

## *Results*

The mean values  $\pm$  SEM for maternal serum IGF-1 levels in different studied groups are presented in table 1 and figure 1.

It has been shown that there is an increase in the mean maternal serum IGF-1 levels among the (LGA) group in comparison with the (AGA) group. Meanwhile, there is a decrease in the mean maternal serum IGF-1 levels among the (SGA) group in comparison with the (AGA) group.

Statistical evaluation to these differences is presented in table 2. It was found that there is a statistically non-significant difference between the (LGA) and (AGA) maternal serum mean values of IGF-1, while the differences in the maternal serum mean values of IGF-1 between the (LGA) and (SGA) groups were found to be statistically significant ( $P < 0.05$ ). The differences in the maternal serum mean values of IGF-1 between the (AGA) and (SGA) groups were found to be statistically non-significant.

The mean values  $\pm$  SEM for fetal serum IGF-1 levels in different studied groups are presented in table 1 and figure 1.

It has been shown that there is an increase in the mean serum fetal IGF-1 levels among the (LGA) group in comparison with the (AGA) group. Meanwhile, there is a decrease in the mean fetal serum IGF-1 levels among the (SGA) group in comparison with the (AGA) group.

Statistical evaluation to these differences is presented in table 2. It was found that there is a statistically significant difference between the (LGA) and (AGA) groups in the fetal serum mean values of IGF-1 ( $P < 0.05$ ). The differences in the fetal serum mean values of IGF-1 between the (LGA) and (SGA) groups were found to be statistically highly significant ( $P < 0.01$ ). The differences in the fetal serum mean values of IGF-1 between the (AGA) and (SGA) groups were found to be statistically non-significant.

Multiple regression analysis of all samples between serum maternal IGF-1 and serum fetal IGF-1 levels among the 3 studied groups was found to be non-significant ( $r = 0.3897, -0.3994, -0.4055$  for (LGA), (AGA), (SGA) groups respectively as demonstrated in table 3) indicating that there was no linear association between serum maternal and fetal IGF-1 in each of the 3 groups.

Multiple regression analysis between serum maternal IGF-1 and birth weight was found to be non-significant among the 3 studied groups ( $r=0.0174$ ,  $-0.2179$ ,  $-0.1956$  in (LGA), (AGA), (SGA) groups respectively as demonstrated in table 3).

However, the serum fetal IGF-1 levels were found to be highly correlated with birth weights in both (LGA) and (AGA) groups, where the correlation co-efficients "r" equal  $0.8468$  and  $0.8717$  respectively and their corresponding P values were found to be statistically highly significant ( $P<0.01$  for each). There was no correlation between serum fetal IGF-1 levels and birth weights among the (SGA) group ( $r=0.5788$ ). The linear positive associations for the correlated relationship between serum fetal IGF-1 levels and birth weights among the (LGA) and (AGA) groups are presented in figures 2 and 3 respectively.

The mean values  $\pm$  SEM for maternal serum C-peptide levels in different studied groups are presented in table 4 and figure 4.

It has been shown that there is an increase in the mean maternal serum C-peptide levels among the (LGA) group in comparison with the (AGA) group. Meanwhile, there is a decrease in the mean maternal serum C-peptide levels among the (SGA) group in comparison with the (AGA) group.

Statistical evaluation to these differences is presented in table 5. It was found that there is a statistically highly significant difference between the (LGA) and (AGA) maternal serum C-peptide mean values ( $P < 0.01$ ), while the differences in the maternal serum mean values of C-peptide between the (LGA) and (SGA) groups were found to be statistically very highly significant ( $P < 0.001$ ). The differences in the maternal serum mean values of C-peptide between the (AGA) and (SGA) groups were found to be also statistically significant ( $P < 0.05$ ).

The mean values  $\pm$  SEM for fetal serum C-peptide levels in different studied groups are presented in table 4 and figure 4. It has been shown that there is an increase in the mean fetal serum C-peptide levels among the (LGA) group in comparison with the (AGA) group. Meanwhile, there is a decrease in the mean fetal serum C-peptide levels among the (SGA) group in comparison with the (AGA) group.

