

---

# Updates in the management of nipple discharge

**Atef Samir Atteya Eskandar ;**

Nipple discharge is the release of fluid from the nipples of the breasts. Although it is considered normal in a wide variety of circumstances it is the third major reason involving the breasts for which women seek medical attention, after breast lumps and breast pain. It is also known to occur in adolescent boys and girls going through puberty. (1)Nipple discharge in a woman who's not pregnant or breast-feeding isn't necessarily abnormal, but should be evaluated by a doctor. Nipple discharge in a man under any circumstances is a problem that should be investigated. One or both breasts may produce a nipple discharge, either spontaneously or when you squeeze the nipples or breasts. A nipple discharge may look milky, or it may be yellow, green, brown or bloody.. The consistency of nipple discharge varies from thick and sticky to thin and watery.(2)The most common causes of pathologic nipple discharge are: Cancer (usually intraductal carcinoma or invasive ductal carcinoma) causes