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# Different types of gastrointestinal anastomosis

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The experience of bowel surgery until the latter part of nineteenth century was limited to dealing with protruding intestine following abdominal injury usually sustained during wars. As regards healing of intestinal anastomosis it was found to be dependent on fibroblastic response and on the formation of plentiful collagen in the submucosa around the anastomosis, which all are affected by many factors including general, specific and local factors. Satisfactory access and exposure of the site of anastomosis, good blood supply at the suture line and a suture technique which depends upon mucosal inversion, choice of proper suture material and accurate apposition of the serosal covering or the outer surface of the bowel, all are very important principles to be fulfilled during performance of anastomosis. Gastrointestinal anastomosis can be performed end-to-end, end-to-side or side-to-side and can be sutured (or hand sewn) anastomosis, stapled anastomosis, anastomosis performed by the use of biodegradable anastomotic ring (BAR) or laparoscopic assisted anastomosis. Single layer and two-layer anastomosis are the two standard anastomotic techniques. Single layer technique is recommended in esophageal anastomosis due to absent serosal covering and in colonic anastomosis because of incomplete longitudinal muscle layer, in- 143 - Summary complete serosal covering, and it does not interfere with its submucosal blood supply. Two-layer technique is recommended in gastric and small bowel anastomosis. The most important feature of the stapled intestinal anastomosis is the fact that the double row of staples in the "B" configuration allows blood vessels of substantial size to pass through the staple lines. Also the use of stapler reduces the time of operation, gives easier access at certain sites of gastrointestinal tract (as in anterior resection of the rectum), with a rapid postoperative recovery and with lower incidence of some postoperative complications. The Valtrac biodegradable anastomotic ring was first described (at 1985) to be used in emergency situations in which the bowel is not well prepared. It takes the advantage of the speed, simplicity and suitability for contemporary use by remedying its specific shortcomings. Gastrointestinal anastomosis can be assisted or performed by the use of different laparoscopic techniques which can serve as a minimal invasive direct Vision procedure, shorten the time and decrease the risk of operation and provide rapid post operative Recovery. Laparoscopic anastomosis involving its use instead of open surgery as a step of operation involving anastomosis (e.g. thoracoscopic esophagectomy instead of thoracotomy in mobilization of esophagus), or its use in performing anastomosis either intracorporal or Extracorporal. Hemorrhage, leakage, stenosis and diverticular formation are

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the four main complications associated with different anastomotic techniques. Also there are many other complications which include; local recurrence, perioperative mortality and functional disturbances such as; early and late postoperative dumping, afferent and efferent loop syndromes, blind loop syndrome, malabsorption, fecal incontinence, bladder complications, rectovaginal or rectovesical fistula and sexual complications.