Statistical evaluation to these differences is presented in table 5. It was found that there is a statistically non-significant difference between the (LGA) and (AGA) fetal serum mean values of C-peptide, while the differences in the fetal serum mean values of C-peptide between the (LGA) and (SGA) groups were found to be statistically significant ( $P < 0.05$ ). The differences in the fetal serum mean values of C-peptide between

the (AGA) and (SGA) groups were found to be statistically non-significant.

Multiple regression analysis of all samples between serum maternal C-peptide and serum fetal C-peptide levels among the 3 studied groups showed that there is a positive correlation between serum maternal and fetal C-peptide levels among the (LGA) and (SGA) groups, where the correlation co-efficients "r" equal 0.6242 and 0.8762 respectively and their corresponding P values were found to be statistically significant ( $P < 0.05$  and  $P < 0.01$  respectively as demonstrated in table 6).

However, there was no correlation between serum maternal and serum fetal C-peptide levels among the (AGA) group ( $r = 0.3617$ ).

The linear positive associations for the relationship between serum maternal and serum fetal C-peptide levels in the (LGA) and (SGA) groups are presented in figures 5 and 6 respectively.

Multiple regression analysis between serum maternal C-peptide and birth weight was found to be non-significant among the 3 studied groups ( $r = 0.3649, 0.3552, 0.2738$  in the (LGA), (AGA), (SGA) groups respectively as demonstrated in table 6) indicating that there were no linear associations

between serum maternal C-peptide and birth weight in each of the 3 groups.

However, the serum fetal C-peptide levels were found to be highly correlated with birth weights in the (LGA) group, where the correlation co-efficient "r" equals 0.7648 and its corresponding P value was found to be statistically highly significant( $P < 0.01$ ).

There was no correlation between serum fetal C-peptide levels and birth weights among the (AGA) and (SGA) groups ( $r = 0.2514$ ,  $r = 0.1347$  respectively as demonstrated in table 6).

The linear positive association for the relationship between serum fetal C-peptide levels and birth weights among the (LGA) group is presented in figure 7.

**Table 1 :**

**Mean values  $\pm$  SEM for fetal birth weight (kgms) and for maternal and fetal serum IGF-1 levels (nmol/L) in different studied groups**

	<i>LGA</i> <i>n=10</i>	<i>AGA</i> <i>n=10</i>	<i>SGA</i> <i>n=10</i>
<i>Birth weight</i>	4.41 $\pm$ 0.11	3.07 $\pm$ 0.08	2.19 $\pm$ 0.05
<i>Maternal</i>	26.7 $\pm$ 4.0	21.4 $\pm$ 3.5	17.3 $\pm$ 1.6
<i>Fetal</i>	8.9 $\pm$ 0.080	5.7 $\pm$ 1.0	4.4 $\pm$ 1.0

**SEM :** Standard errors of the mean

**n :** Number of cases

**LGA :** Large for gestational age baby

**AGA :** Appropriate for gestational age baby

**SGA :** Small for gestational age baby

**Table 2 :**

**Unpaired "t" test for testing the significance of difference between serum IGF-1 mean values of the different studied groups ..**

		<i>Maternal</i>	
		<i>AGA</i>	<i>SGA</i>
<i>LGA</i>	t	0.997	2.182
	p	N.S.	<0.05
<i>AGA</i>	t		1.065
	p		N.S.
		<i>Fetal</i>	
		<i>AGA</i>	<i>SGA</i>
<i>LGA</i>	t	2.499	3.514
	p	<0.05	<0.01
<i>AGA</i>	t		0.919
	p		N.S.

