

Chemical and technological studies on soybean proteins

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A comparative study of soyprotein isolates and protein products produced from defatted soy meal prepared by both cold and hot process was carried out, and the effect of some conditions for soy meal processing on chemical characteristics of the produced soyprotein isolates was investigated. Another aim of study was to improve the quality of pan bread, biscuits products and baby foods by adding defatted soy flour and soy protein isolates at different levels to prepare well balanced, highly nutrient and acceptable foods for young age children. -The most important results could be summarized as follows: 1- Raw materials contained 8.71% moisture for soybean seeds, 8.58% for defatted soy flour prepared by cold process and 6.58% for defatted soy flour prepared by hot process. Protein content ranged from 42.35% for soybean seeds, 54.93% for defatted soy flour prepared by cold process and 50.88% for defatted soy flour prepared by hot process. Ether extract ranged between 21.13% for soybean seeds, 1.71% for defatted soy flour prepared by cold process and 5.41% for defatted soy flour prepared by hot process. Available carbohydrates ranged from 32.00% for soybean seeds, 36.87% for defatted soy flour prepared by cold process and 36.98% for defatted soy flour prepared by hot process. Crude fiber ranged from 5.71%, 5.86% and 6.54% for soybean seeds, defatted soy flour prepared by cold process and defatted soy flour prepared by hot process; respectively. Ash content ranged between 4.51%, 6.49% and 6.73% for soybean seeds, and both defatted soy flour prepared by cold and hot process; respectively. 2- The optimal condition for alkaline extraction of proteins from soybean was at pH 9 and it followed by precipitating at a range of pH 4, 4.5 and 5. 3- Optimal protein recovery and protein yield were accomplished upon precipitation at pH 4.5, regardless of the pH of extraction, the protein isolates content was 91.04%, 91.88% when pH 9 and 94.73%, 93.29%, when pH 4, 4.5 and 5; respectively. 4- The total soluble sugars - total fermentable sugars amounted to 7.22%, 8.05% and 5.09% in defatted soy flours prepared by hot and cold process, while they reached 1.9%, 2.55% and 3.84%, 4.41% in soyprotein isolates; respectively. 5- Defatted soy flour prepared by cold process contained 11.46 J.U/mg of trypsin inhibitor activity and 3.27% phytic acid while that prepared by hot process was of 9.66 J.U/mg and 3.75%; respectively. Trypsin inhibitor activity decreased more than 50%, while phytic acid decreased at a percent nearly of 90 in soyprotein isolates, prepared from defatted soy flours at the different used pH values of extraction and precipitation. 6- The most predominant nitrogenous component of soyprotein was β -globulins which represented 74.44 and 74.47% of total proteins in defatted soy flour and soyprotein isolates prepared by cold process, while they reached 75.44 and 75.04% in those prepared by hot process. The second fraction of total proteins was albumin containing 9.63% of total proteins in defatted soy flour and soyprotein isolates prepared by cold process: while it amounted to 7.74% and 8.25% in those prepared by hot process, respectively. Non protein nitrogen fraction showed nearly similar values in both defatted soy flour and soyprotein isolates either prepared by cold or hot process. No significant difference could be observed in prolamin and gluten per cent of total proteins, in both defatted soy flour and soyprotein isolates prepared by cold and hot process. 7- Higher solubility of protein isolates prepared from cold defatted soy flour than those of heated was observed. 8- The effect of addition of soy flour as well as soy isolates to wheat flour at the various levels of supplementation on the rheological properties of wheat dough was evaluated using Barbender Farinograph and Extensograph. 9- The addition of either of DSF or SPI at levels of 5, 10,

15 and 20% resulted in a remarked increase in crude protein and ash contents of biscuits and pan bread products, however, it resulted in decrease in both fat, fiber and carbohydrates. 10- Physical properties of biscuits and pan bread product supplemented with 10% DSF or 5% SPI and 10% of either DSF or SPI; respectively, revealed higher scores which were nearly to that of control. 11- All blends of the suggested formulas of baby foods contained the required amounts of protein, fat, carbohydrates, ash and fiber. 12- Organoleptic evaluation of baby food blends supplemented with either DSF or SPI revealed that the suggested blends containing 35% DSF and that of 10% SPI, obtained the highest scores. 13- The predominant amino acids in biscuits and pan bread products were glutamic acid followed by aspartic, however, the neutral amino acids comprised the major part in biscuits and pan bread products. 14- The lower values for methionine and cystine indicated that sulfur amino acids constituted the smallest fraction in the total amino acids of both defatted soy flour and soy protein isolates. 15- Soy protein isolates exhibited higher amount of total amino acids than defatted soy flour. 16- The ratio of essential amino acids to total amino acids was unchanged for biscuits product, while this ratio was slightly changed for pan bread product. 17- Soy protein isolates showed higher values than defatted soy flour of essential amino acids, chemical scores, protein efficiency ratio, and biological values. 18- The addition of DSF at levels 10% or SPI at levels of 5% and 10% DSF or SPI; respectively in both biscuits and pan bread products, resulted in an increase in values for raffinose, stachyose, sucrose and galactose in addition DSF than SPI. 19- The effect of addition of 5% and 10% DSF or SPI to the quality of soybean products (biscuits and pan bread products) markedly increased the mineral contents such as iron, manganese, zinc, copper, sodium, calcium, potassium and phosphorus. 20- The addition of DSF or SPI to the prepared baby food blends, showed a marked increase in mineral content.