SUMMARY

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Meniscal repair:

Permanent suture is recommended for meniscus repair as it appear to allow for longer & more stable fixation permitting more complete maturation and remodeling of the meniscus vertically placed suture types had the hight and horizontally placed suture types the lowest primary stability.

Results of open and arthroscopic meniscal suturing proved to be equal open meniscal suturing allow better preparation of the repair site, percise suture placement and suture can be placed vertically through the meniscus, but morbidity is less after arthroscopic techniques.

Meniscal repair with the biodegradable arrow give nearly the same results of meniscal suturing.

Meniscal replacement:

In most series, patients experienced a decrease in pain and an increase of activity level postoperatively. Meniscus replacement with frozen or cryopreserved allografts seems to give the most promising short term results.