**N.S.**

*Not Significant*

**<0.05**

*Significant*

**<0.01**

*Highly significant*

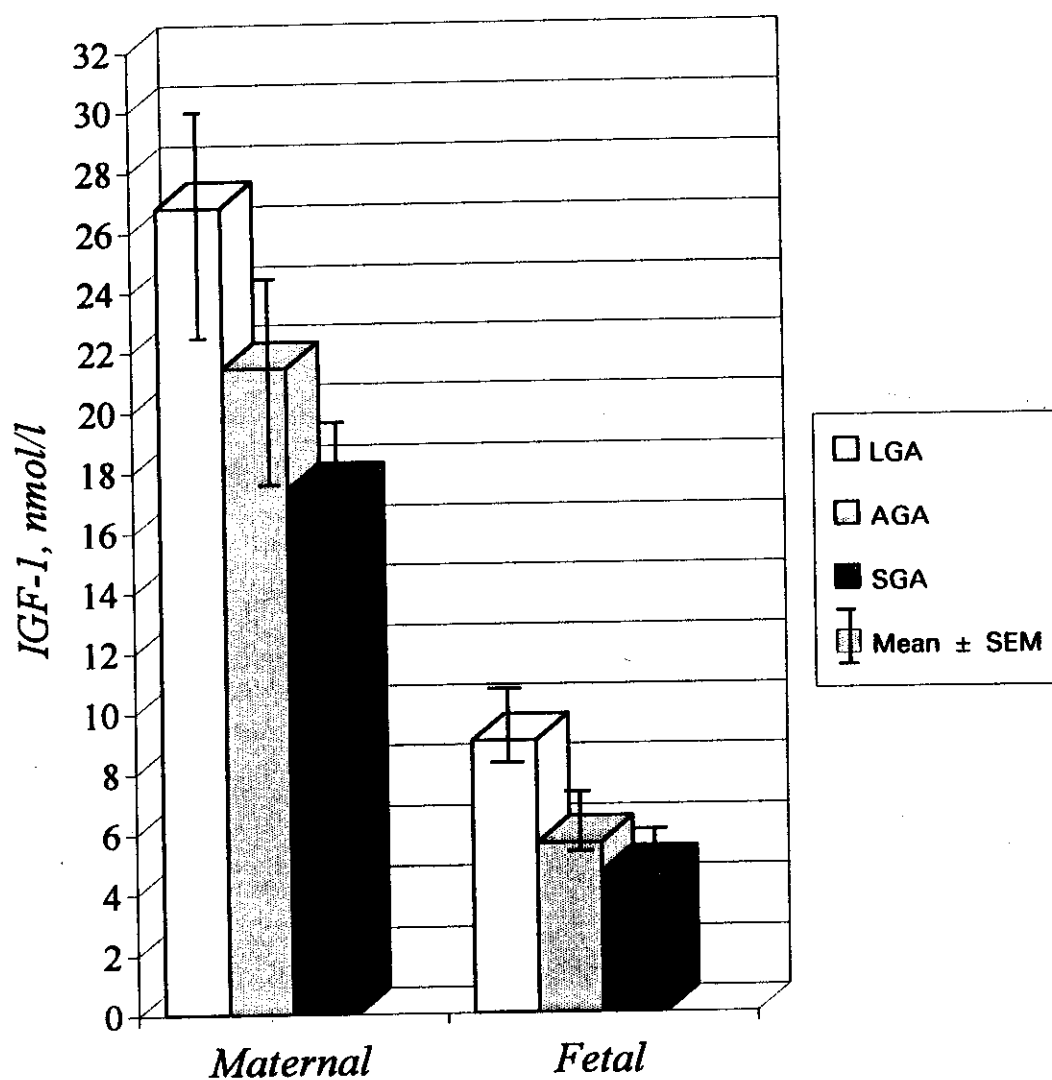
**<0.001**

*Very highly significant*

**Fig (1) :**

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***Maternal and Fetal Serum IGF-1 mean values  
in different studied groups***



