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Counseling Program Effectiveness Of Social Skills Training
For Decrease Secondary Stage - Students Fears

Abstract

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2006

Study Summery **In English**

Introduction:

Most psychologists assure that adolescence stage is considered suffering conflicts and depression besides difficulty in adapting with others the social surroundings of the adolescent which is known by a lot of psychological disturbance besides social and school troubles

Some people refare to the number of schools , social and psychological problems which face students in the Secondary stage as backward in study ,Fear of School, Fear of the exam ,Fear of success, Fear of study failure, Fear of difficulty in concentration and attention. etc and Fear of different problems related to school life.

Practicing social skills is the most important protective methods in facing many of the conduct problems, by developing the different social School , we can over com many problems and social Fear to those students who suffer from these problems.

Study Problem:

By looking at the study content it seeks to answer these questions:

- 1, Are there differences which show accounts between the aver age of before and after measurement applicant the guidance Program on the Students in the experimental first group (technical education) to each dimension and to the whole dismersions ?
2. Are there differences which show accounts between the aver age of measurement in dimension and in frequency to applicant the guidance Program on the Students in the experimental first group (technical education) to each dimension and to the whole dismersions ?
3. Are there differences which show accounts between the aver age of before and after measurement applicant the guidance Program on the Students in the second experimental group (G S E) to each dimension and to the whole dismersions ?
4. Are there differences which show accounts between the aver age of measurement in dimension and in frequency to applicant the guidance Program on the Students in the second experimental group (G S E) to each dimension and to the all dismersions ?

5. Are there differences which show accounts between the average of marks experimental first group (technical education) and second experimental group (G S E) in measuring dimension to each dimension and to the whole mark of measurement?
6. Are there differences which show accounts between the average of marks experimental first group (technical education) and second experimental group (G S E) in the follow up measurement to each dimension and the whole of measurement?

Study Importance:

The recent study importance concentrates on these points:

1. To focus on the problems of the adolescent stage specially related to the school and social fears .
2. The role played by social skills and the importance of developing them for the students in the (G S C) to help them to face school and social fears.
3. Referring to the importance of the Counseling Program which the researcher has designed to help students who suffer from school and social fears to decrease the passive psychological effects of these fears.

The recent study is important in linking the practice of social skills and effects in decreasing the passive psychological effects to the school and social fears.

Study Goals:

The recent study aims at determining the Counseling Program effect focusing on practicing on the social skills to decrease some school and social fears to the students in secondary school.

Study Sample:

The subjects of the study consisted of (42) students from secondary schools general and technical education (industrial , agricultural and commercial) from students in Diarb Negr Educational Administration and Al Ebrahemeya Educational Administration in Sharkya governorate, ranged between 15 - 18.

Instruments Of The Study:

- | | |
|--|---------------------|
| 1. School and social fears measurement | (by the researcher) |
| 2. The Counseling Program | (by the researcher) |

Statistical Styles of The Study:

1. T - test to dependent groups.
2. T - test to attached groups.

Results Of The Study:

The recent study reached to these results:

- I. There are account differences at "0.01" between the average of before and after measurement marks to applicator the Counseling Program of the first group (technical education) to each dimension and to the whole dimensions and this assures the "first view" in the study.
2. There are account differences at "0.05" and the average marks in follow up and dimensions measurement to applicant the Counseling Program on the first experimental group (technical education) to each dimension, While there are differences at "0.01" and this assures the "second view" from the study.
3. There are differences at "0.01" between the average of before and after measurement marks to applicator the Counseling Program on the second experimental group (G S E) to each dimension and the whole dimensions and this assures the "third view" in the study.
4. There are account differences at "0.05" between the average follow up and dimensions measurement applicant the Counseling Program on the experimental group (G S E) to the whole dimensions While the group of dimensions , there are differences among them at "0.05" to the group of dimensions and this assure the "fourth view" in the study
5. There are account differences at "0.01" between the average of dimension measurement to applicant the Counseling Program on the first experimental group (technical education) and the second experimental group (G S E) to the whole dimensions, and this assure the "fifth proposal" from the study proposal.
6. There are account differences at "0.01" between the average of follow up measurement to applicant the Counseling Program on the first experimental group (technical education) and the second experimental group (G S E) to the whole dimensions, and this assure the "sixth proposal" from the study proposal.