
THE ROLE OF ANAEROBIC ORGANISMS IN CHRONIC OSTEOMYELITIS

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Post-traumatic osteomyelitis is considered as a serious orthopaedic complication. because of this infection is a determinantal factor in delayed union and non-union of the fracture. The bacterial organisms gain entrance directly into the bone through the interrupted tissues as a result of compound fracture, the fracture hematoma serves as a fertile culture medium. This study includes 30 patients suffering from post-traumatic osteomyelitis were chosen randomly. The samples were taken deeply from the sinus or from the surrounding of the sequestrum during surgery by using sterile cannula and syringe. All patients were stopped the antibiotic before the sampling for at least 72 hours. Each sample was cultured immediately within 15 minutes on Columbia blood agar incubated anaerobically, at the same time on blood and MacConkey agars which incubated aerobically. Each type of the colonies was stained by Gram-stain and also, subcultured to obtain pure plate for identification by API 20 A system. The results of this study revealed that the males were more affected than females. The lower limb was more affected than upper limb. Also, the tibia was the most commonly affected bone. The anaerobic infection was found in 17 cases (56.7%). Pure anaerobic infection was obtained in 7 cases (23.4%), from which 3 cases (10%) with single anaerobic organism was isolated, while 4 cases (13.3%) of mixed anaerobic organisms were isolated. Mixed anaerobic and aerobic infections were encountered in 10 cases (33.4%). As regard the anaerobic infection, the most frequent isolated organisms were the anaerobic gram-positive cocci (43.5%), which were *Peptostreptococcus magnus*, *Peptostreptococcus anaerobius* and *Peptostreptococcus assacharolyticus*. Anaerobic gram-negative bacilli represented (13.1%), *Bacteroides fragilis* was the only organism isolated. Anaerobic gram-positive spore-forming bacilli were isolated in 9 cases (39.1%), 6 of them were *Clostridium perfringens* and the other 3 were *Clostridium histolyticum*. Anaerobic gram-positive non spore-forming bacilli were (4.3%), only *Eubacterium lentum* was isolated from one case. On the other hand, the Staphylococcal infection represented (66.7%), in the whole series, it was isolated as the only causative organism in 13 cases (43.3%), while it was mixed with anaerobic organisms in 7 cases (23.4%), *Proteus* was isolated from mixed infection in 3 cases (10%). The conclusion of this study is that, the anaerobic culture should be done as a routine laboratory investigation for every case with chronic persistent osteomyelitis, as the anaerobic infection carries a relatively unexpected high incidence in the post-traumatic type of osteomyelitis. For obtaining perfect anaerobic culture we recommend that: 1- The

antibiotic must be stopped before the sampling for at least 5 days.2- Good preparation and sterilization of the skin.3- The sample should be taken as deep as possible by using sterile capped cannula and syringe with rapid expelling the air.4- The sample must be cultured immediately or within 15 minutes on the suitable media for anaerobic organisms. If transport to the laboratory is to be delayed more than 15 minutes, a specific anaerobic transporter should be used, because anaerobes can remain viable in these transporters for 24 hours.5- Antibiotic sensitivity test must be done for each patient to select the appropriate antibiotic.