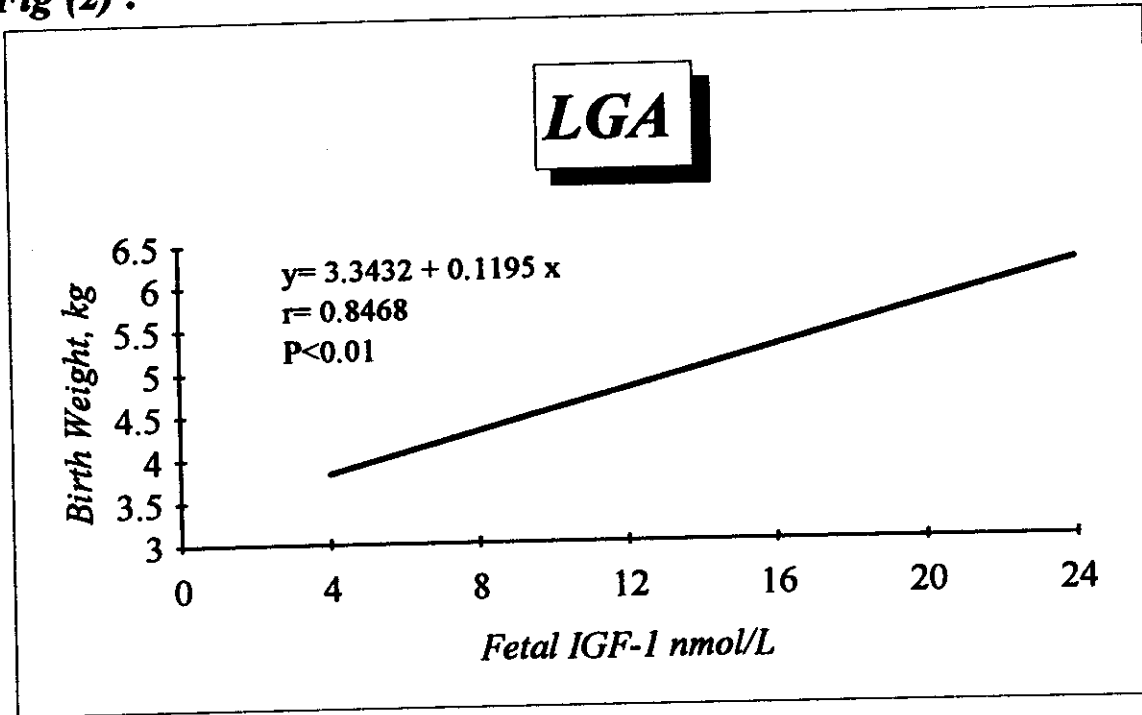


**Table 3 :**

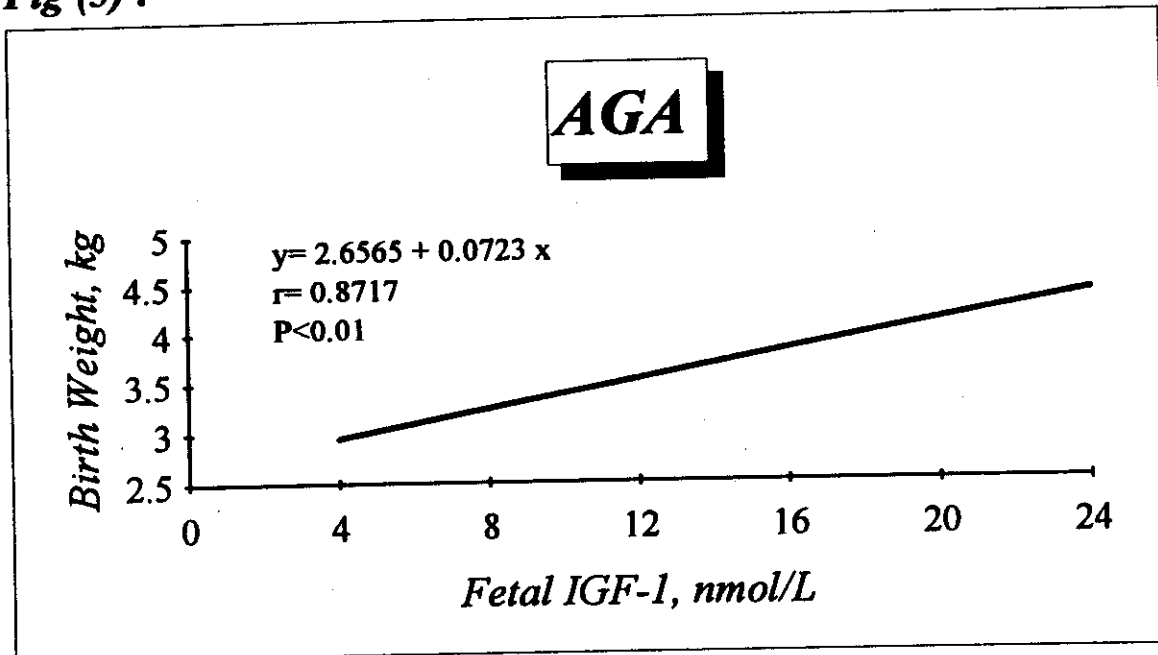
**Correlation coefficient "r" between each of the individual values of maternal and fetal IGF-1 and between each of them and fetal birth weight in different studied groups**

