
hysteroscopy in abnormal uterine bleeding

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Hysteroscopy introduced in the 19th century, gained popularity only in recent years due to improvement in instruments and techniques. It has been employed sporadically or many years with limited acceptance. However, recent reports claiming more successful and diverse applications have renewed an interest in the procedure. The instruments to be considered are panoramic hysteroscopes, contact hysteroscope, microhysteroscope, and steerable hysteroscope. Panoramic hysteroscope requires a distending medium, to transfer the slit shaped uterine cavity into a hollow cavity and a light source to illuminate this cavity. CO₂ gas, Rixtran 32% and low viscosity fluids as dextrose 5% are the most commonly used media for uterine distension. With contact hysteroscope no panoramic view is possible because only surface in contact with tip of hysteroscope is visible. No distension of the uterine cavity is required and no other equipments are necessary. Microhysteroscopy offers a combination of panoramic hysteroscopy, contact hysteroscopy, and microscopy. Multiple magnifications are available with this instrument. It can be used for study of both vascular and cytologic pattern of the surfaces of the endocervical canal and the endometrial cavity after staining the tissues. By the steerable or flexible hysteroscope the operator can observe the cervical canal, the uterine cavity and the tubal ostia very easily in a comfortable position