

# Content

	Pages
<b>Introduction</b>	<b>1</b>
<b>Aim of the work</b>	<b>2</b>
<b>Review of literature</b>	<b>4</b>
Classification of DM	5
Diagnosis	7
Types of DM	11
Diabetic neuropathy	17
Apoptosis	20
Mechanism and regulation	22
The Fas/FasL system	29
Importance of apoptosis	33
Apoptosis and diabetes mellitus	36
Free radicals and reactive oxygen species	39
Oxidative stress	41
Antioxidants	44
Antioxidant system	44
N-acetyl L-cysteine	54
Antioxidants and diabetes mellitus	56
<b>Subjects and Methods</b>	<b>59</b>
<b>Results</b>	<b>77</b>
<b>Discussion</b>	<b>102</b>
<b>Summary</b>	<b>114</b>
<b>Conclusion</b>	<b>115</b>
<b>References</b>	<b>117</b>
<b>Arabic summary</b>	

## List of tables

<b>No.</b>		<b>Pages</b>
<b>Table 1</b>	Criteria for the diagnosis of diabetes mellitus	<b>7</b>
<b>Table 2</b>	Role of the laboratory in diabetes mellitus	<b>10</b>
<b>Table 3a</b>	Fasting blood glucose level in the studied groups	<b>77</b>
<b>Table 3b</b>	Comparison between fasting blood glucose levels among the studied groups	<b>78</b>
<b>Table 4a</b>	Post prandial blood glucose level in the studied groups	<b>80</b>
<b>Table 4b</b>	Comparison between post prandial blood glucose levels among the studied groups	<b>80</b>
<b>Table 5a</b>	Glycohaemoglobin level in studied groups	<b>82</b>
<b>Table 5b</b>	Comparison between glycohaemoglobin levels among the studied groups	<b>82</b>
<b>Table 6a</b>	Triglycerides level in the studied groups	<b>84</b>
<b>Table 6b</b>	Comparison between triglycerides levels among the studied groups	<b>84</b>
<b>Table 7a</b>	Cholesterol level in the studied groups	<b>86</b>
<b>Table 7b</b>	Comparison between cholesterol levels among the studied groups	<b>86</b>
<b>Table 8a</b>	HDL-C level in the studied groups	<b>88</b>
<b>Table 8b</b>	Comparison between HDL-C levels among the studied groups	<b>88</b>
<b>Table 9a</b>	LDL-C level in the studied groups	<b>90</b>
<b>Table 9b</b>	Comparison between LDL-C levels among the studied groups	<b>90</b>
<b>Table 10a</b>	Cholesterol / HDL ratio in the studied groups	<b>92</b>

<b>Table 10b</b>	Comparison between cholesterol / HDL ratio among the studied groups	<b>92</b>
<b>Table 11a</b>	Malondialdehyde level in the studied groups	<b>94</b>
<b>Table 11b</b>	Comparison between malondialdehyde levels among the studied groups	<b>94</b>
<b>Table 12a</b>	sFas level in the studied groups	<b>96</b>
<b>Table 12b</b>	Comparison between sFas levels among the studied groups	<b>96</b>
<b>Table 13</b>	Correlation coefficient (r) and probability (p) of fasting blood glucose and other tested parameters in diabetic groups before supplementation	<b>98</b>
<b>Table 14</b>	Correlation coefficient (r) and probability (p) of glycohaemoglobin and other tested parameters in diabetic groups before supplementation	<b>98</b>
<b>Table 15</b>	Correlation coefficient (r) and probability (p) of malondialdehyde and other tested parameters in diabetic groups before supplementation	<b>99</b>
<b>Table 16</b>	Correlation coefficient (r) and probability (p) of sFas and other tested parameters in diabetic groups before supplementation	<b>99</b>

## List of figures

<b>No.</b>		<b>Pages</b>
<b>Figure 1</b>	The intrinsic or mitochondrial pathway of apoptosis	<b>26</b>
<b>Figure 2</b>	Structure of Fas death receptor	<b>30</b>
<b>Figure 3</b>	Two CD95 signaling pathways	<b>32</b>
<b>Figure 4</b>	Interactions among antioxidants	<b>45</b>
<b>Figure 5</b>	Mean fasting blood glucose levels in the studied groups	<b>79</b>
<b>Figure 6</b>	Mean post prandial blood glucose levels in the studied groups	<b>81</b>
<b>Figure 7</b>	Mean glycohaemoglobin levels in the studied groups	<b>83</b>
<b>Figure 8</b>	Mean triglycerides levels in the studied groups	<b>85</b>
<b>Figure 9</b>	Mean cholesterol levels in the studied groups	<b>87</b>
<b>Figure 10</b>	Mean HDL-C levels in the studied groups	<b>89</b>
<b>Figure 11</b>	Mean LDL-C levels in the studied groups	<b>91</b>
<b>Figure 12</b>	Mean cholesterol/HDL ration in the studied groups	<b>93</b>
<b>Figure 13</b>	Mean malondialdehyde levels in the studied groups	<b>95</b>
<b>Figure 14</b>	Mean sFas levels in the studied groups	<b>97</b>
<b>Figure 15</b>	Correlation between fasting blood glucose and post prandial glucose in diabetic patients before supplementation	<b>100</b>
<b>Figure 16</b>	Correlation between glycohaemoglobin and LDL-C	<b>100</b>
<b>Figure 17</b>	Correlation between malondialdehyde and HDL-C	<b>101</b>
<b>Figure 18</b>	Correlation between sFas and cholesterol	<b>101</b>
<b>Figure 19</b>	Correlation between sFas and HDL-C	<b>101</b>