		<b>LGA</b>	
		<i>Fetal</i>	<i>Birth Weight</i>
<i>Maternal</i>	r	0.3897	0.0174
	p	N.S.	N.S.
<i>Fetal</i>	r		0.8468
	p		<0.01
		<b>AGA</b>	
		<i>Fetal</i>	<i>Birth Weight</i>
<i>Maternal</i>	r	-0.3994	-0.2179
	p	N.S.	N.S.
<i>Fetal</i>	r		0.8717
	p		<0.01
		<b>SGA</b>	
		<i>Fetal</i>	<i>Birth Weight</i>
<i>Maternal</i>	r	-0.4055	-0.1956
	p	N.S.	N.S.
<i>Fetal</i>	r		0.5788
	p		N.S.

**Fig (2) :**



**Fig (3) :**



**Correlation coefficient "r" and regression line equation between the individual values of fetal IGF-1 and fetal birth weight in each of LGA and AGA group**

**Table 4 :**

**Mean values  $\pm$  SEM for fetal birth (kgms) weight and for maternal and fetal serum C-peptide levels (ng/ml) in different studied groups**

	<i>LGA</i> <i>n=10</i>	<i>AGA</i> <i>n=10</i>	<i>SGA</i> <i>n=10</i>
<i>Birth weight</i>	4.41 $\pm$ 0.11	3.07 $\pm$ 0.08	2.19 $\pm$ 0.05
<i>Maternal</i>	1.95 $\pm$ 0.28	0.83 $\pm$ 0.21	0.28 $\pm$ 0.1
<i>Fetal</i>	1.01 $\pm$ 0.29	0.64 $\pm$ 0.16	0.30 $\pm$ 0.10

