

# Studies on some date variety and its products

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<The present work was performed to cover the following points:• Studying the chemical composition of Samani and Zaghloul varieties khalal, rutab and dry stages. These measurements included, moisture, acidity, sugars, protein, fat, ash, phenols, minerals, fiber contents and pH values. • Occupying the waste of date peels as a source of yellow and red natural pigments and applied in some products to be more pigment fortification. • A new product from the date peels of yellow and red khalal dates was processed to be used similarly to date syrup. • A new way for preservation of peeled and unpeeled Samani and Zaghloul dates in khalal stage to produce new products suitable for storage more than 9 months in a sugar solution as composite products. • Production of new dried products as dry slices suitable for consuming for long periods or as a new intermediate for food processing. • Studying the way for changing of Samani and Zaghloul khalal dates to rutab stage by freezing at  $-18^{\circ}\text{C}$  to be more applicable for shorter time than ripening on the tree, also to store for different times at  $-18^{\circ}\text{C}$  until marketing, Production of high fructose syrup from dry dates (Samani and Zaghloul). The chemical analysis of two date varieties were carried out in khalal, rutab and dried stages. Results of Samani dates appeared a high total solids in khalal (32.65%) increased to 43.9% in rutab then increased to 75.35% and 88.36% in dried dates. Also results appeared a decrease in acidity, protein, fat, phenols, fiber and ash from khalal stage to rutab stage and dried stage. Reducing sugar in khalal stage were increased during rutab and dried stages. Dates were content a high level of minerals such as potassium. But amino acid content were low. The data indicated that the decrease or increase trend in Zaghloul date were similar in the Samani dates. Two date seeds (Samani and Zaghloul) were analyzed. The obtained data showed that Zaghloul seeds contain the highest amount of crude protein (8.30%). with respect to crude fiber Neutral Detergent Fiber (NDF) and Acid Detergent Fiber (ADF), data indicated that two types contain almost the same values, also revealed the low content of lignin. Glutamic acid is the predominant amino acid. The two types of seeds have contained all essential amino acids except arginine. Also, date seeds have definition in sulphur amino acids (Methionine). The values give possibility of using these materials as animal fooder. The fraction of fatty acid were ranked into three categories i.e. trace ( $<1\%$ ) minor (1-8%) and major ( $>8\%$ ) compounds. Oleic acid (C18:1) and linoleic acid (C20:2) were the major fatty acids in both Samani and Zaghloul oil seeds. Separation of yellow pigments from Samani peels has been performed and identified by spectrophotometric analysis at 400-520 nm. These pigments have been proved to be carotenoids, its content in Samani date peels was 2.99 mg/100 gm dry weight basis. Separation and identification of red pigments from Zaghloul peels have been carried out at 470-560 nm. This forementioned pigments was anthocyanin. The yellow and red natural pigments were applied in some food products. The obtained results for Samani and Zaghloul date peel syrup could be summarized in little decrement in total soluble solids (T.S.S.). Acidity was increased, meanwhile there were decrements in pH values, fibers and total phenols. It was observed that browning were increased by storage. Samani and Zaghloul dates peeled and unpeeled were immersed in sucrose solution (30%) with different treatments with ascorbic acid, ascorbic acid + lemon juice, sodium metabisulphate, sodium metabisulphate + lemon juice. The date treatments were canned, and sterilized at  $100^{\circ}\text{C}$  for 30 minutes, then cans were stored for 9 months at room temperature ( $25^{\circ}\text{C}$ ). It was observed that acidity was decreased and pH values were increased in some treatments little decrement was noticed in fibers. The browning degrees were increased in all treatment for all completed dates, peeled dates and their solutions. Concerning the different amino

acid and the requirement as recommended by FAO/WHO it is clear that different date stages are very poor in essential amino acids. Rehydration percentage of Samani and Zaghloul dried dates were concluded, these aforementioned were and 173% for Samani and Zaghloul dried dates respectively. The results of storage of rutab Samani and Zaghloul dates at  $-18^{\circ}\text{C}$  for 9 months appeared decrements in moisture content, total sugars pH values, fibers and total phenols, meanwhile there were increments in acidity and browning degrees. It was observed that all sucrose were inverted to glucose and fructose during storage at  $-18^{\circ}\text{C}$