## List of abbreviations

<b>ADA</b>	American diabetes association
<b>ADP</b>	Adenosine diphosphate
<b>AGEs</b>	Advanced glycation end products
<b>AIDS</b>	Acquired immunodeficiency syndrome
<b>AIF</b>	Apoptosis inducing factor
<b>AP</b>	Amino Phenazone
<b>Apaf-1</b>	Apoptotic protease activity factor-1
<b>Apo-1</b>	Apoptosis 1
<b>ATP</b>	Adenosine triphosphate
<b>BAX</b>	BCL-2 associated X protein
<b>Bcl-2</b>	Product of B-cell lymphoma/leukemia-2 gene
<b>Ca Ox</b>	Calcium oxidase
<b>CARD</b>	Caspase recruitment domain
<b>Caspase</b>	Cysteine aspartic acid specific protease
<b>CD</b>	Cluster of differentiation
<b>CHE</b>	Cholesterol esterase
<b>CHOD</b>	Cholesterol oxidase
<b>Co Q10</b>	Coenzyme Q 10 = ubiquinone
<b>DAP</b>	Dihydroxyacetone phosphate
<b>DED</b>	Death effector domain
<b>DHA</b>	Dehydroascorbate
<b>DISC</b>	Death inducing signaling complex
<b>DNA</b>	Deoxyribonucleic acid
<b>EDTA</b>	Ethylene-diamine tetraacetic acid
<b>ELISA</b>	Enzyme linked immunosorbent assay
<b>EMG</b>	Electromyography
<b>FADD</b>	Fas-associated death domain (also called Mort-1)

<b>Fas</b>	Fibroblast associated cell surface
<b>Fas L</b>	Fas ligand
<b>Fas R</b>	Fas receptor
<b>FBG</b>	Fasting blood glucose
<b>FLIP</b>	FLICE inhibitor protein
<b>G3P</b>	Glycerol 3 phosphate
<b>GOD</b>	Glucose oxidase
<b>GPO</b>	Glycerol phosphate dehydrogenase
<b>GSH</b>	Reduced glutathione
<b>GSSG</b>	Oxidized glutathione
<b>H<sub>2</sub>O<sub>2</sub></b>	Hydrogen peroxide
<b>HbA1c</b>	Glycohaemoglobin A1c
<b>HbAo</b>	Non glycosylated Hb
<b>HDL-c</b>	High density lipoprotein-cholesterol
<b>HIV</b>	Human immunodeficiency virus
<b>HLA</b>	Human leukocyte antigen
<b>HNF</b>	Hepatocyte nuclear factor
<b>IAA</b>	Insulin auto antibodies
<b>IAPs</b>	Inhibitor of apoptosis proteins
<b>ICA</b>	Islet cell antibodies
<b>ICE</b>	Interlukin 1-β converting enzyme
<b>IDLs</b>	Intermediate density lipoproteins
<b>IL</b>	Interleukin
<b>IPE</b>	Insulin promoter factor
<b>Kd</b>	Kilo Dalton
<b>LAK</b>	Lymphokine activated killer cell
<b>LDL-c</b>	Low density lipoprotein cholesterol
<b>LOO</b>	Lipid peroxy radical

<b>LPL</b>	Lipoprotein lipase
<b>MAP Kinase</b>	Mitogen activated protein kinase
<b>MDA</b>	Malondialdehyde
<b>MGO</b>	Dicarbonyl-methyl-glyoxal
<b>MGO-BSA</b>	MGO modified bovine serum albumin
<b>MODY</b>	Maturity onset diabetes of the young
<b>mRNA</b>	Messenger ribonucleic acid
<b>NAC</b>	N-acetyl-L-cysteine
<b>NADP</b>	Nicotinamide adenine dinucleotide phosphate
<b>NADPH</b>	The reduced form of NADP
<b>NGF</b>	Nerve growth factor
<b>NO</b>	Nitric oxide
<b>NOD</b>	Non obese diabetic
<b>OGTT</b>	Oral glucose tolerance test
<b>OH</b>	Hydroxyl
<b>P53</b>	Tumor suppressor protein 53
<b>PKC</b>	Protein kinase C
<b>POD</b>	Peroxidase
<b>QST</b>	Quantitative sensory testing
<b>r</b>	Correlation coefficient
<b>RAGE</b>	Receptor for AGEs
<b>RO</b>	Alkoxy radical
<b>ROI</b>	Reactive oxygen intermediate
<b>ROO</b>	Peroxy radical
<b>ROS</b>	Reactive oxygen species
<b>SAPK</b>	Stress activated protein kinase
<b>SD</b>	Standard deviation
<b>Se</b>	Selenium

<b>sFas</b>	Soluble Fas antigen
<b>sFas-L</b>	Soluble Fas ligand
<b>SOD</b>	Superoxide dismutase
<b>TBA</b>	Thiobarbituric acid
<b>TC</b>	Total cholesterol
<b>TCA</b>	Trichloroacetic acid
<b>TG</b>	Triglycerides
<b>THM</b>	Tam Horsfall mucoprotein
<b>TMB</b>	Tetramethyl benzedine
<b>TNF</b>	Tumor necrosis factor
<b>TNF R</b>	TNF-receptor
<b>TNF <math>\alpha</math></b>	Tumor necrosis factor-alpha
<b>TRADD</b>	TNF receptor associated death domain
<b>TRAIL</b>	TNF related apoptosis inducing ligand
<b>VC</b>	Vitamin C
<b>VE</b>	Vitamin E
<b>VLDL</b>	Very low density lipoprotein