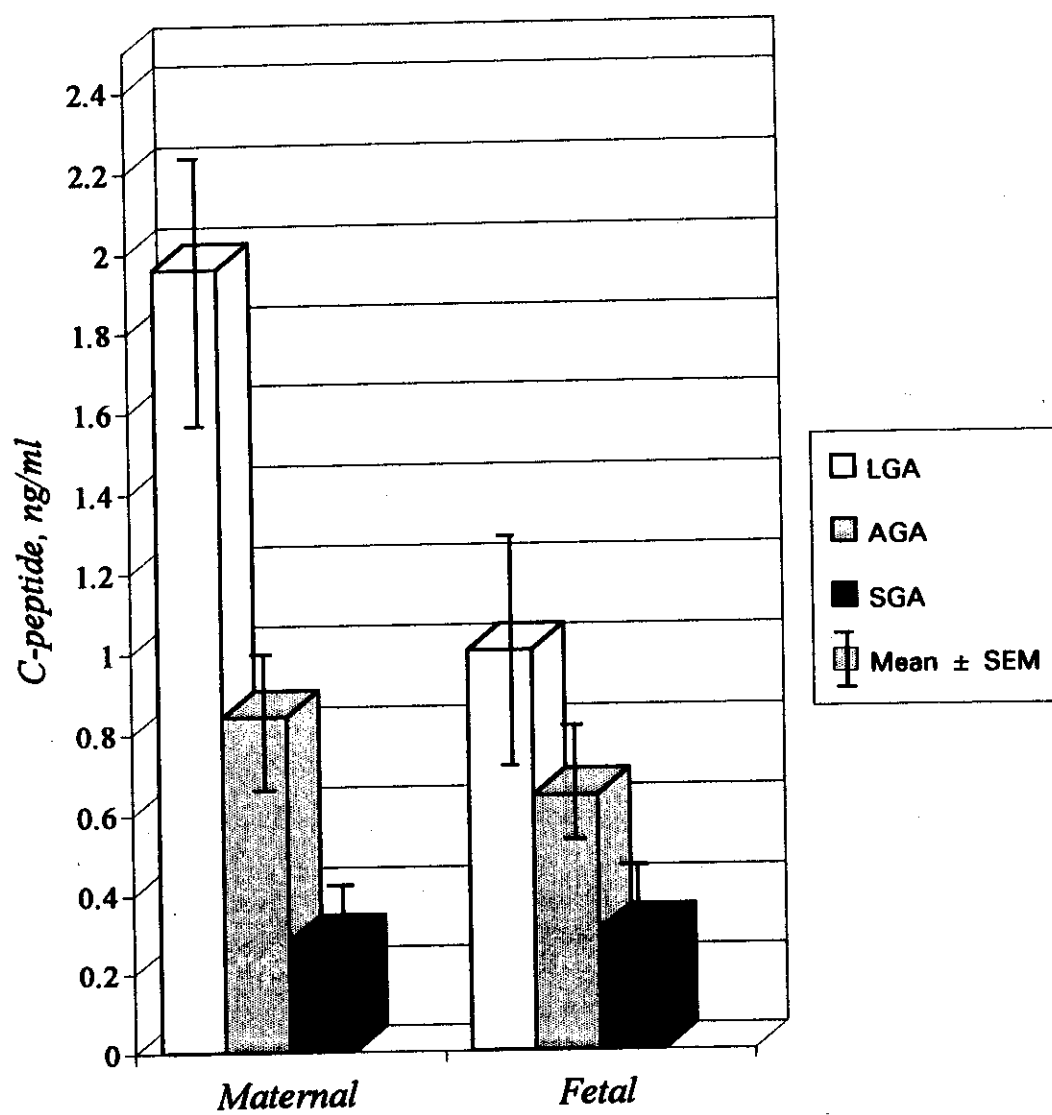
**Table 5 :**

**Unpaired "t" test for testing the significance of difference between serum C-peptide mean values of the different studied groups**

		<b>Maternal</b>	
		<i>AGA</i>	<i>SGA</i>
<i>LGA</i>	t	3.200	5.617
	p	<0.01	<0.001
<i>AGA</i>	t		2.365
	p		<0.05
		<b>Fetal</b>	
		<i>AGA</i>	<i>SGA</i>
<i>LGA</i>	t	1.120	2.315
	p	N.S.	<0.05
<i>AGA</i>	t		1.802
	p		N.S.

