
susceptibility of rheumatic sibs to rheumatic affection

madeha mohammed zakaria hewedi

It is known from longtime that rheumatic fever occurred frequently in more than one member of an affected family (Pall, 1957). Until now it has not been clearly demonstrated that susceptibility to rheumatic fever is inherited (Taranto et al., 1959) but recently numerous investigators have suspected that there is a genetic predisposition to rheumatic fever (Hafez et al., 1987) and (Khanna et al., 1989). The present study was carried out to demonstrate the susceptibility of rheumatic sibs to rheumatic affection, in order to take their prophylactic regimen before appearance of the disease, as primary prophylaxis, if carried out in a proper way, so preventing the initial attacks of rheumatic fever is a valuable and important aim than the prevention of recurrence. The study was carried out on 205 healthy sibling of rheumatic children, 113 male (55.12%) and 92 female (44.88%) their ages ranged from 5-16 years (mean age 10.54) and 25 healthy control group they were 14 male (56%) and 11 female (44%), their mean age (was 10.43 years) they were followed up for a period of 6 months from June 91 to December 91. The susceptibility of rheumatic sibs to rheumatic affection was carried out through: 1- Clinical and epidemiological investigation of rheumatic sibs especially of upper respiratory tract infections 2- Throat swabs were taken from these cases and control every month and on suspicion of respiratory tract infection in order to: a) Isolation of GABs the main organism responsible for the pathogenesis of rheumatic fever. b) Isolation of B-lactamase producing especially staph. aureus, Bacteroides in leunza which may give protection to result in Penicillin treatment failure organisms and H. GABs and of this organism. 3- Determination of ASO titre for detection responsive children which are at a great risk responders. A diagnosis of "Streptococcal infection" was made when ever either hemolytic Streptococci were isolated by throat culture regardless of clinical Symptomatology or a rise occurred in an antistreptolysin O titre even in the absence of a positive throat culture. All Streptococcal infections were subdivided into "symptomatic and asymptomatic infection." of hyperthermia. Symptomatic Streptococcal infection: Group presented with severe or moderate obvious exudative tonsillopharyngitis as well as milder cases of rhinitis and bronchitis. Asymptomatic infections: cases in which Streptococci were isolated from them without clinical manifestation. The results illustrate: 1- During the period of this study a total of 197 symptomatic respiratory illnesses were recorded among the 205 children. Tonsillopharyngitis represented main clinical presentation (32.99%) followed by bronchitis (22.84%), rhinitis (21.82%),

gastrointestinal (14.72X) and P.U.O (1.52X). 2- No Specific Symptom can differentiate Streptococcal from non Streptococcal infection ($P > 0.05$). GABS was responsible for (20.81X) of the infection. 3- As regard the frequency of isolated organisms from repeated throat cultures of rheumatic sibs and control, GABS represented a higher percentage of isolation 60X in our cases and 12X only in the control (P.U./ ml. 10). While the highly recorded titre in the control were only 4001. control (P.U./ ml. 10). 10- There was a good correlation between Symptomizing cases of group A Streptococcal infection and positivity to ASO. From this study we can conclude that the siblings of rheumatic patient are at a great risk of developing rheumatic fever. So they must be regularly exposed to:

- (1) Throat swabbing for detection and eradication of group A beta hemolytic Streptococci.
- (2) Serotyping of isolated group A Streptococci for detection of rheumatogenic strains.
- (3) Throat swabbing for detection of B-lactamase producing organisms for proper eradication and uncovering of accused Streptococci and prevention of their in vivo protection.
- (4) Frequent ASO determination for detection of hyperresponsive children which are at a greater risk than low responders.
- (5) Scoring of all the previous items in a special score system to choose those with high score (i.e. more susceptible to develop rheumatic fever) and applying primary prophylaxis obligatory.
- (6) In a country with low Socioeconomic standard, high level of ignorance and lack of proper medical care, expansion of primary prophylaxis still remains the milestone in prevention of rheumatic fever so we recommended in our locality expansion of primary prophylaxis to all siblings of rheumatic children.