 17.7	>0.05
LDH	301.1 <u>+</u> 21.0	204.4 <u>+</u> 47.4	>0.05
Diabetes	5 (50%)	0	>0.05
Hypertension	5 (50%)	1 (20%)	>0.05
Smoking	2 (20%)	1 (20%)	>0.05

Table (11): Complete blood picture

	H. pylori +ve Control N=10	H. pylori -ve control N=5	Significance
Hb%	13.1 <u>+</u> 0.3	12.1±0.9	>0.05
RBCs	4.8 <u>+</u> 0.1	4.3 <u>+</u> 0.3	>0.05
WBCs	6700 <u>+</u> 129.4	6026.0 <u>+</u> 583.0	>0.05
Platelets	289.2 <u>+</u> 23.9	239.3 <u>+</u> 20.9	>0.05

Table (12): Coagulation study

Fable (12) : Coa	H. pylori +ve Control N=10	H. pylori -ve control N=5	Significance
PT	89.8+4.8	94.6 <u>+</u> 2.9	>0.05
APTT	34.3±1.0	33.7 <u>+</u> 1.9	>0.05
Fibrinogen	353.2±59.6	341.0 <u>+</u> 19.8	>0.05
APC	0	0	>0.05

Table (13): Lipid profile & CRP

H. pylori +ve Control	H. pylori -ve control N=5	Significance
	158.6 <u>+</u> 2.7	<0.05
	92.2 <u>+</u> 12.3	>0.05
	43.2 <u>+</u> 4.9	>0.05
	116.6+24.8	>0.05
	1 (20%)	>0.05
		H. pylori +ve Control control N=10 N=5  206.3±12.1 158.6±2.7  106.1±8.3 92.2±12.3  40.8±1.1 43.2±4.9  114.9±10.8 116.6±24.8