**Fig (4) :**

***Maternal and Fetal serum C-peptide mean values in different studied groups***

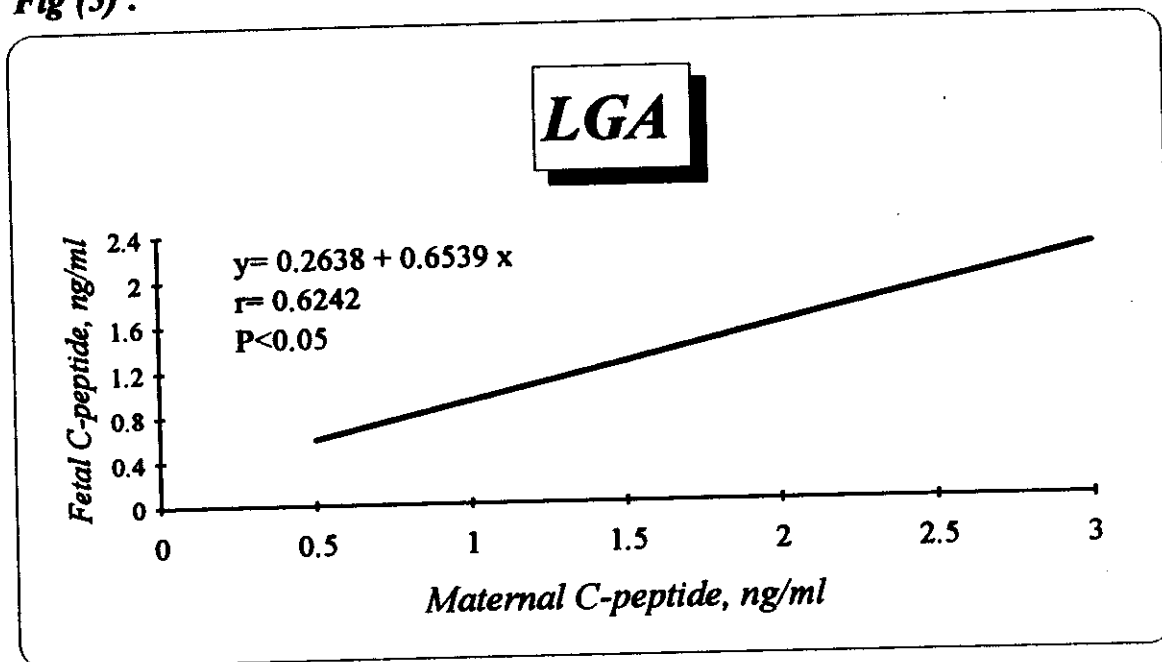


**Table 6 :**

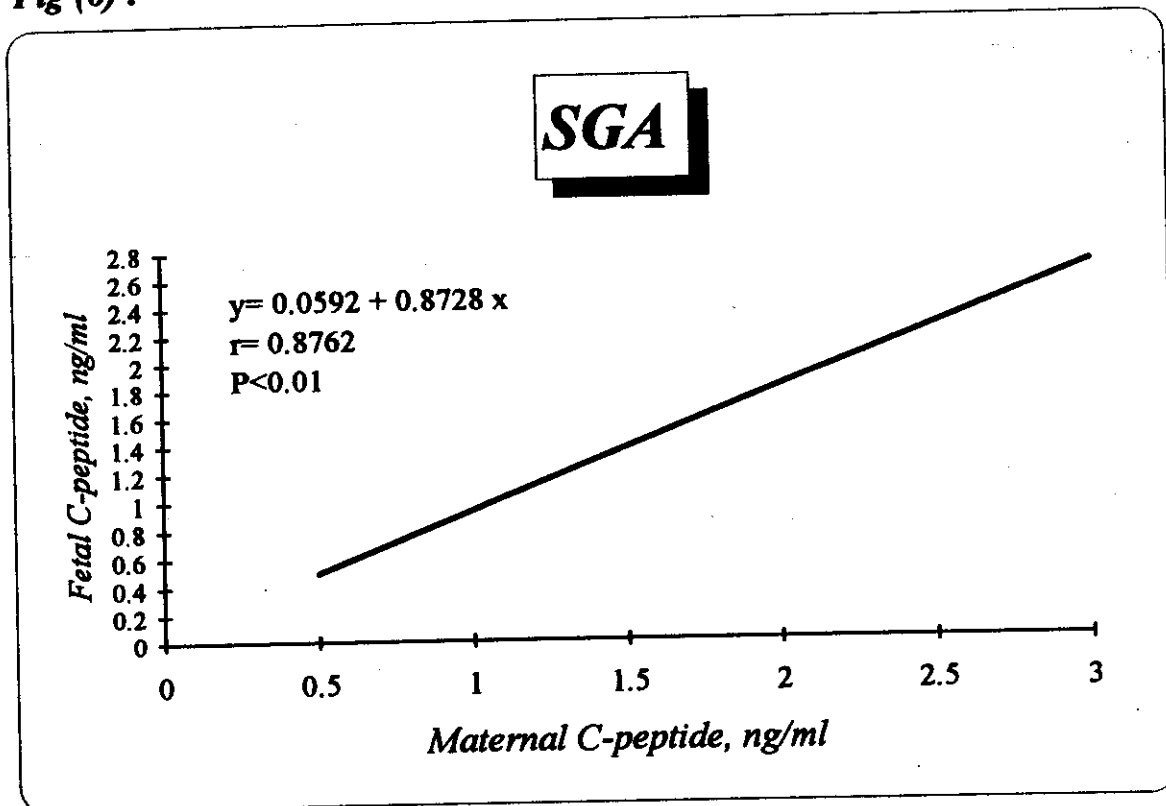
**Correlation coefficient "r" between each of the individual individual values of maternal and fetal C-peptide and between and fetal birth weight each of them in different studied groups classified according to fetal birth weight**

		<b>LGA</b>	
		<i>Fetal</i>	<i>Birth Weight</i>
<i>Maternal</i>	r	0.6242	0.3649
	p	<0.05	N.S.
<i>Fetal</i>	r		0.7648
	p		<0.01
		<b>AGA</b>	
		<i>Fetal</i>	<i>Birth Weight</i>
<i>Maternal</i>	r	0.3617	0.3552
	p	N.S.	N.S.
<i>Fetal</i>	r		0.2514
	p		N.S.
		<b>SGA</b>	
		<i>Fetal</i>	<i>Birth Weight</i>
<i>Maternal</i>	r	0.8762	0.2738
	p	<0.01	N.S.
<i>Fetal</i>	r		0.1347
	p		N.S.

**Fig (5) :**

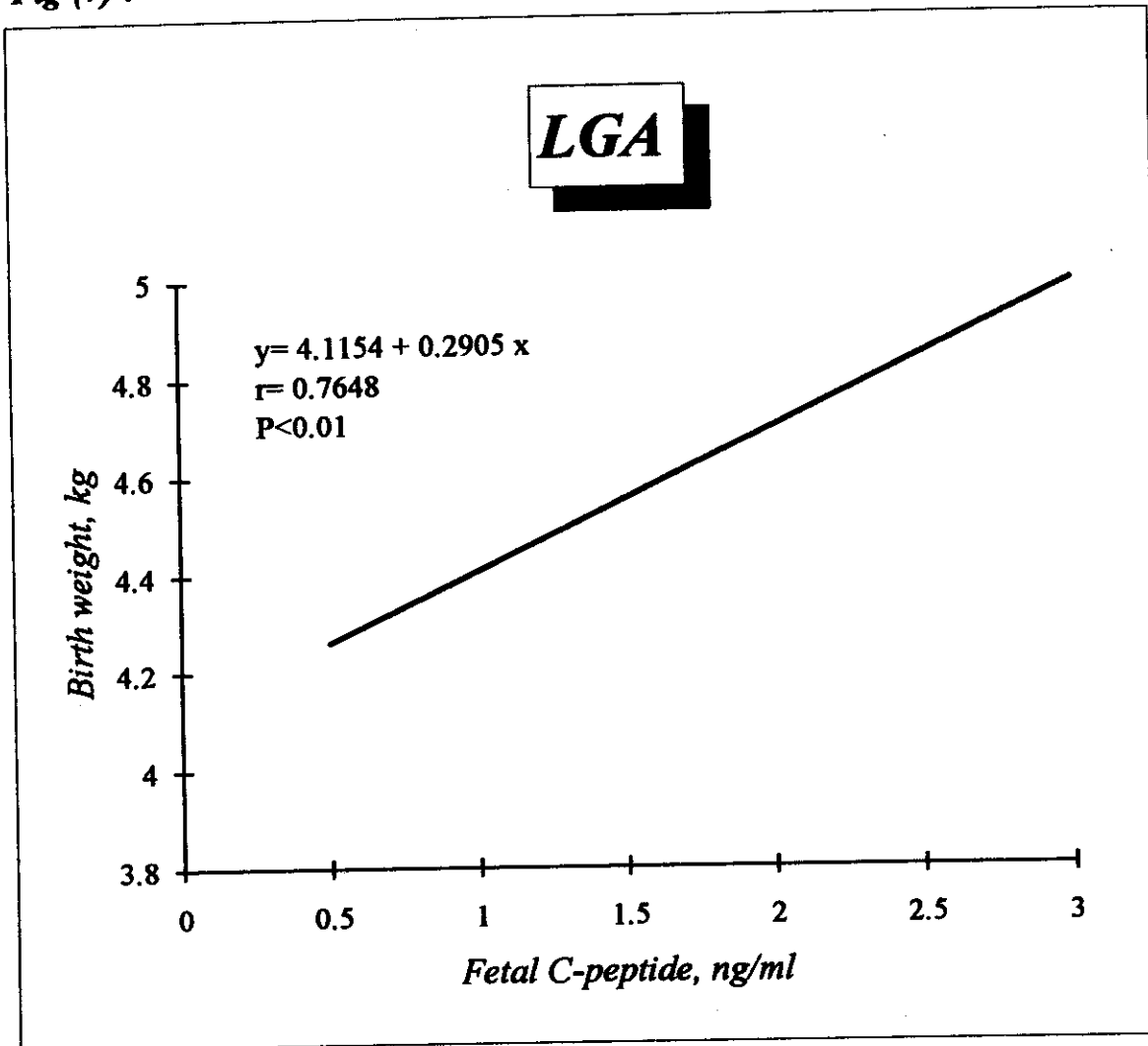


**Fig (6) :**



**Correlation coefficient "r" and regression line equation between the individual values of maternal C-peptide and fetal C-peptide in each of LGA and AGA group**

**Fig (7) :**



**Correlation coefficient "r" and regression line equation between the individual values of each of fetal C-peptide and birth weight in LGA group**